UHMBT nurse cadet wins prestigious award

One of our nurse cadets has won the prestigious Cadet of the Year award for Cumbria, North Lancashire and Lancashire at an awards ceremony in Liverpool.

Elizabeth Quinn, who has been a cadet at FGH for the past two years, was awarded the honour at an awards ceremony for around 500 cadets from the North West, hosted by Skills for Life.

She joined 24 other cadets from the Trust at the event on 28 June, along with Amanda O’Brien, Trust Lead Cadet Coordinator, and staff from local colleges. Elizabeth also won the Special Achievement Award out of her cohort of cadets.

Elizabeth, said: “I really can’t believe I won this award out of so many other cadets. It’s really shocked me! I have really enjoyed being a cadet and the experiences and knowledge I have gained has prepared me well for my university course at the University of Cumbria to study Adult Nursing.

“All my placements at FGH have been amazing and I would like to thank all the staff on the wards and departments who welcomed, guided and taught me. Special thanks also goes to my Trust Coordinator, Amanda O’Brien for all her help, support and guidance as well as nominating me for this special award.”

All the Trust’s cadets who applied have secured places to go on to study nursing at various universities – including the University of Cumbria. Some cadets have also successfully applied to study Social Work and Paramedic Courses. All cadets are currently working on the Trust’s nurse bank and do shifts on wards and departments wherever needed.

Amanda O’Brien, said: “Elizabeth truly deserves recognition for all her hard work. She has the natural ability to smile, stay focused and remain self-motivated even when the going gets tough.

“I have had many great comments made by patients Elizabeth has looked after with one even saying that ‘she is a ray of sunshine, who brightens a dark day’.

“It’s an amazing achievement for Elizabeth. She has been awarded the honour out of approximately 300 cadets, and it is a testament to her as she has excelled in all her clinical placements within FGH.

“We really hope that some of our cadets will go on to choose nursing as a career, and hopefully come back to work for us at the Trust. The programme is about training our nurses of the future, as well as ‘growing our own’ workforce.”

Mary Moore, Acting Executive Chief Nurse, said: “Its excellent news that Elizabeth has achieved this honour. I would like to pass my congratulations to her and all the cadets who have graduated and look forward to welcoming some of them back to the Trust once they start their careers.”
How the Dementia CQUIN is benefiting patients

A few weeks ago, we provided an introduction to Commissioning for Quality and Innovation (CQUIN) and explained it this is a national payment framework that enables commissioners to reward excellence, by linking a proportion of our income conditional to the achievement of ambitious quality improvement goals. These goals are agreed by us and the commissioners and rely on active engagement from everyone across the Trust.

Over the coming weeks, we’ll be showing examples of our CQUIN targets for 2013/14 and providing examples of how patient care is improving as a direct result of achieving these goals.

This week, we are focusing on Dementia and building on the achievements of last year’s CQUIN. Dementia is a significant and debilitating disease and symptoms include memory loss and mood changes. There are approximately 800,000 sufferers in the UK, which is estimated to rise to 1.7 million by 2050. Many of which do not have a confirmed diagnosis.

We have already delivered a number of key requirements in relation to the Dementia CQUIN which include:

- Ensuring that every patient aged 75 or over, on an unplanned admission to the hospital is given the opportunity to be tested for the possibility undiagnosed dementia. If this positive, the patient is then referred for further assessment for a confirmed diagnosis. This includes a robust system of data collection to measure how we are doing.

- The introduction of 120 dementia champions. Dementia champions are predominately nurses, however many allied health professionals are becoming members e.g. staff from radiography, occupational therapy, porters, catering and phlebotomy. Supported with a training programme and quarterly dementia champions conferences, they lead the change for person-centred dementia care.

- Butterfly Scheme – the scheme was launched in September 2012 at FGH and the RLI and is an identification support scheme which, with consent from the patient, relative or carer, allows a person with dementia to be fully supported through their hospital stay. This is done by a discreet identification via the butterfly symbol which is placed on the patient’s notes, x-ray cards, on Lorenzo, and any other appropriate areas. It allows the patient to receive more effective, appropriate care.

Elements within the Dementia CQUIN we are planning to deliver for 2013/14 are:

- Passport of care, which was launched at the dementia champions conference in March 2013. This aims to provide an in depth assessment of need, and is being introduced into the community health and social care setting
- Carer questionnaire to ensure they feel adequately supported. Findings will be reported to Trust Board
- Ensuring sufficient clinical leadership of dementia and appropriate training of staff
- E-form to be set up on Lorenzo for easy and accurate input of data

If you need any advice or assistance in relation to the dementia CQUIN, or are not yet using the Butterfly Scheme in use in your area, please contact Dianne Smith on 07805 895862 or email dianne.smith@mbht.nhs.uk.
Launch of intentional rounding and safety care bundle

Last week, Joann Morse, Deputy Chief Nurse, led a rapid spread event, to raise awareness of the harm free care CQUIN. The event focused on the launch of intentional rounding and the re-launch of the safety care bundle.

Intentional rounding is the introduction of hourly visits to patients asking them questions regarding the ‘four Ps’ - personal needs, pain, position and possessions.

Evidence from other Trusts who have been using intentional rounding shows a reduction in falls, pressure ulcers and improved satisfaction for patients, their families and staff.

A range of clinical staff from across the Trust listened to guest speakers Amanda Cheesman and Claire Thomas from Wrightington, Wigan and Leigh NHS Foundation Trust, and Lisa Horkin from Aintree NHS Foundation Trust, as they shared their experiences of intentional rounding in practice.

There were workstations where staff were given the opportunity to refresh parts of the existing care bundle and learn about the new additions to the bundle. This includes the falls care plan, use of the 4AT delirium tool, guidelines for management of confusion, and intentional rounding chart. Finally, Kathrine Barker, Lead Pharmacist, spoke to the group about the link between medications in the elderly and the risk of falls.

Everyone who attended the session, took away the new safety care bundles, with wider circulation available in the coming weeks. We are looking to launch intentional rounding at the end of July / early August and the rounding chart will be available to order via IPROC.

A new face at FGH’s Medical Assessment Unit

The Medical Assessment Unit (MAU) at FGH has extended its team with the addition of Dr Richard Lea, Consultant Physician in Acute Medicine. Dr Lea has been a Consultant since 2005 and joined the Trust from Salford Royal NHS Foundation Trust, where he spent three years as a Consultant Physician. Previous to that, he worked at the RLI, in a similar role.

The MAU deals with the immediate and early treatment of patients when they are first admitted to hospital – either from the Emergency Department or the patient’s GP. The teams on the unit work to assess the patient, carry out the appropriate tests, diagnose the problem and start treatment as quickly as possible. It is distinct from the care given in an Emergency Department because Consultants in acute medicine may provide on-going care for patients for 24 hours or more, after their arrival in hospital.

Dr Richard Lea, said: “I am really pleased to be part of the team at FGH. Since I started, what has been so clear to me is how hard each one of them work to make sure local people are looked after in the best way. I came back to the Trust because I wanted to be part of the on-going improvements and am looking forward to working with our team to continue to make our MAU the best it can be.”
Improvements to stroke care continue across UHMBT

Direct admission to a stroke ward within four hours saves lives and reduces disability. Our teams on ward 6 at FGH and ward 39 at the RLI have been continuing to work hard to ensure our stroke patients are receiving high quality care in the appropriate place.

Our target is for 80 per cent of stroke patients to be admitted to a stroke ward within four hours of arriving at our hospitals. There has been significant improvement in stroke care across the Trust and that’s thanks to members of the stroke team including the Emergency Departments (ED), Acute Medical Unit, Medical Assessment Unit, nursing staff, medical staff and Allied Health Professionals.

The below shows the percentage of stroke patients receiving appropriate care on a dedicated ward, from January 2013 to April 2013:

<table>
<thead>
<tr>
<th>Month</th>
<th>RLI</th>
<th>FGH</th>
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<tbody>
<tr>
<td>January 2013</td>
<td>71 per cent</td>
<td>82 per cent</td>
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<tr>
<td>February 2013</td>
<td>80 per cent</td>
<td>70 per cent</td>
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<tr>
<td>March 2013</td>
<td>67 per cent</td>
<td>92 per cent</td>
</tr>
<tr>
<td>April 2013</td>
<td>66 per cent</td>
<td>80 per cent</td>
</tr>
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Those most at risk are:
- Patients presenting in our EDs out of hours
- Patients referred in by a GP, not through the EDs
- Patients diagnosed with an intracerebral haemorrhage. This is often not seen as a stroke, unlike strokes that are caused by blockages in the arteries (infarcts)
- Patients with minor physical disability or cognitive impairment. These tend not to be recognised as stroke early enough in the patient journey

All patients who have suffered stroke as an inpatient, should be referred by phone to the stroke unit and transferred to the stroke ward to ensure they can be reviewed and provided with the best quality care possible. If you have a patient that has been diagnosed as having had a stroke, please alert the stroke team and Clinical Site Manager, who will assist you in ensuring the patient moves to the right area.

Thanks for all your hard work in helping us deliver these fantastic improvements. Keep it up!

Kind words from our patients

“Thanks for super swift care for my 3 yr old who had a head injury tonight. Excellent care from Paramedics and Lancaster RI.”
Comment @UHMBT on Twitter

“Everyone who had dealings with my care... came and fully discussed the procedure and what part they were playing. The hospital was so clean, this should be a credit to everyone. Well pleased.”
Comment on NHS Choices
Weekly News

University Hospitals of Morecambe Bay
NHS Foundation Trust

Tigerlily Trust donate to the RLI

Tigerlily Trust, a local charity supporting families that lose their baby, have donated a consignment of Remembrance Boxes and Miscarriage Care Packages to the RLI. Tigerlily Trust was founded by Val Isherwood in memory of her daughter Lily who was stillborn in October 2011.

The Remembrance Boxes, which are also being delivered to FGH and WGH, contain items which will enable parents to gather lasting images of their baby, including: an impression kit for making little plaster impressions of hands and feet, two identical teddies - one to stay with the baby and one for the parents to keep, the gift of Professional Remembrance Photography, a candle holder and tea light for lighting in honour of their baby, and information and details of resources to help parents to find their way to healing through the grief.

Val, said: “We are not so comfortable in the UK with the issues surrounding the death of a baby. People often want to help but just don’t know what to say or do. However, evidence shows that how parents are treated during and soon after their loss, and the quality of the time they have with their baby, can have a dramatic impact on the grief and healing process.”

Further information, guidance and ideas for friends and family, as well as details on forthcoming events, can be found on the charity’s website at www.tigerlilytrust.co.uk.

The sad loss of a loved friend

It is with great sadness that we inform you that Ruth Burrow, a much loved volunteer with the WRVS at FGH, has passed away.

Ruth had volunteered with the WRVS for 42 years and was an extremely popular lady. She was always happy and cheerful, and loved sitting at the front entrance at FGH, greeting patients and visitors as they entered the hospital. She will be greatly missed.

Hospital grand round

The next hospital grand round will be taking place on 17 July, in the Education Centre at the RLI.

Dr Huggett, Consultant Physician, will be presenting the lecture titled “What you need to know about Parkinson’s Disease.”

All staff are welcome to attend.

Paperlite project continues to be rolled out

The fourth cycle of the accelerated paperlite outpatient project starts on Monday 26 August. The treatment functions involved will be: Paediatric Ophthalmology, Breast Surgery, Respiratory Medicine, Clinical Physiology, Upper Gastrointestinal Surgery and Orthoptics. The accelerated clinical content team will be visiting the clinical leads in these areas during July and August to explain how paperlite can work and the process for assessing their content requirements.

During July, work has also commenced with the following specialties: ENT, Gynaecology, Colorectal Surgery, Clinical Microbiology, Paediatric Diabetology and Dietetics. If you have any queries regarding your area becoming paperlite, contact Lesley Millachip on ext 46788.

“We will be the best - providing excellent compassionate care to the people of Morecambe Bay.”
“I am a Foundation Trust member and I am kept informed on developments in hospital services and have a say in the future of my local hospitals.”

You can receive updates and become involved in shaping the future of your local hospitals too. Apply to become a member at www.uhmb.nhs.uk or call 01539 716 642.