

# Pre-Op Instructions For Minor Oral Surgery

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(For operations under local anaesthetic)

**Maxillofacial**

**Patient Information Leaflet**

After your initial consultation with the clinician you will be given an appointment on a Local Anaesthetic Procedure clinic. On the day of your appointment/operation please report to the department at the appointed time.

**There is no need to starve before your appointment.** Please eat normally - for example, if the appointment is in the morning, eat breakfast, or if the appointment is in the afternoon eat lunch.

You will be given a local anaesthetic (an injection in the gum) which freezes the area so that you will not feel any pain during the operation. The numbness will take about two hours to wear off. Be careful not to drink/eat anything hot while your mouth is still numb.

After surgery some swelling and discomfort is not abnormal. You may need to take pain relief, such as paracetamol. An antibiotic may be prescribed.

Keep your mouth/operation site clean – this is important and further instructions will be given to you following the surgery.

You may have some stitches, you will be given instructions as to whether they are to be removed or are dissolvable.

**You should be fit to drive home, but if you feel you would be happier with an escort, please bring them along to the appointment with you.**

You may eat and drink anything you feel you can manage following the operation. Usually we advise keeping to fairly soft food for a day or two.

Post-operative advice/information leaflet will be given to you after your surgery.

## Leaflet Details

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## **Other formats**

If you would like to receive this information in an alternative format, then please contact : 01539 795497.

## **Travelling to our hospitals**

For the best way to plan your journey visit our website:  
<http://www.UHMB.nhs.uk/> or contact Patient Advice and Liaison Service (PALS): 01539 795497.

## **Useful Contact Details**

NHS 111 (for 24 hour urgent health advice): telephone 111

## **Your Information**

If you would like to know how we use, share, disclose and secure your information and your rights of access to the information we hold about you, visit the Trust's website: <http://www.UHMB.nhs.uk/> or contact Patient Advice and Liaison Service (PALS) on 01539 795497.

## **Evidence**

Details of the evidence used in writing this leaflet are available on request from: Patient Information Officer at 01524 512476.

## **Feedback**

We appreciate and encourage feedback. If you need advice or are concerned about any aspect of care or treatment, please speak to a member of staff or contact PALS on 01539 795497.

UHMBT is a no smoking Trust. Smoking is not permitted on any of the hospital sites. You can contact the NHS North Lancashire Stop Smoking services on the number below:

NHS Quit Squad - **0800 328 6297**

If you live in Cumbria, please call **0300 013 3000** to find a local pharmacy who are offers 1-2-1 support and nicotine replacement therapy.

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