

Weekly News

Star awards winners announced



The winners of our new Director of Midwifery and Executive Chief Nurse: Star Awards have been announced! Thank you to everyone who made a nomination. This years' winners are as follows:

Nursing

Nurse of the Year—Kerry Little, Paediatric ward FGH
HCSW—Lucy Wilcock, Ward 33 RLI
Rising Star—Pamela Santos, Theatres WGH
Student—Melissa Rushworth, Morecambe DN team
Unsung Hero—Janice Mortimer, Domestics RLI

Maternity

Midwife of the Year—Rebecca Gray, SLBC
Maternity Support Worker—Sharon Clarke, SLBC
Rising Star of the Year—Indya Lewis, SLBC
Student Midwife of the Year—Victoria Ramos, SLBC
Unsung Hero of the Year—Connie Flaherty, SLBC



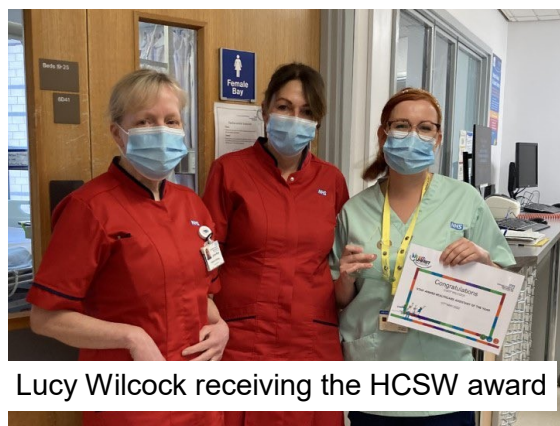
Sharon Clarke being awarded Maternity Support Worker of the Year



Pamela Santos receiving the Nursing Rising Star award



Connie Flaherty being awarded Midwifery Unsung Hero of the Year



Lucy Wilcock receiving the HCSW award



Melissa Rushworth being awarded the Nursing Student award





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Update on exciting new Leadership Programme and invitation to join new 'Culture Change Team'



You have spoken and you have been heard!

After listening to your views through our 'Moving Forward' online conversations, two exciting initiatives relating to the improvement of culture and leadership within UHMBT have been developed with help from colleagues across the Trust.

You have said we need work more effectively as individuals and teams for the benefit of our patients and each other. We have listened to the fact that you want access to high quality training and development opportunities to enable everyone at UHMBT to provide excellent care and services. You have also said that you want managers to be more visible, compassionate, fair, knowledgeable and inclusive.

Your feedback on leadership has inspired and led to the co-creation of an ambitious and stimulating new Leadership Programme for leaders at all levels. Likewise, your thoughts and suggestions on the culture within our Trust have led to the development of a new 'Culture Change Champion' approach.

Would you like to continue to influence improvements in our culture and leadership? If you do, please continue reading to see how we can all make a difference to colleagues, patients and the people of Morecambe Bay.

We are all in it together, so look out for the Culture and Leadership pop up cafés to hear what this means to you.

New Leadership Programme for all

This stimulating, informative and practical programme is due to be launched in June, and is designed to transform leadership across UHMBT.

The training has been developed in-house with input from colleagues so it will be practical and related directly to your job role. Details of the training can be found on the [intranet here](#).

Join our new 'Culture Change Team'

Do you want to be a Culture Change Champion? We are looking for colleagues to join our new 'Culture Change Team' to help ensure that UHMBT is a great place for you to work, and a great place for patients to receive care.

Our aim is to create a multi-disciplinary team of Culture Change Champions to inform, design, influence, communicate and help drive our 'Moving Forward' transformation programme. We are looking for colleagues who are representative of a broad cross section of job roles, bands and backgrounds. If you are excited by culture change and want to make a positive difference, we want to hear from you!

As part of the Culture Change Team, you will support the delivery of the Moving Forward Action Plan, including the design and focus of priorities identified following our online conversations. You will be an advocate and ambassador for improving culture within your own team and the wider Trust, as well as being happy to encourage colleagues to engage with new developments.

For full details of the Culture Change Champions role and how to nominate yourself, please click on [this link](#).

For more information or support with your nomination please contact: Karmini McCann, Head of Culture Transformation on 07760426250, or Karmini.McCann@mbht.nhs.uk.



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Welcoming Walter to the RLI Children's Ward



We had an extra special visitor at the RLI Children's Ward last week – Walter the therapy dog! The children and our colleagues were thrilled to welcome Walter, who is a 6 year old Malamute x Akita, and owner John.

John said: "Walter is a big lad at 7 stone but is as calm and gentle as it comes when he is at work. However he can go crazy playing with his daft Spaniel and Labrador friends Rex and Henry. His favourite foods are carrots and sausages, which he loves getting off the kids."

"Walter is honoured to now be a regular ward dog and to say he has settled in quickly is an understatement. And if your stay on the ward happens to be a little longer, he may sometimes bring in a puppy Walter teddy for you to meet too!"

Find out more about [Pets as Therapy \(PAT\)](#).



Give your views on talking therapies for mental health

People living across Lancashire and South Cumbria have been asked to share their views on access to talking therapies to treat common mental health conditions in adults.

Across Lancashire and South Cumbria, there are a number of services available to residents, which involve free groups, courses and one-to-one therapy sessions to help people understand what they are going through and build their confidence.

The Lancashire Health and Care Partnership is now looking to gather the views of residents who have used the services – to assess their experiences – and also people living with a mental health problem who have not accessed the services, to understand why this is the case.

To do this, an online survey has been produced which can be accessed at <https://iaptlsc.creativeworld.co.uk/>

The survey will remain open until 5pm on Tuesday 31st May 2022 and if you don't have access to the internet and would prefer a paper survey, please call 01282 858200 and ask for Susan Hugill.

NHS supply chain jubilee order and delivery schedule

Please note NHS Supply Chain will be closed on certain days over the upcoming bank holiday period. To help ensure deliveries are not delayed, please can you ensure that your orders are placed in advance of the following input dates.

JUNE BANK HOLIDAY 2022 ORDERING AND DELIVERY SCHEDULE		
Input Date	Delivery Date	Comments
Monday 30 May	Wednesday 1 June	As normal
Tuesday 31 May	Monday 6 June	Change to normal schedule
Wednesday 1 June	Tuesday 7 June	Change to normal schedule
Thursday 2 June	Closed for ordering and delivery	Closed
Friday 3 June	Closed for ordering and delivery	Closed
Monday 6 June	Wednesday 8 June	As normal

Procurement & Supplies Department



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Keep your contact information up to date

It is essential that contact details for all UHMBT colleagues are kept up to date.

Prompts are sent from I3 every 90 days as a reminder to check and update contact details, however we urge all colleagues to update their details as and when there are any changes.

A new application was launched in August 2021 to make this even easier and allow the following information to be updated in one place:

- Work location
- Work contact numbers (extension, external, mobile, etc.)
- Job Title
- Department
- Manager

To update your details, please visit: <https://nhscanl.sharepoint.com/SitePages/Your-Contact-Details.aspx>

Please note that you need to be either at work or connected to the UHMBT network via VPN to update your contact details.

For any queries or further information, please contact the [I3 service desk](#).

Patient Safety Day recordings and feedback



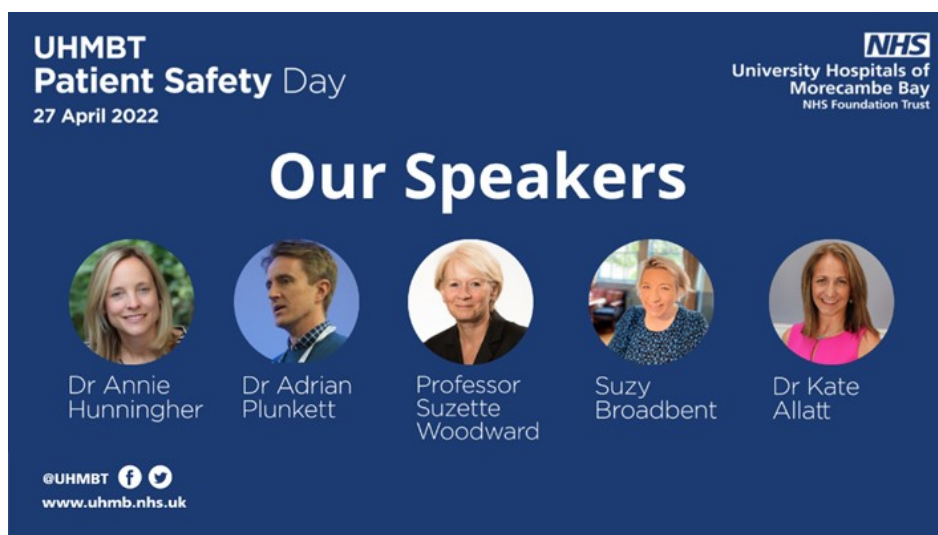
Thank you to everyone who attended the virtual sessions arranged as part of our Patient Safety Day on 27 April 2022.

We would also like to take this opportunity to thank all of our fantastic speakers!

The talks included hearing from national experts in areas such as human factors, psychological safety, improving safety for invasive procedures and learning from excellence, and provided a great opportunity for UHMBT and BHCP colleagues to come together and share experience, learning and insight relating to the patient safety improvement.

If you would like to view any of the sessions, you can view these on the Youtube playlist here: <https://youtube.com/playlist?list=PLTeVGxVEQlqSXhd6UVGFz07rj2cHnzbuC>

We would also love to hear any feedback you have about any of the sessions. If you have any comments, please share them with us [here](#).



Local councillors elected

Following the local elections on Thursday 5 May, councillors have been elected for the two new unitary authorities in Cumbria. The two new authorities - Westmorland and Furness, stretching from Barrow to Penrith, and Cumberland, stretching from Carlisle to Millom - will assume the responsibilities of Cumbria County Council and the district councils with effect from 1 April 2023. The year 2022/2023 will be a transition year and the existing councils will retain their responsibilities.

As each new authority has different electoral wards to the former county and district councils, direct comparisons are not possible, but the political breakdown is as follows:

	<u>Westmorland Furness</u>	<u>Cumberland</u>	Cumbria County Council
Conservative	11	7	35
Liberal Democrat	36	4	16
Labour	15	30	26
Independent	2	3	4
Green	1	2	1
Total	65	46	82

In broad terms, Cumberland will be led by a Labour administration and Westmorland and Furness by a Liberal Democrat administration.

Fluid Balance training



Fluid balance training can be booked on TMS.

RLI dates

- 19/5/22 - Education Centre Room 2. Sessions at 10am, 11am, 2pm & 3pm. Each session lasts 45 minutes.
- 23/6/22 - Education Centre Room 3. Sessions at 10am & 11am. Each session lasts 45 minutes.

FGH dates to follow.

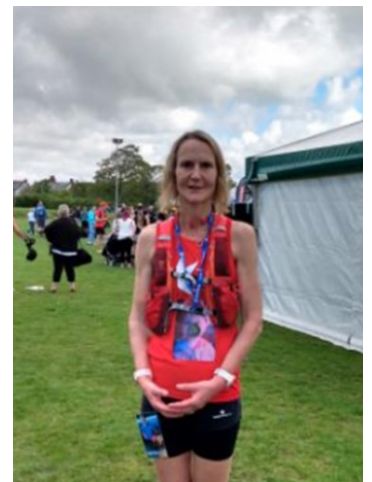
Karen Oldham named fastest female at K2B

Well done to Karen Oldham, Obstetrics and Gynaecology Secretary at FGH, who was the overall female winner in this year's Keswick to Barrow (K2B) with a time of 6 hours and 11 minutes!

Karen was running for 'Team Jake' for the 5th time. Team Jake raises funds in memory of Jake Ellis, who sadly lost his battle with Rhabdomyosarcoma in 2008, aged 5. The money Team Jake raises goes toward funding research to combat the disease.

Winner Karen wore a picture of Jake on her back, saying: "He's my inspiration for running this."

The Keswick to Barrow Walk is a sponsored walking and running event which has helped to raise millions of pounds for charity. For more information or to make a donation, please visit <https://keswick2barrow.co.uk/donate/112891?cid2=112891>



How to access Office 365 support

Following the switchover from Office 2010 to Office 365, colleagues may no longer have access to previously used Office 2010 applications.

If you are experiencing issues due to the loss of an application that you need to successfully carry out your role, please access the following support:

- Visit our [Office 365 Help site](#) to learn how you can use Office 365 web apps.
- Contact your [Office 365 Champion](#). - We have almost 600 champions from across the Trust who are the first port of call for all Office 365 issues.
- If you cannot locate your Office Champion or they are unable to help, please visit the Trust Intranet homepage and click on [Request Office 365 Support](#).

For any other generic PC problems, contact the Service Desk on servicedesk@mbhci.nhs.uk or 01524 516 000 (ext. 46000). The Service Desk is available 24/7.



Mid-Summer Foodie Fundraising Cruise

South Lakes Citizens Advice are experiencing increasing requests for help, support and advice due to the additional challenges from COVID-19, Food Poverty, Fuel Poverty in all areas of the services offered. Since the range of advice on offer is far-reaching – from parking tickets to consumer protection, housing to health, banking to British citizenship – its clients can be anyone and everyone, of all ages and backgrounds. It is free and independent and seeking its help comes without the stigma that can sometimes be attached to other community services.

However, not many people are aware that it is a charity that has to raise its own revenue to keep going. Their first major fundraising event since the start of the pandemic will be a Mid-Summer Foodie Fundraising Steamer Cruise on Ullswater on 23rd June 2022.



[You can find out more and details on how to reserve your place on this poster](#)

All colleague virtual briefing session Monday 23 May at 2pm

A virtual all colleague briefing session will take place at 2pm - 3pm Monday 23 May via Microsoft Teams.

Hosted by Aaron Cummins, Chief Executive, the briefing session is a great opportunity for colleagues to hear the latest updates about the pressures the Trust is facing, the COVID-19 pandemic, and plans for 2022/23.

Join the virtual briefing session via this link [Click here to join the meeting](#)

The session will last no longer than an hour. We will record the sessions and share the video on the intranet so they can be easily viewed at a convenient time.



Health Coaching Training Offer- New Dates Added!



As part of the workforce training offer to upskill health and care professionals to work in a more personalised way; the population health team for Morecambe Bay have launched new dates for health coaching training.

The course is for staff who have the opportunity to support people to make behaviour changes that will encourage improved health and well-being. It will provide a range of tools and techniques that will help structure conversations to help individuals to set and work towards goals that are important to them, whether this is about lifestyle changes that will promote better health and well-being, or being better able to manage long term conditions.

To date this training has been rolled out to a number of teams who have provided fantastic feedback and demonstrated new ways of working; benefitting patients, teams and the system.

If you would like further information on how to access the training please contact: claire.muir3@nhs.net

Month	Session 1	Session 2
May	Friday 6 May 9.30- 13.00	Friday 20 May 9.30- 13.00
June	Thursday 16 June 9.30- 13.00	Thursday 30 June 9.30- 13.00
July	Tuesday 5 July 9.30- 13.00	Tuesday 19 July 9.30- 13.00
August	No training	No training
September	Tuesday 13 September 13.00- 16.30	Tuesday 27 September 13.00-16.30
October	Friday 7 October 9.30-13.00	Friday 21 October 9.30-13.00

Do you have a spare room that you could rent to a colleague?

Homestay.com is a global accommodation booking website that allows you to book a room in another person's home. The company has been operating since 2013 and they are now working with the NHS and have designed a marketplace specifically for the NHS, where NHS employees can advertise their spare rooms to other NHS colleagues.

The NHS Homestay marketplace is now live and can be accessed via the Homestay [website](#) so if you're interested in helping out your colleagues and earning some extra income along the way please sign up to be one of our hosts. All you will need is an NHS email to register and some details about your room or property and a few photos - that's it – it's really easy to do.



Homestay
.com

Further information regarding tax-free rental income up to £7500 can be found on the [UK government website](#).

Look out for more details on how to book a room as a guest in the coming months and if you have any questions, please feel free to [contact Helen Mansergh](#), International Nurse Recruitment Advisor.



Enhanced Care Policy training sessions

Clinical colleagues, especially Nurses and CSW's, are encouraged to join these sessions. View [the poster](#) for dates and times which can be booked on TMS. For more information, please contact Dianne Smith [on email](#) or 07805895862 or Brian Evans [on email](#) or 01229 406793 / 07813536877.



ESR GO coming... Summer 2022

An exciting ESR Update to save
you time!

Make the change, as soon as possible, in Manager
Self Serve or TRAC (after approval)

This will then update E-Roster, overnight.

This will include all contract changes, all personal detail changes,
professional registrations, new starters and leavers

You will no longer need to send a separate email to the E-Roster team



Join a Drop in Session **May 23rd-June 17th**

We will be hosting a series of
Drop In Sessions over Teams, to
discuss the change and how
it may affect your work processes

Details of these will be
located on the

E-rostering
Important

Information page



Benefits

Automatically transfers information
from ESR to Healthroster

Reduces administrative time
for Managers

Reduces duplication of work

Allows the E-Roster team to
focus on supporting users

Allows Professional Registrations
to be kept up to date in E-Roster

For more information:

Phone: 01524516069

Email: E-Rostering@mbht.nhs.uk



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Issue 788 17 May 2022



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Sign up for 5k and 10k races in aid of Bay Hospitals Charity



Lancaster's 3-1-5 Health Club is hosting 5k and 10k races on Saturday May 21 in aid of Bay Hospitals Charity.

Organised in partnership with Lancaster Race Series, both events start from the health club in Mannin way, Lancaster, at 1pm.

The club has chosen Bay Hospitals Charity as its official cause for the year, and has organised a number of fitness-oriented events and activities to raise funds.

The races form part of 3-1-5's ninth birthday celebration weekend. For more information, and to submit your entry, visit <https://www.lancaster-race-series.co.uk/enter-our-races/3-1-5-charity-event/>

Raise funds for Bay Hospitals Charity while you shop



Want to support Bay Hospitals Charity while doing your normal everyday shopping? By signing up for Easy Fundraising you'll raise FREE donations when you spend. Plus, once you've raised your first £5, Easy Fundraising will double it!

Please support @bayhospitals @UHMBT [#easyfundraising](#), you'll raise FREE donations with your everyday shopping. It's quick and easy to sign up! Plus, once you've raised your first £5, easyfundraising will double it!

Sign up now: easyfundraising.org.uk

L&SC Pathology Board April update

The Lancashire and South Cumbria Pathology collaboration have issued their latest update, which includes information about a proposal for moving forwards, collaborative working, a Laboratory Information Management System update, and more! [See the April update here](#). Please send feedback and questions to LSCPathology@lthtr.nhs.uk

TVN image training—RLI sessions



Drop-in sessions that offer the opportunity for ward staff to complete refresher training using Trust devices for documenting patients' wounds. Training will cover all aspects of imaging from creating the image request on Lorenzo, gaining consent and capturing clinically useful images. Please come along if you are new to the process, need a refresher or want to be a little more confident with the process. View the [training poster with dates and times](#). Spaces can be booked by contacting Medical Illustration on ext: 42299

Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact policy.coordinator@mbht.nhs.uk. [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 13th May

1 9 6 1 4 6

Play the Bay Hospitals Charity Lottery online now!

Visit www.bayhospitalscharity.org/lottery/

and help make a lotto difference across
Morecambe Bay Hospitals.

