

How your community pharmacy can help after leaving hospital

Pharmacy

Patient Information Leaflet

How your community pharmacy can help after leaving hospital

Your community pharmacy can give you further advice and support after you leave hospital. Below are details of some of the services you could access if needed by contacting your local community pharmacy:

New medicines service

This is a free NHS service, and if you were prescribed a new medicine for a long-term condition while in hospital you may be invited to use the service by your local community pharmacy. The types of conditions covered by the service include:

- Asthma and COPD
- Conditions requiring anticoagulant medication such as warfarin, apixaban, rivaroxaban, dabigatran
- Conditions requiring antiplatelet medication such as aspirin, clopidogrel, ticagrelor
- Type 2 diabetes
- Hypertension (high blood pressure).

The community pharmacist will ask you questions about your new medicine(s) and give you information and support that you might need. All discussions are confidential.

Medicines use review

If your medication was changed while you were in hospital, you are eligible to have a free Medicines Use Review at your community pharmacy. The review helps you to find out more about your medicines and to look at any problems you might be having with them. Again, this is a confidential service.

Other services

- Community pharmacies also provide a number of other services which you could access, including:
- Healthy living advice

- Minor illness management
- Stopping smoking support
- NHS health checks including blood pressure

You can also ask a community pharmacist for advice about your medicines at any time.

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Other formats

If you would like to receive this information in an alternative format, then please contact : 01539 795497.

Travelling to our hospitals

For the best way to plan your journey visit our website: <http://www.UHMB.nhs.uk/> or contact Patient Advice and Liaison Service (PALS): 01539 795497.

Useful Contact Details

NHS 111 (for 24 hour urgent health advice): telephone 111

Your Information

If you would like to know how we use, share, disclose and secure your information and your rights of access to the information we hold about you, visit the Trust's website: <http://www.UHMB.nhs.uk/> or contact Patient Advice and Liaison Service (PALS) on 01539 795497.

Evidence

Details of the evidence used in writing this leaflet are available on request from: Patient Information Officer at 01524 512476.

Feedback

We appreciate and encourage feedback. If you need advice or are concerned about any aspect of care or treatment, please speak to a member of staff or contact PALS on 01539 795497.

UHMBT is a no smoking Trust. Smoking is not permitted on any of the hospital sites. You can contact the NHS North Lancashire Stop Smoking services on the number below:

NHS Quit Squad - **0800 328 6297**

If you live in Cumbria, please call **0300 013 3000** to find a local pharmacy who are offers 1-2-1 support and nicotine replacement therapy.

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