

Needle Biopsy

Aftercare Instructions

Radiology

Patient Information Leaflet

- Leave the dressing on for 24 hours - it may then be removed. If you feel another dressing is still needed, replace it with sticking plaster or band aid. It is unlikely that you will need a dressing for more than two days - keep the wound dry for two days.
- You may experience some discomfort in your breast after the local anaesthetic wears off. This will settle over the next week or so. If you need to, take simple pain relief such as Paracetamol, but not Aspirin (unless prescribed).
- You may go back to work after your biopsy, but we advise you not to do any strenuous exercise (such as aerobics or heavy lifting) for 24 hours.
- Some bruising at the biopsy site is to be expected and your lump may feel bigger than before; this will settle over the next week.
- If you notice excessive swelling, pain or bleeding contact the Breast Care nurses (on the number below during working hours) or contact your general practitioner.
- You will have been given an appointment to discuss your results, but if you have any queries in the meantime please telephone 01524 583042
- If you would like to speak to one of our Breast Care nurses, please telephone the numbers provided below.
- Holidays? If you have plans to go on holiday, you may need to inform your insurance company that you are having hospital tests (check the small print of your policy).

Appointments for results

You will be offered an appointment to discuss the results of the biopsy, in clinic or by telephone. If your results are not ready or we need to rearrange your appointment, the clinic co-ordinator will contact you, which may be at short notice.

If you are attending an appointment in clinic to discuss your results you are welcome to bring your partner, a friend, or relative should you wish for support.

Contact telephone numbers

(01524) 583050 – Monday – Friday 9am-5pm

Breast Care nurses, Royal Lancaster Infirmary: (01524) 583045

Breast Care nurses, Furness General Hospital: (01229) 403607

Leaflet Details

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Other formats

If you would like to receive this information in an alternative format, then please contact : 01539 795497.

Travelling to our hospitals

For the best way to plan your journey visit our website:

<http://www.UHMB.nhs.uk/> or contact Patient Advice and Liaison Service (PALS): 01539 795497.

Useful Contact Details

NHS 111 (for 24 hour urgent health advice): telephone 111

Your Information

If you would like to know how we use, share, disclose and secure your information and your rights of access to the information we hold about you, visit the Trust's website: <http://www.UHMB.nhs.uk/> or contact Patient Advice and Liaison Service (PALS) on 01539 795497.

Evidence

Details of the evidence used in writing this leaflet are available on request from: Patient Information Officer at 01524 512476.

Feedback

We appreciate and encourage feedback. If you need advice or are concerned about any aspect of care or treatment, please speak to a member of staff or contact PALS on 01539 795497.

UHMBT is a no smoking Trust. Smoking is not permitted on any of the hospital sites. You can contact the NHS North Lancashire Stop Smoking services on the number below:

NHS Quit Squad - **0800 328 6297**

If you live in Cumbria, please call **0300 013 3000** to find a local pharmacy who are offers 1-2-1 support and nicotine replacement therapy.

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