ENACT newsletter

Welcome to the August issue of the ENACT newsletter.

I am delighted to say that the July ENACT meeting was, once again, attended by representatives from Cumbria Partnership NHS Foundation Trust (CPFT). This time Deborah Nelson, Senior Network Manager and Jane Dickinson, Quality and Safety Manager, Community Services at CPFT attended the meeting along with Gill Speight, Head of Locality, from Blackpool Teaching Hospitals NHS Foundation Trust.

National publications

I want to share the following national documentation with you all.

- NHSi/CQC Use of Resources: assessment framework. [Link](#)

This document reflects that NHS Improvement and the Care Quality Commission (CQC) believe there is significant potential for more productive use of resources across the NHS, which would improve quality of care for patients. NHS Improvement will introduce Use of Resources assessments alongside CQC’s new inspection approach from autumn 2017. It will inform their well-led review.

HEFCE funding bid

The Trust and University of Cumbria recently put in a bid to Higher Education Funding Council for England (HEFCE) to support qualitative research. I am delighted to report our bid was successful and the funding will go towards the development of a Registered Nurse Apprenticeship programme for 18.

We welcome your comments, ideas and feedback.

Please send any feedback to
Kayleigh.archer@mbht.nhs.uk
Chief Nursing Officer to visit Trust

Our nurses and Advance Nursing Practitioners will have the opportunity to showcase the fantastic work they have been doing when Professor Jane Cummings, Chief Nursing Officer for NHS England visits the Trust on Wednesday 13th September.

Professor Cummings will start her morning at Furness General Hospital for a showcase event followed by a tour of Westmorland General Hospital. She will finish her visit at Royal Lancaster Infirmary for another showcase event where she will meet numbers of front-line staff.

Mental Health proforma now on Lorenzo

A mental health assessment proforma is now available on Lorenzo for Emergency Department staff at Furness General Hospital and Royal Lancaster Infirmary.

The risk assessment form will support staff and ensure patients who have mental health conditions receive the right care, at the right time and in the right setting. It will flag up whether the patient is a risk to themselves or other patients and whether additional nursing care is needed.
Executive Nurse Accountable Care Team (ENACT) Briefing

From the Chief Nurse
Sue Smith

Emotional support training

These sessions are aimed at supporting staff when caring for someone in distress (feeling suicidal, wanting to self-harm, or any other emotional distress they may feel) by promoting insight and communication skills.

The sessions will be delivered at the Royal Lancaster Infirmary on September 7 and December 6 by Catherine Hind, a mental health nursing student from University of Cumbria, Student Quality Ambassador (SQA) and a Samaritan listening volunteer. Catherine will run the sessions with another colleague from the SQAs. You can book a place on TMS under Patient Care, Emotional Support Session.

Recruitment

As ever, recruitment remains a top priority of the Trust and so I wanted to give you an update.

University of Cumbria has different cohorts for Occupation Therapy and Healthcare Scientists. Despite the cost of the courses they are fully recruited for September 2017.

I’m delighted to announce the latest undergraduate recruitment numbers for University of Cumbria for Occupational Therapy Profession are as follows:

- Master course in OT = 30
- Carlisle campus = 25
- Part Time Lancaster campus = 10
- Full Time Lancaster campus = 35

These students could be coming on placement with UHMBT within their two to three years of training. There are also 14 undergraduates training as Healthcare Scientists over three pathways: Radiotherapy Physics, Nuclear Medicine and Radiation Physics.
Recognition for dementia hub

A huge round of applause goes to Dementia Matron Dianne Smith and Dr Penny Foulds, Honorary Researcher at Lancaster University, who will be presented with a community recognition award by Morecambe Town Council on September 21.

Dianne and Dr Foulds set up the Bay Dementia Hub, a local community initiative, which has supported people with dementia, either with or without a confirmed diagnosis as well as carers and family members of people with dementia.

Dianne said: “The aim of the hub is a “one stop shop” with service providers both professional and voluntary sector services providing information and support for anyone who needs it. It has been in place now for 12 months in September and is very successful with good attendance every month and new people coming every time.”

John’s Campaign

The initiative will have been in place now for two years in September. UHMBT was one of the first 100 trusts to sign up and it was launched by Julia Jones from the campaign at a dementia conference held by the Trust in 2015.

Now well established, it gives families and carers the opportunity to help care for the person with dementia on the wards, be a comfort to them and their advocate for any decision making needed. We give the carer the use of a unique designed lanyard and badge to indicate they are part of the scheme and this is recognised by staff for partnership working.

We welcome your comments, ideas and feedback.

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Executive Nurse Accountable Care Team (ENACT) Briefing

Sue Smith
Executive Chief Nurse

Every nurse an e-nurse

The Trust recently showcased some of the fantastic work which is happening as part of the Electronic Patient Record (EPR) on Facebook and Twitter to support the Royal College of Nursing’s (RCN) “Every nurse an e-nurse” campaign in conjunction with NHS Digital’s e-nursing week. E-nursing week, which ran from 21-27 August, focused on various aspects of e-nursing, including technology at patient’s bedsides, data sharing, digital security and the role of apps and wearables. The RCN wants every UK nurse to be an e-nurse by 2020.

Shared staffing scheme

The Physiotherapy teams from UHMBT at Furness General and Cumbria Partnership NHS Foundation Trust are in the process of recruiting to a post that will work across our organisations to deliver physiotherapy at the Ulverston Health Centre for our outpatients and IMSK service as a new initiative under Bay Health and Care Partners. This collaboration sees another new step forward towards delivering cross organisation services and new and positive opportunities for recruitment.

Your work on developing e-nursing has been shortlisted for numerous awards. Well done and thank you.

We welcome your comments, ideas and feedback.

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Namaste Care

This is a teaching session aimed at volunteers to do with patients with Dementia who are in bed or receiving palliative care. The aim is to use therapeutic touch to soothe and calm the patient, by talking to them and giving hand massage if appropriate.

It is especially suitable for patients who are uncommunicative or in a single room, giving comfort and spending time with them where needed.

#endPJparalysis

Our matrons, ward managers, management and staff from our Emergency Departments, care of the elderly and palliative care teams recently enjoyed a visit from Brian Dolan, Hon Professor for Leadership in Healthcare, at the University of Salford.

Prof Dolan talked to the teams about #Last1000days and #endPJparalysis. He also presented the importance of time as a currency for patients and why this is important for minimising waste and delays in getting patients home. He also talked about deconditioning risks for elderly patients.

The #endPJparalysis initiative aims to show staff what it’s like for patients when they have to wear pajamas whilst in hospital, often feeling vulnerable and uncomfortable.

The campaign also raises awareness of the health benefits of getting dressed, out of bed and being as active as possible whilst in hospital. Staff at UHMBT supported the campaign on Friday 28 July by coming to work in their pajamas.

Please contact Dianne Smith, Dementia Matron for more information.