

# Weekly News

## Provider Collaboration: Colleague Briefing on Wednesday

**Don't forget that you are invited to attend a briefing this week which aims to introduce colleagues to provider collaboration and the work ongoing across all of our organisations.**

The events will be hosted by all five provider NHS trust chief executives.

The events will be taking place on Microsoft Teams Live through the links on the [intranet here](#). There is no need to register.

- Wednesday June 29: 4pm-5.15pm
- Wednesday July 13: 4pm-5.15pm

If you have a question for our expert panel, you can send it in advance to: [bfbw.providercollaboration-lsc@nhs.net](mailto:bfbw.providercollaboration-lsc@nhs.net), marking 'Colleague Briefing' in the subject title. Alternatively you can ask your question on the day. All Q&As will be collated and shared.

You can read more about our Provider Collaborative on the LSC Collaborative [webpage here](#).

## Colleague remembered with peaceful new 'Heather suite'

**An end of life suite has been opened at Abbey View FGH. The new 'Heather suite' will be a valuable resource to patients who are nearing the end of their lives and their families who wish to stay with them at that time in peace and comfort, but have the security of 24 hour nursing care without feeling like they are on a hospital ward.**

The suite is dedicated in memory of Nurse Heather Langhorn. Heather previously worked on ward 8 and started at Abbey View in 2006, she was a Sister on the ward for most of that time, and periodically acting ward manager.

Sharon Moore, Ward Manager said "She was a very hard working nurse, with very high standards and put the patient at the centre of everything she did. She was very well respected by her colleagues, not only on the ward, but the wider hospital and her work ethic and standards have continued on Abbey View."

Heather sadly passed away in April 2021 from breast cancer.

Sharon said "It was around the same time that we were putting plans together to create an end of life suite on the ward, and seeing the impact that Heather's passing had on the staff prompted me to ask if we could remember Heather in some way through this room.

"One of my colleagues who knows Heather's husband and daughter spoke to them about it and that is how it was developed, including some personal touches to ensure that Heather's legacy lives on at Abbey View."



## Fab Change 22 to 23



**Fab Change is back! And it's going to be celebrating NHS improvements in an even bigger and better way. Rather than being celebrated on one day, like previous years, it will now be celebrated throughout the year:**

*"We are going back to the beginning and starting with a pledge - but rather than a focus on one specific day each year, we will have 4 stages and modules of activity supporting change, reflecting the four seasons of the year and allowing time to plan change activity within organisational challenges. Every individual, organisation and department is at a different point in their quality improvement and sharing journey."*



The first of the four modules requires you, your team or your service to make a pledge and will focus on pledging to [#Reconnect](#) and [#Recharge](#). This pledge could be to embed a new practice, or to better share innovation, or to learn about a new service provision. The options are endless! This is a great opportunity to bring your team together, to gain new learning, boost your effectiveness, but importantly improve our patients' experience.

Fab Change 22 to 23 launches on the 4<sup>th</sup> July. You have until the end of August to make your pledge and The Hive are here to support anyone who wants to take part.

So, if you would like to take part in this great initiative, visit the website by clicking on the following link [Fab NHS Stuff](#) where you will find out more information and how to make your pledge.

You can contact the Hive by email: [thehivebhcp@mbht.nhs.uk](mailto:thehivebhcp@mbht.nhs.uk)



**The Hive - Improving Together for a Shared Purpose**

## July People Pulse coming soon!



**Listening to your views remains as important as ever to us. We are using the People Pulse, a survey now sent out quarterly, to regularly check in with you and help improve the support we provide as an organisation.**

By sharing your views, you will help us improve the support we provide to you.

Feedback from previous People Pulse has helped make improvements to colleague experiences across our Trust, such as:

- Through the Pulse survey in July last year colleagues told us about the need for psychological well-being support. Based on your feedback the Health and Wellbeing team set up listening sessions, support packs, and direct team coaching, which have been accessed by hundreds of colleagues.

**Your voice counts and we want to hear from you so please take 5 minutes to share your views when People Pulse goes live on July 1st.**

People  
PULSE





## UHMBT supports Lancaster Pride 2022

**Pride 2022 was celebrated in Lancaster on Sunday with a parade through the city centre.**

UHMBT was one of the many supporters of this year's Lancaster Pride and a number of colleagues from the Trust joined the colourful procession.

[Here are some photos from the event.](#)

## World Continence Week

**The Baywide Bladder and Bowel Service and the South Cumbria Womens Health Physios would like to share their campaign to promote World Continence Week, 20-24th June 2022.**

The team said "we have been promoting a healthy habit to our care group colleagues, engaging with some community teams to see if they can taste the difference between caffeinated and de-caffeinated coffee.

"Staff reported that both options were enjoyable, and the majority couldn't taste the difference. On the whole, staff were more open minded to switching to a de-caffeinated drinks to improve bladder health.

"Caffeine is a stimulant that can cause bladder urgency and frequency, and reducing bladder urgency can also reduce the risk of falls. Our aim is to influence a change to make decaffeinated drinks a default for our staff and patients in all care groups over the next year, so watch this space!

"We are grateful to all the staff who participated, and especially to those who were willing to join us in a photo opportunity." [See more photos here](#)



## Chemotherapy temporarily located on Ward 2 RLI

**From Monday 11 July Chemotherapy will be located on Ward 2 RLI. They will be running 6-8 chemotherapy chairs on two days per week, Mondays and Thursdays.**

This is the first step towards the team returning to the RLI full-time. They relocated to WGH over two years ago to allow the Orthopaedic OP department to move into their previous location on Med unit 1. This also helped facilitate the expansion of ED during the early days of COVID-19.

Ward 2 is a temporary move for the team before they take ownership of a new unit being developed on ward 3, due to be completed in Summer 2023.





## UHMBT Doctor continues to develop Emergency Medicine in Pakistan

**Building on the work Dr Asim did at the end of last year, he has been continuing educational and training activities in Pakistan to develop Emergency Medicine (EM) in collaboration with our Trust.**

Dr Asim said "EM as a speciality is still at the early stage of development in Pakistan. A lot of training and resources are required.

"I conducted two full day sessions in different institutions of Pakistan in March and April 2022 during my Annual leave."

Pakistan has one of the highest road traffic accidents to severe injury ratio in the world. Golden hour of trauma management is important to save lives and serious disabilities. Dr Asims teaching and training sessions were based on early and effective emergency treatment with basic lifesaving equipment like basic airway assessment and intervention (including IGel) haemorrhage control with limb tourniquets, recent advances and updates on resuscitation and session on trauma simulation. The sessions were very well organised by the local hospitals with an excellent participation from Emergency Medicine, Acute medicine, ICU, paediatrics and surgical trainees, doctors and nurses. It was the first time in Pakistan that nurses and student nurses were involved in the training sessions and simulations on Trauma management.

Dr Asim said "It is always very satisfying to deliver teaching and training in Pakistan and as always to receive excellent feedback and appreciation.

"I am thankful for my Department and Trust for their continuous support and acknowledgement."



## Community Care Group welcomes new tech which will support agile working and improve patient experience



**Colleagues working in the Integrated Community Services Care Group at UHMBT are receiving laptops and smartphones to enable them to work more efficiently and flexibly in any location.**

An 'agile working' pilot scheme with the South Cumbria District Nursing Team has proved highly successful and Community Services Team members say they are excited about the flexibility and the improvements to patient care that the technology is bringing.

One district nurse who took part in the pilot scheme says being able to access records in a patient's home has "revolutionised" district nursing. Another colleague says agile working has enabled her to increase her capacity for visits as she no longer needs to be concerned about returning to base to complete documentation – it can all be completed online while out in the community.

The successful pilot scheme has demonstrated that working with the latest digital technology provides significant patient, staff and system benefits by enabling colleagues to access shared records and information in patients' homes, improving the timeliness to receiving care, and offering better outcomes as well as an improved staff and patient experience. [You can read the full story on this link on the intranet.](#)



## Focus on: Sterile Services team

**Our Sterile Services department is responsible for ensuring that reusable medical devices, such as endoscopes and other surgical devices, instruments and equipment are cleaned, sterilized and repackaged, ready for reusing in operating theatres and other areas across the Trust.**

The team is made up of 62 people, 18 colleagues at FGH and 44 colleagues covering the RLI and WGH.

The collection, cleaning and delivery process all takes place within a 24-hour period, with the RLI team driving to WGH on a daily basis to collect equipment before returning the next day.

Stuart Coyle, a Sterile Services Technician working in the Trust's Hospital Sterilisation and Disinfection Units (HSDU), said: "There are literally hundreds of pieces of equipment and we have to remember each piece by name to ensure nothing is missing.

"Without our team, there would be no clean surgical equipment to help save patient's lives or carry out the procedures that make people's lives better."

Last year, our Sterile Services teams cleaned, sterilized and repackaged 79,304 theatre instruments and 19,202 Endoscopy Scopes.

Sterile Services is a crucial part of our Trust and the wider NHS, and we want to say a huge **thank you for everything you do!**

If you would like to send a special message or thank you to our Sterile Services team, or any team in UHMBT, please complete our [website Thank You form](#).



## Colleagues wish Claire Alexander a happy retirement

**Claire Alexander, a long-serving, loyal and fun-loving employee of UHMBT, is set to retire from the Trust on Thursday 30 June, having worked in the NHS and in our organisation for an impressive 37 years.**

Originally from Glasgow, Claire has held many roles within the Trust, most recently as the Recovery Support Programme Director and has held numerous other key leadership posts at UHMBT.

Jane Kenny, Lead Nurse for the New Hospitals Programme, said: "Claire has been a fantastic support to the Trust for an amazing 37 years.

"Furness General Hospital opened in 1984 and Claire has been here for almost the same amount of time, joining the Trust as a teenager a year later. I know that as a local resident, the quality of the care delivered by the local hospitals means a lot to her. Claire has dedicated her working life to doing the very best she can in every role she has held to make the services delivered by the organisation the best that they can be. [Continue reading](#)





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life's journey  
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Issue 794 28 June 2022



University Hospitals of  
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## Everyone's feedback is welcome at our Behavioural Standards Framework sessions



Following everyone's feedback on our Moving Forward platform, we have reviewed and published our new Trust Vision and Values and now it is time to focus on our Behavioural Standards Framework (BSF). We are keen to hear from everyone to learn about how we can work together to improve our approach. What do you think is working well with the BSF? What can we do to make it more meaningful for everyone, details of the sessions are below and we hope to see you there! **Feedback Sessions :**

**Tuesday 28 June:** Heysham Primary Care Centre (opposite staff room)  
8.30am - 10.30am, RLI canteen - 11.30am onward. Face to Face

**Thursday 30 June:** Ulverston 9.30am, Consulting Room 1, FGH Canteen -  
11.30am onwards. Face to Face

**Friday 1 July:** Grange Health Centre, 8.30am, Consulting Room 16, WGH  
Canteen, 11.30am onwards. Face to Face

**Monday 4 July:** 8am - 8.30am, [click here to join Team Session](#). Noon-12.30pm, [click here to join Teams Session](#),  
4pm - 4.30pm, [click here to join Teams Session](#)

**Tuesday 5 July:** 8am - 8.30am, [click here to join Teams Session](#), 12.30pm - 1pm, [click here to join Teams Session](#),  
4.30pm - 5pm, [click here to join Teams Session](#)

The [full story is on the intranet on this link](#).



## Do you have a spare room that you could rent to a colleague?



**Homestay**  
.com

Do you want to rent a room from a colleague?

Then our Homestay NHS to NHS accommodation booking website is the option for you.

For further information, please visit: <https://uhmb-nhs.homestay.com>

## Health Literacy Awareness Sessions

**Nearly half the adults in England (43%) struggle to read and understand health information.**

Our health literacy awareness session will be an introduction to health literacy, why it matters and how it impacts on patients and the NHS.

#SupportBetterDecisions by learning how to empower patients by improving their understanding of health information.

These one-hour awareness session will be delivered via MS Teams, please use the links below to join:

Wednesday 6 July 10:30am – 11:30am - <https://tinyurl.com/2m3vxbch> ; Thursday 7 July 2pm – 3pm -  
<https://tinyurl.com/yzaz67jz>

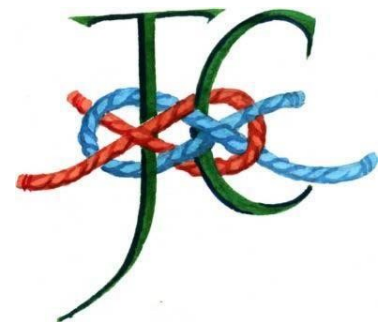


"Creating a great place to work and a great place to be cared for"



## Always Hold my Hand, by Lucy Wilcock

*It may start as a little niggles a doubt inside my head,  
That have I forgotten to turn out the lights or which room will I find my bed.  
I may forget the name of people I see in the street,  
Ignore friends passing who I would usually greet.  
But just hold my hand and reassure me,  
Being there for me now is even more key.  
I feel in my heart how I need you more than ever,  
Feel scared and lost when we are not together.  
I worry how I will get on your nerves, I see you need to cry,  
But I can't be any different now, no matter how hard I try.  
Daily tasks how do I make that cup of tea or where does that belong?  
The days may now seem darker than before and often they feel long.  
I may now struggle to get myself dressed,  
But please try to be patient and not too stressed.  
I need your help now more and more,  
Desperate to feel useful but feeling like a chore.  
But there are so many things that I can still do,  
Helping you do housework and puzzles to name a few.  
So many special times still, though we go through together many changes,  
Ups and downs daily, and new emotional ranges.  
So reminisce with me about the good old days,  
About my hobbies and how I make you smile in so many ways.  
I want to remember I really do,  
But do try not to ask me to.  
For the memories I had have fallen from the shelf,  
Toppling one by one a bit like my health.  
You miss me so and grieve for me though I am still here,  
So remember me, hold me close and always keep me dear.  
Though you worry I have slipped away that I am already gone,  
I am here with you always, so hold my hand until my life is done.*



This poem has been written by one of our staff and dementia champion Lucy Wilcock, it is so well written and is a great reminder of how hard it can be to have/look after someone with dementia.

Dianne Smith, Matron for Dementia







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## 72 hour report training

The Patient Safety Team will be holding open sessions for 72 Hour Review Report Training. The training session will provide an overview of how to complete a 72 hour review in Ulysses.

These sessions will be held virtually via Microsoft Teams on each Tuesday at 11am and Thursday at 3pm, between the 5th of July and the 30th of August.

The links to join the sessions are provided [here on the intranet](#).

## Health care risk and risk management training

The course is aimed at Trust wide colleagues, all staff groups and band 7's and above who have risk management responsibilities.

This course will provide sufficient knowledge and understanding of risk management principles and practises used across the organisation giving a consistent single approach and supporting the development of a good culture of managing risk. The course contains a background on Risk management and processes, culture, video's illustrating examples of risk, risk creation and assessment, use of the scoring matrix, escalation of risks. [See dates and times here](#).

## Dementia Café at St Mary's Hospice

Launching Thursday 14 July, 1pm—3pm.

A safe and supportive environment for you to discuss your own dementia diagnosis or somebody else's. A place where you can get advice from professionals or people experiencing a similar journey to your own.

[Find out more on this flyer](#).

## LGBTQ+ inclusion 'Lunch and Learn' sessions

A series of training sessions hosted by Lancashire LGBT have been arranged for NHS colleagues in Lancashire and South Cumbria. You don't need to book - just follow the links on the [intranet here](#) for the session you wish to join! All will be held virtually on Microsoft Teams.

- LGBTQ+ Inclusion in the Workplace—Wednesday 6 July, 12pm-1pm
- Supporting LGBTQ+ Service Users—Wednesday 27 July, 12pm-1pm
- Supporting Trans and Gender Diverse Service Users—Tuesday 2 August, 12pm-1pm

## Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact [policy.coordinator@mbht.nhs.uk](mailto:policy.coordinator@mbht.nhs.uk). [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

## Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 24th June

6 1 1 9 8 5

Play the Bay Hospitals Charity Lottery online now!

Visit [www.bayhospitalscharity.org/lottery/](http://www.bayhospitalscharity.org/lottery/)

and help make a lotto difference across  
Morecambe Bay Hospitals.

