

Evidence-based practice educational programme

for Allied Health Professionals

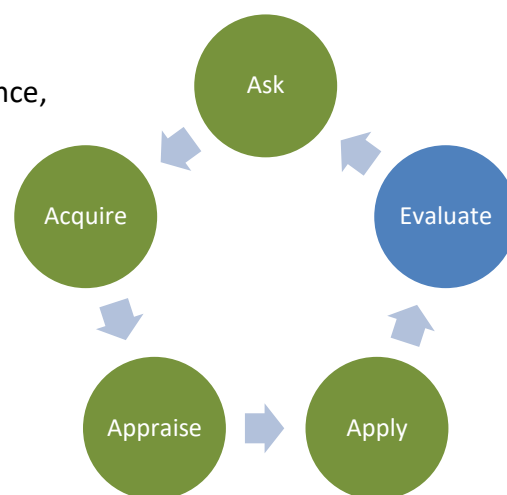
This programme has been developed for busy clinicians to provide a grounding/refresher in the fundamentals of evidence-based practice (EBP). There will be a practical element to the course following the critically appraised topics (CATs) format so participants can go through the main steps of the EBP cycle. This will be supported by a series of lectures and workshops delivered by Lancaster University.

Critically appraised topics project

The aim of a CAT is to produce a short summary of the evidence, answering a clinical question to support therapists to make clinical decisions.

The steps involved:

1. Ask a relevant clinical question.
2. Search for relevant literature using the medical databases.
3. Appraise the literature found.
4. Decide if and how the findings will be applied.



Each CAT project group will be made up of 2–4 therapy staff members and supported by the trust librarian, clinical research therapist and academics at Lancaster University.

Lecture series and workshops

The lectures and workshops will run parallel to the CATs project and will cover relevant topics such as an overview of clinical trials, systematic reviews, critical appraisal and using evidence in clinical practice.

Programme delivery

- The programme will be carried out and delivered online using Microsoft Teams.
- It will run from the **beginning of February until the end of March 2021**.
- Lecture series facilitated by Lancaster University: 9 weekly lectures and workshops - **1.5 hours each**.
- CATs small group projects will be as flexible as possible to fit around participants' clinical commitments. Estimated time requirement: around **6 hours** per participant (this may be shorter or longer depending on the quantity and quality of results found. If it looks like the CAT will take longer we can look into extending the time if there is capacity to do so).
- Estimated **total time** across 2 months is **19.5 hours (2.6 WTE days)**.

[Register Here](#)

Funded by: