Welcome!

Welcome to the latest issue of the Nursing, Midwifery and AHP newsletter. The year seems to be slipping away and we will soon be heading into October!

Please join me for a look back on September’s major events, and a little about upcoming news from across the Trust in October.

I will start by mentioning that this is an exciting time for FGH as this month, 18 new apprentices will start their careers with us at the hospital. The apprenticeship scheme is a great way of providing jobs for local people, and these individuals may well help to shape the future of FGH.

I am delighted to say a huge welcome to the following new members of the UHMBT family:

- Joanne Gaffing who will join the Tissue Viability Specialist Team

I’d also like to say all the best and good luck to:

- Kieron McCracken in his acting Lead Tissue Viability Nurse role
- Rachel Standen in her secondment to be a Clinical Analyst
- Carolyn Hicks in her new role as day treatment ward manager
- Liz Axten as she begins her role as ward manager

UHMBT team shortlisted for HSJ award

I wanted to share the wonderful news that the End of Life and Bereavement team has been shortlisted for a prestigious Health Service Journal award.

Judges had a tough job scoring over 1,600 entries, so to be shortlisted is a fantastic achievement.

A huge congratulations and thank you to Alison Scott, and all of the End of Life and Bereavement Team. We all wish you the best of luck with the interview stage!
Dementia conference

Thank you to all of those who attended the ‘You Can Make a Difference in Dementia’ conference in September. Dianne Smith did a fantastic job of arranging the day, and it was a truly inspirational and emotional event.

I am pleased to announce that UHMBT has officially signed up to John’s Campaign, and now all carers will be able to visit their loved one / patient in hospital at a time that is best for them.

Great North Run

Earlier this month a team of doctors, medics and Administrative staff all took part in the GNR to raise money on behalf of Morecambe Bay Hospital Charity.

Pictured is Sally Richardson who completed the run in two hours forty minutes - Well done Sally!

Maternity Matters

September’s Maternity Matters event created the opportunity for local people to talk to staff about their health, experiences of the Trust’s maternity services, and how they want to work with the Trust in the future. Thank you to all of the service users who came along to get involved.

We are now looking at how we can take our recent improvements forward and make the service even better.
Electronic nursing records now live

Ward 6 at FGH are now live with electronic nursing records. The Trust have taken delivery of 950 hand-held devices which will be used following roll-out of training. There will be 14 hand-held devices for use by nurses on every in-patient ward.

Whilst ward 6 will be undergoing a learning process this is an extremely exciting time.

Nursing videos now on UHMBTV

Nursing videos are now live on UHMBTV! The videos are our way of showing the public what we do every day across our hospitals, whilst also updating them on our future plans, recent developments and on-going improvement projects.

You can head to our YouTube channel to view more videos and find out the experience of real patients.

*SAVE THE DATE*

Toward Inclusion Conference
Friday 27 November, from 9am - 4.30pm
Grange Hotel
For full details please click the link.

World Mental Health Day
Come and have your say! Friday 9 October, from 6pm - 8pm
Quaker Meeting House
For full details, please click the link.

We welcome your comments ideas and feedback.

Please send any feedback to
Kayleigh.archer@mbht.nhs.uk
Coffee morning at FGH

Shahnaz Asghar, one of our Public Governors, is hosting a special coffee morning in October to raise awareness and funds for our Dementia services at FGH. Guest speakers include Tommy Whitelaw and Dianne Smith.

In addition the coffee morning will feature many great raffle prizes, tea and coffee plus tasty cakes and scones.

All staff and members of the public are invited to attend the coffee morning on Friday 8 October, between 11am and 1pm, in the restaurant at FGH. Hope to see you there!

Supported discharge team

Discharge coordinators have recently become part of the ward budgets, and so have greater control over the needs of patients. However, a recent audit shows that we are not completing discharge information and this leads to a poor discharge. Please can I urge you all to ensure that you complete this important part of patient care - in line with our Duty of Care.

AFPP results

I am proud to announce that The Association for Perioperative Practice AFPP sessions last week revealed that we are in the top 25% of our peer groups for reporting Never Events. A big thanks goes to all of the theatre team! Keep up the good work!
Volunteer strategy

The volunteers are a vital part of our Trust, and over the last 12 months, we have received 62,400 hours from volunteers.

The help and dedication of volunteers also saved the Trust £499,200 last year - Thank you all for the big difference you make every day to patients, visitors and staff.

In return, volunteers have a learning programme and passport scheme to ensure they are a valued member of the team. We are also looking at investing in a volunteer quality standard and creating a career pathway for volunteers across Cumbria and Lancashire.

Patient help design new hospital menu

Every hospital has a responsibility to provide the highest level of care possible for their patients and this, without question, includes the quality and nutritional value of the food that is served and eaten. Recently a patient had some great ideas on how the menu could be improved, and as a result, she was taken on as a volunteer and helped with the menu design. Thank you!

Our wee nurses

Joy Wharton is leading a Listening into Action project to encourage colleagues across the Trust to get active on Twitter. @WeNurses is part of a community of health care professionals who believe that through connecting people on Twitter and sharing information, ideas and expertise we can ultimately improve patient care.

Join us on twitter @UHMBT
From the Chief Nurse
Sue Smith

Morecambe Bay Investigation

There are now opportunities for us to update you on what we have been doing to implement the recommendations made in the Morecambe Bay Investigation. The below drop-in sessions are led by one of the project leads, and are held from 1pm – 2pm in the Education Centre at each hospital.

FGH
- Friday 30 October, Room 5
  Lindsay Lewis, Kirkup Programme
- Monday 30 November, Room 5
  Andy Waddington, Estates

WGH
- Thursday 29 October, Room 5
  Tina Turner, Kirkup Programme
- Thursday 26 November, Room 5
  Val Wilson, Governance

One year harm free care

The Patient Progression Unit (PPU) team at FGH has achieved over a year harm free care with no falls for 373 days, and no pressure sores for 540 days.

This is a great achievement, and I am extremely proud of Dawn Littlehales and all of the team. Well done all!

Unconscious bias training

In order to reduce the amount of unbiased care, we will be arranging away days for members of staff. So far ward 20 have had a successful training day. We also ran a session at the band 6 development day which was extremely well evaluated.
I have been named as a Inspirational Nurse Leader!

I would like to thank members of the senior nursing team who nominated me as Nursing Times Inspirational Leader. I was very flattered to find out you had nominated me - and flabbergasted to find out that I have been named as one of the top nurses in the country - wow!!

I would like to say that this achievement is one that we all share, from board to ward, nurses and non-nursing staff. Patient centred Teamwork and communication is what makes us successful - so well done all of us!! We have achieved this recognition together.

Audit reports

We have recently received two limited assurance audit reports - one in relation to hand hygiene and one in relation to discharge planning and documentation. This is both disappointing and embarrassing because both of these are fundamental aspects of what we should be doing every day as accountable practitioners. Please can I remind you that you have a duty to ensure that all staff complete both of these important aspects of patient care and if they don’t, but out have a duty to bring it to their attention. Please be vigilant and always do the right thing.