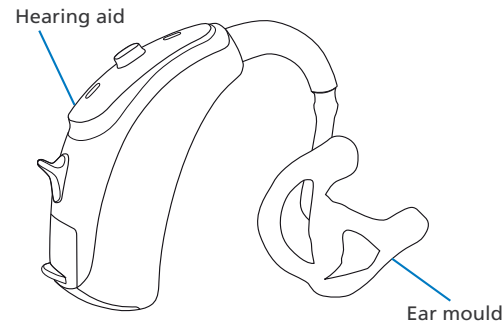
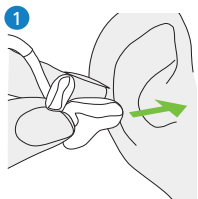


## Inserting your hearing aid

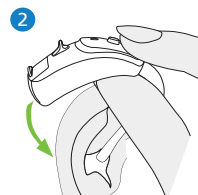
Insertion of a hearing aid can take some time to get used to. It might help to practice at home in front of a mirror.



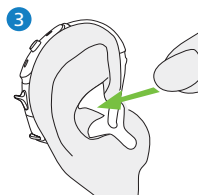
### Inserting the hearing aid



1. Hold the mould at the back with your finger and thumb.

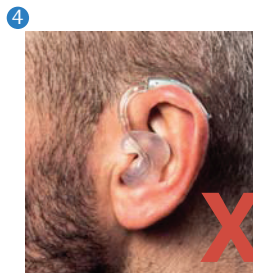
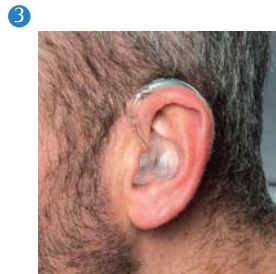
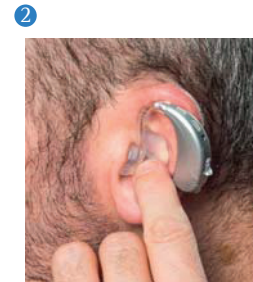
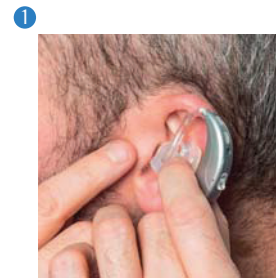


2. Place the tip of the mould in your ear canal and make sure the top part of the mould is pushed behind and under the inner fold of your ear.



3. Press the mould in and tuck the hearing aid behind your ear.

4. Incorrect insertion, top part of the mould is not underneath the fold of the ear



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University Hospitals **NHS**  
of Morecambe Bay  
NHS Foundation Trust

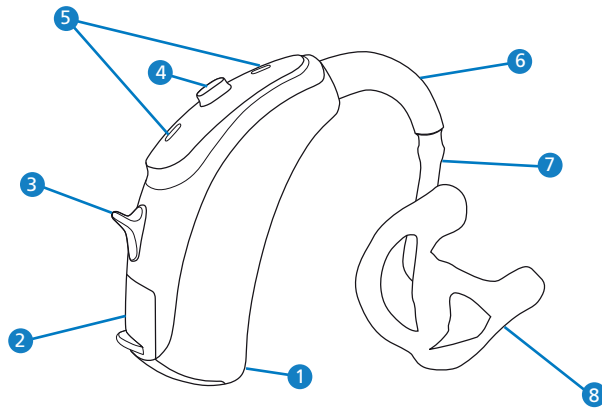
## NHS Audiology

Looking after your hearing aid  
Nathos Auto™ SP/UP



A great place to be cared for; a great place to work

Version 1 Review date: October 2020



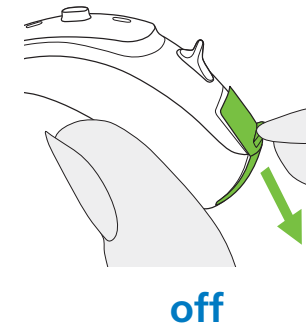
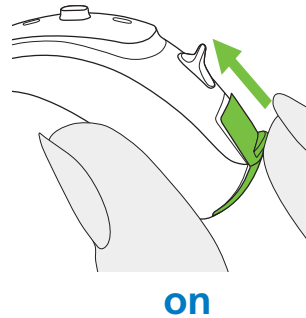
### Nathos™ Auto SP/UP

- ① Right or left indicator\*, placed in the battery compartment
- ② Battery compartment
- ③ Volume control
- ④ Program switch
- ⑤ Microphone input
- ⑥ Hook/sound output
- ⑦ Hearing tube
- ⑧ Classic ear mould

\*Right = red | Left = blue

### Turning your hearing aid on/off

Switch on/off the hearing system by opening/closing the battery compartment (below).



### Cleaning your earmould

Ear moulds should be wiped clean every night with a soft, dry cloth, a tissue or a wet wipe. Don't use any chemicals as this can damage it. Use a wax loop/pin or similar item to remove any wax or debris that has got into the channel that goes through the ear mould.



(Fig. 1).



(Fig. 2).



(Fig. 3).

At least once a week - preferably more often - the ear mould should be separated from the hearing aid (Fig. 1) and washed in warm soapy water (Fig. 2).

Shake or blow air down the tubing to clear any remaining water before fitting mould back onto aid (Fig. 3).

If your ear mould is not maintained correctly, the quality of sound from your hearing aid will be poor. If the ear mould becomes blocked, your hearing aid may appear to stop working altogether. Therefore it is important to clean your ear mould regularly.

### Cleaning your hearing aid

Clean the hearing aid by wiping it carefully with a soft, dry cloth or tissue.

**Take care not to get it wet.**