

EASE

Early Access to Support for Employees

EASE stands for **Early Access to Support for Employees**.

It is an early intervention service provided by Occupational Health for all staff who are unable to attend work due to musculoskeletal (MSK) or mental health (MH) conditions.

Why is early access to support for employees important?

Supporting staff to maintain and improve health and wellbeing is one of the Trust's key priorities. We understand that, just like the communities we serve, our staff will experience ill health, impairment and disabilities.

Organisations that provide early intervention services and who take a solution focused approach to the situation, discussing and planning with staff themselves about the measures needed to help support them during this period of difficulty, are proven to be most effective.

The EASE Service will compassionately and safely help support staff to access the appropriate rehabilitation and interventions as quickly as possible and will liaise with managers to make necessary recommendations to support staff in the workplace.

Why are we focusing on MSK and Mental Health Conditions?

The evidence base clearly demonstrates that MSK and mental health conditions are responsive to early, effective intervention, benefiting the individual, the organisation and patient care.

The link between a healthy workforce and positive outcomes for patients is well documented. There is a strong evidence base encouraging organisations to go beyond the core health and safety legislation and to promote positive health and wellbeing.

The NHS Operational Plan has identified staff health and wellbeing as a key component of making the NHS a great place to work.

For further information please contact:

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