

## Welcome to the X-Ray Department

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Easy Read Leaflet

**Radiology Department**

**Patient Information Leaflet**

## Welcome

This booklet has been produced by the X-Ray department to provide information to individuals who have learning disabilities, their parents, carers, spouse, partner, friends or companion. Please take a look through this booklet.



You will see:-

- Special cameras that take a picture called an x-ray.
- People who take the pictures, called 'radiographers'.

You have come to the x-ray department to have a picture taken of the inside of your body.

You may be hurting which is why the doctor or nurse has sent you to see a radiographer.

An x-ray picture may help the doctor or nurse make you better.

## What you might need to do

You may be asked to change out of your clothes so that you can wear a special gown.

You only will have to do this for some of the pictures.

You can change back into your own clothes when the picture has been taken.



The radiographer will always check that you need to have a picture taken with an x-ray camera.

## In the X-Ray Room

A picture taken in an x-ray room is like having a picture taken with a small camera. It will not hurt you.

In an x-ray room, the cameras are very large and can move all around the room.

There are glass windows in the room too.

The radiographer will stand behind the window when the picture is ready to be taken.

The camera looks like a large square box.

- It has a light inside it.
- It has buttons on it for the radiographer to press.
- You might have to lie down or stand up.
- You might have to lie on a hard board.
- You might have a hard board placed behind you.



If you lie down on the bed the camera will be above you.

The radiographer may move the bed but it will stay still when the picture is taken.

The hard board is sometimes placed on the top of the moving bed which you might have to lie on.

If you have a board placed behind your back you might be on a different type of bed called a trolley.

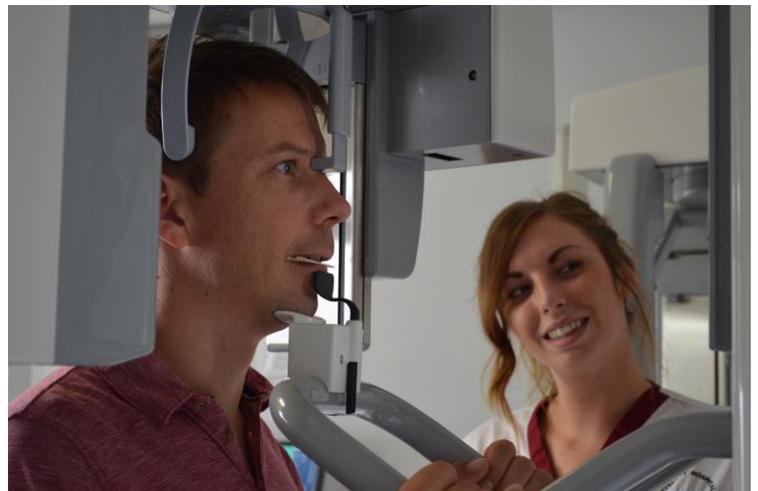
If you are sat or lying on a trolley the camera will be looking at you or will be above you.

If you have to stand for an x-ray picture you may be standing in front of a large square or with the square behind your back.



A different camera is sometimes used if you have a sore face, or sore teeth.

- You can sit or stand between the camera.
- The camera is a different shape to the large camera.
- It can look like a big cube on one side and a rectangle on the other side.
- You will be asked to bite on a lolly stick placed between your teeth.
- The lolly stick will be taken out of your mouth when the picture has been taken.



The camera will move around your head to take the x-ray picture. It does not take long and it will not touch you, or hurt you.

If you just have sore teeth a much smaller camera is sometimes used.

- You will be asked to place a white plastic square inside your mouth.
- It is like the size of a biscuit. It will be taken out of your mouth when the picture has been taken.
- The camera looks different to the other cameras. It can be moved out to you from the wall.



At the end of the arm of the camera is a clear plastic tube.

The tube will be placed above your nose, or under your chin. It will not hurt you.

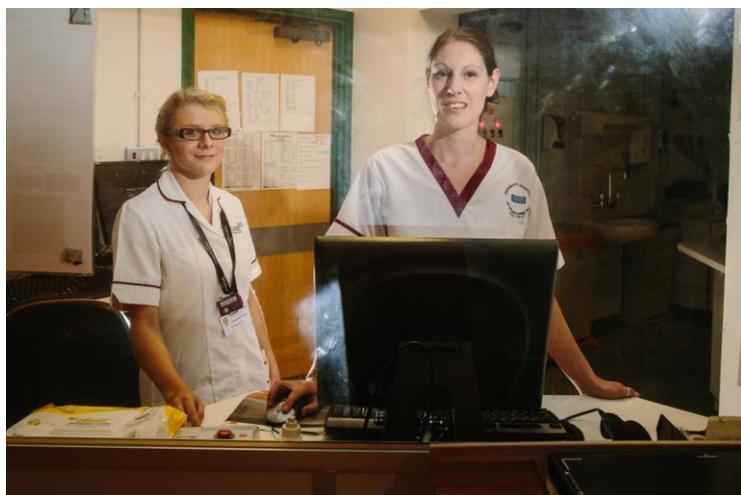
## **The People at Your X-Ray**

Whoever comes with you might sometimes stay with you and have to wear an apron.

They might sometimes stand behind the window with the radiographer.

They will always be near you.

The radiographer will ask you to stay still when taking x-ray pictures and the camera will make a beep sound.



## Further information

Our aim is to try and make a visit to the department as comfortable and welcoming as possible, in order to alleviate apprehension and reduce the potential stress of an x-ray examination.

Radiation protection requires a radiographer to ask women of child-bearing age about pregnancy.

If a hoist is required for transfer, please contact the department before your visit.

Please note: students are trained in our department. If you prefer not to be seen by a student, please let us know.



## Leaflet Details

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## **Other formats**

If you would like to receive this information in an alternative format, then please contact : 01539 795497

## **Travelling to our hospitals**

For the best way to plan your journey visit our website:  
<http://www.UHMB.nhs.uk/> or contact Patient Advice and Liaison Service (PALS): 01539 795497

## **Useful Contact Details**

NHS 111 (for 24 hour urgent health advice): telephone 111

## **Your Information**

If you would like to know how we use, share, disclose and secure your information and your rights of access to the information we hold about you, visit the Trust's website: <http://www.UHMB.nhs.uk/> or contact Patient Advice and Liaison Service (PALS) on 01539 795497.

## **Evidence**

Details of the evidence used in writing this leaflet are available on request from: Patient Information Officer at 01524 512476.

## **Feedback**

We appreciate and encourage feedback. If you need advice or are concerned about any aspect of care or treatment, please speak to a member of staff or contact PALS on 01539 795497.

UHMBT is a no smoking Trust. Smoking is not permitted on any of the hospital sites. You can contact the NHS North Lancashire Stop Smoking services on the number below:

NHS Quit Squad - **0800 328 6297**

If you live in Cumbria, please call **0300 013 3000** to find a local pharmacy who are offers 1-2-1 support and nicotine replacement therapy.

*University Hospitals of Morecambe Bay Trust: a great place to be cared for; a great place to work.*