

Weekly News

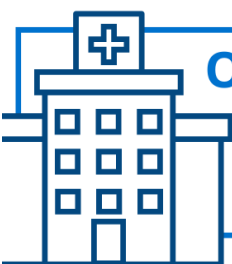
Celebrating 30 years of WGH

Westmorland General Hospital opened its doors to patients in 1991 with many staff transferring over from the old Westmorland County and Kendal Green hospitals and Meathop Hospital near Grange-Over-Sands.

Her Royal Highness the Princess Royal officially opened Westmorland General Hospital on 6 July 1992. Pictured bottom right.

Aaron Cummins, Chief Executive said "It is great to see WGH at 30 and it is a real testament to the teams that work there that so many colleagues have stayed at WGH for 25+ years."

If you have any memories, stories or photos you'd like to share from the past 30 years at WGH please send these to Weekly.news@mbht.nhs.co.uk and we will be featuring these throughout the year.



Officially opened in 1992

Westmorland General Hospital was officially opened by Her **Royal Highness the Princess Royal** on 6 July 1992



On opening the hospital cost
£24 million



Community services

Many of our community services are based at WGH and the surrounding areas including:

Kendal night District Nurses, Respiratory team, Specialist Palliative Care team, Podiatry and Community Physio/Therapy, Bladder and Bowel Clinics - find more on our website



Employs more than
559 staff



25 + years served by more than
35 employees



Upcoming recognition and reward engagement sessions

In our Trust, we want to ‘create a great place to work’; and as part of that promise, we want our colleagues to feel recognised and be rewarded for the work they do.

That is why we’re looking at how we can better acknowledge the contributions of our individuals and teams; and offer genuine and fair recognition as well as tangible rewards for a job well done. To ensure this scheme is right for our colleagues, we have put in place a series of engagement sessions where we would love to talk with you and listen to your thoughts about what a UHMBT reward and recognition scheme should look like. These sessions are open to all colleagues.

The next sessions will run on the following dates and times ([click here for all dates](#))

Virtual meeting via Microsoft Teams: - Wednesday 27 July from 11am - 11.30am ([click here for link to join](#))

In person sessions (these will take place in the site canteens) — RLI—Monday 1 August from 1pm - 1.30pm; WGH—Wednesday 3 August from 1pm - 1.30pm; FGH restaurant on Friday 5 August from 1pm - 1.30pm

NHS Staff honoured with George Cross presentation

The head of England’s NHS has praised the exceptional efforts and skill of health service staff across the country, after being presented the George Cross by Her Majesty The Queen at Windsor Castle.

In an audience at Windsor Castle, NHS England chief executive Amanda Pritchard was joined by May Parsons, a matron for respiratory services who delivered the world’s first Covid vaccination in December 2020, to receive the award.

The George Cross, awarded to the four National Health Services of the UK, is in recognition of over 74 years of service including the exceptional efforts of NHS staff across the country during the Covid-19 pandemic. The presentation came exactly one week after the NHS’ birthday. [Read more on the intranet.](#)



Make your nomination in the Patient safety awards



To coincide with our second annual Patient Safety Day that will take place on September 14 we have launched the UHMBT ‘Patient Safety Awards’.

This new awards scheme is intended to encourage, celebrate and help spread quality/patient safety improvement across the trust and to recognise those individuals who have gone ‘above and beyond’ in providing safe and compassionate care for our patients.

You can make a nomination using this [form](#). deadline for nominations is 19 August and the awards will be announced at our next Patient Safety Day on 14 September.



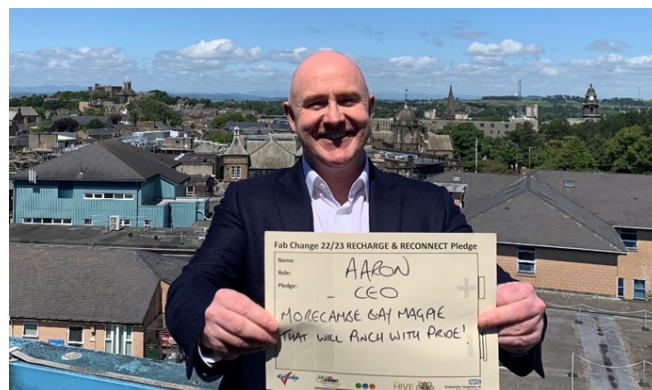
Fab Change 22 to 23



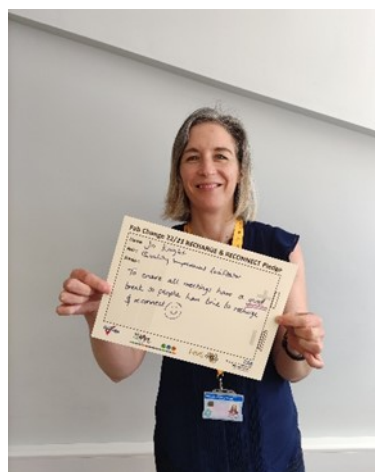
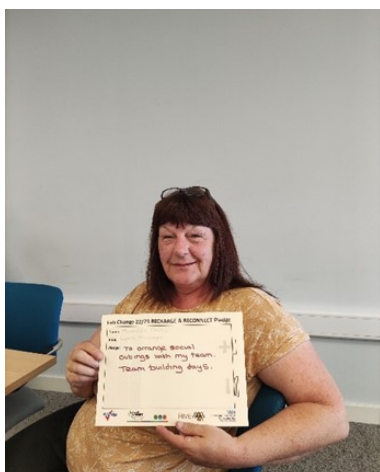
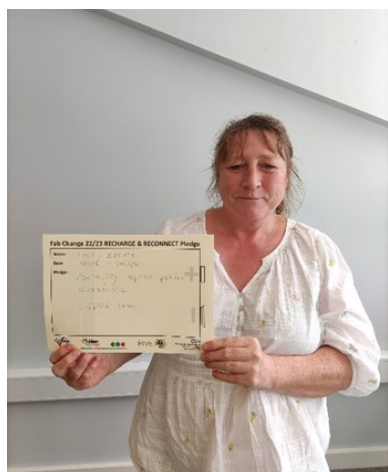
We are really happy to see the Fab Change 'Recharge & Reconnect' pledges coming in.

For those that are not aware, we are once again collaborating with our partner The Academy of Fabulous Stuff for Fab Change 22 to 23. This year the theme is Recharge and Reconnect. The challenge...to make a pledge toward that theme.

Take a look at some pledges we have received so far.



[View a message from Aaron Cummins here](#)



We would love as many pledges as possible as it's a really fantastic opportunity for you, your team or your service to reflect and help make our workplace the best it can be.

To contribute your pledge, you need to download the template by clicking the following link:

[Fab Change Pledge Template](#)

After which you can either print the template, write your pledge and then take a photo with the pledge and send it to thehivebhcp@mbht.nhs.uk.

Alternatively, you can complete the pledge digitally. Once downloaded, go to 'save as' and save your own version of the document in your One Drive Folder. Once completed send it to thehivebhcp@mbht.nhs.uk.

We look forward to hearing your 'Reconnecting & Recharging' pledges.



The benefits of your FT Membership

As you will hopefully be aware, as colleagues, you are automatically enrolled as Staff Foundation Trust Members for our Trust. For those that were working with us when we became a FT in 2010, you will have been enrolled around that time. If you joined us after that, you will have been enrolled on your appointment with us and should have received further information as part of your corporate induction. The only exception to this is if you chose to opt out of Membership at any point.

We wanted to take the opportunity to remind you of the benefits of being an FT Member, how to sign up for more regular updates, how you see what information we hold about you as Members, and how to opt out of Membership if you want to. **This week we look at: What are the benefits of being an FT Member?**

- Receiving newsletters and up to date information about the hospital and services
- Consulting you on future developments of your hospitals
- The opportunity to give you views and opinions about your hospitals
- You will be able to stand as or vote for your representative on the Council of Governors
- Invitations to special events and meetings

[Continue reading on the intranet](#)

Feedback on the Safeguarding Duty line

The Safeguarding Duty line has been operating for two years now. Safeguarding is everybody's business. Please take a few minutes of your time to tell us your thoughts about the safeguarding duty line and how we could make it better for you. Complete the survey on this [short form](#).

EASE service reminder – new manager's process



At the beginning of July we went live with our new health and wellbeing service Early Access to Support for Employees (EASE).

This new service will make sure that colleagues get the support they need if they need time off work with mental health or musculoskeletal issues - right from the start of being unwell.

We'd like to remind managers there is a new process for reporting these absences so colleagues can be contacted by the EASE team.



- **Input the absence on the e-roster before 11am** with Mental Health or Musculoskeletal issues as the reason for the absence and ensure the contact details are correct - **If the employee is not on the e-roster** then a simple one page [Day 1 Absence Referral form](#) needs to be completed and emailed to the EASE Service by yourself by 11am.
- If this information is not submitted on day one of absence it will not be actioned. **If the member of staff contacts you after 11am you will need to fill in the above Day 1 Absence Referral form.**

[Click here](#) to view the full manager's process guidance. - EASE is an external but additional friendly service that sits alongside our existing wellbeing offers you can access through our Trust's Occupational Health (OH) services.



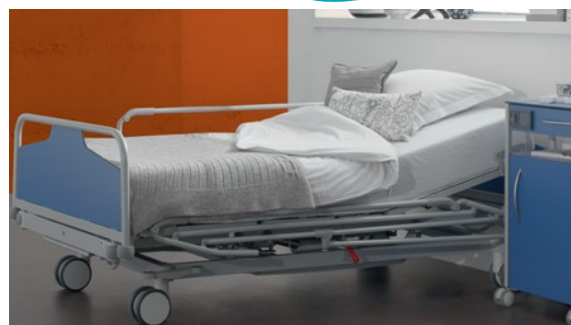
Clinical RLI Olympia bariatric beds

The trust has now purchased its own bariatric beds and there are 2 beds available to use on site, saving wards the need to hire beds at £40/day.

Storage: When not in use they will be stored in the bed store.

The beds will be stored as single beds and will need widening when in use. **Mattress:** The mattresses will be found in the entrance to the bed store and are blue Dyna-Form. **Pump:** Should you need a pump to support further pressure relief, these will

be stored on the shelf along with the black cable and are labelled with a yellow bariatric sign- Please do not use the pumps for the red mattresses as this will not pump enough air around the larger mattress. Likewise, if you use the bariatric pump on a red mattress, it will pump too much air around the mattress. For further information please contact Pauline.Fox@mbht.nhs.uk



Clinical Audit Update

The Clinical Audit and Effectiveness Team are returning to site at FGH from this week (18 July).

The Team is available to discuss all things Clinical Audit and NICE and answer any audit related queries Monday to Friday each week between 9 - 5pm. Unable to drop in? We are also available on Microsoft Teams, please drop us a line! We look forward to seeing you all again soon! The Clinical Audit and Effectiveness Team.

Importance of offloading heels

Pressure ulcers remain a challenge for the patients who develop them and the health care professionals in their involved in their prevention and management (NHS improvement 2018).

Colleagues have raised concerns that they believe the trust has seen an increase in heel pressure damage, despite the roll out of the new hybrid mattresses. Areas of the body like the sacrum and the heels, are more at risk than others, mostly due to their bony prominences and lack of subcutaneous tissue. Since these areas are rather isolated, there will often bare the lying share of the weight in their section of the body, leading to painful pressure ulcers, that are difficult to heal. To avoid ulcers, pressure, shear and friction must be dealt with, which are the main factors to consider when choosing a heel pressure relief product.

Offload pressure – for patients at risk or with early signs of pressure damage to the heels, use device to completely lift the heels off the bed i.e. Repose heel protector or wedge.



Or can use **redistributing aids** to protect intact, at risk areas, especially bony prominences. i.e. Kerrapro



For further advice and support, contact your Tissue Viability Service:
Kieron McCracken: 07966 626 478 or Clare Loco: 07972 623 152

Pictures obtained from NHS Improvement Pressure ulcer categorisation group (2019) Available from <http://nhs.stopthepressure.co.uk/>



Transfer of Care Hub development in Morecambe Bay

A new Transfer of Care Hub is set to launch on Monday 5 September 2022 with the aim of ensuring patients in North Lancashire, South Cumbria and Furness are discharged from hospital on the right pathways, with the right discharge information, and that they get the right onward care and support.

The Discharge Team and Discharge Co-ordinators from University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT) will form the hub, working together with partners across the system from health, social care, housing and the voluntary sector, to ensure services are linked and integrated care is provided.

The Transfer of Care Hub will continue to work closely with the Intermediate Care Allocation Team (ICAT) in North Lancashire, and Adult Social Care colleagues in South Cumbria and North Yorkshire. The Hub structure, and pathways, will ensure integrated working is further developed across Morecambe Bay, to support people to be discharged from hospital.



The Transfer of Care Hub has been put in place as part of the Trust's new hospital discharge policy that was renewed this year and is in line with the [Government's Hospital Discharge and Community Support Guidance \(March 2022\)](#). For the full story go to the Trust intranet [here](#).

Bay Health and Care Partners (BHCP)

Bay Health and Care Partners (BHCP) Place Based Partnership continues to show great strength and commitment to work collaboratively in 2022/23. Our focus remains on supporting patients and local people to enjoy their lives, in good health, for as long as possible.

Teams have worked tirelessly over the past 24 months, both to manage the impacts of the pandemic, but also to accelerate our recovery and now living with Covid. The demanding rollout of the Covid-19 vaccination booster programme has been significant but rewarding – thanks to the contributions of all partners, alongside many volunteers. The partnership has continued to ensure communities had the best opportunity to receive their first, second and booster vaccination quickly and safely.

Bay Health &
Care Partners
delivering



Where possible, BChP continues to take forward transformation programmes and progressed its aims for integrated care in light of the national health and care system reforms which take effect on 1 July 2022. Work continued to develop and support the system reform programmes across health and care both within the Place Based Partnership, and the wider impact across Lancashire and South Cumbria Integrated Care Board.

[Visit the intranet here](#) to read more about:

Exporting local projects; Workforce Development; Planning for the future.



UHMBT Nursing and Midwifery Long Covid Network

This network offers a safe space where professionals working through the impacts of Post Covid Syndrome aka 'Long Covid' can have a voice, a voice that will be heard.

The underpinning aims of the network are to support the voice of nursing and midwifery colleagues, to discuss areas of practice important to us, our colleagues and those we serve and to act as an advisory group for NHS England and NHS Improvement ensuring the sharing of best practice and learning as it emerges. Key areas of discussion will include education training opportunities, tools and resources to support practitioners and how emerging Long Covid research and evidence bases can support us in designing and delivering high quality services.

The voice and perspectives of nurses and midwives have been recognised as crucial to the commissioning, modelling and delivery of holistic health offers for those within ongoing symptoms or pathology. To support this, this network brings together nurses and midwives from across England including those working patients with Long Covid, colleagues with Long Covid and those with a specialist interest in this new condition.

To find out more about the network please email: longcovidnetwork@mbht.nhs.uk

Obstetrics and Gynaecology Audit News!

The Obstetrics and Gynaecology contact details are changing.

From 1st August 2022 the email address for O&G Audit will be: WomensAuditTeam@mbht.nhs.uk From this point onwards please use this email address for all audit support, submissions and queries.

New Stroke Dashboard demonstrates that excellent teamwork is improving patient care and safety

Stroke patients are receiving higher levels of care and treatment thanks to excellent teamwork across our Trust.

This fantastic teamwork involving many of the Trust's services has led to significant improvements for patients and improved Sentinel Stroke National Audit Programme (SSNAP) results.

A new 'Stroke Dashboard', which has been created to capture our SSNAP data and monitor how our Stroke Service is performing, is providing clear evidence that our improvements are having positive benefits for our patients.

Multiple teams across the Trust have been working together as part of the Stroke Service Improvement Group and contributing to the stroke improvement work.

The Stroke Dashboard has been designed and developed by Thomas Timson, Lead Analyst for Medicine and Urgent Care in the Trust's I3 Team, working closely with Holly West, Clinical Audit and Effectiveness Facilitator and SSNAP Data Coordinator, to bring together all of our SSNAP data in one place for the first time.

You can [read the full story on this link](#).



Leadership Programme sessions are a big hit with colleagues



The new UHMBT Leadership Programme has had a hugely positive response so far, with 100% of participants saying they would recommend the face-to-face sessions to other leaders.

A total of 89 participants have attended the in-person, one-day module for colleagues with leadership responsibilities and 100 per cent said they would be ambitious in doing at least one thing differently as a result of attending the course.

In addition to this, 98% of participants said they believed that the topics covered in the course – for example coaching, one-to-ones, team meetings, how to manage and such like - will help us to move forwards as a Trust toward a culture of being 'Well-led as together we can improve care and safety for our patients by making this a great place to work. [Read the full story on this link](#)



New UHMBT Culture Change Champions focus on making a positive difference for all colleagues



Our new Culture Change Champions met together for the first time at a special workshop on Thursday 14 July to start focusing on ideas for transforming and improving our culture and leadership at UHMBT.

More than 50 colleagues from across our Trust gathered to share their thoughts and ideas on making a positive difference for everyone.

Karmini McCann, Head of Culture Transformation for UHMBT, said: "I'd like to thank everyone who was able to join our Culture Change Team workshop - what a fantastic day it was! The energy in the room was fabulous; it was great to see everyone connecting and to hear the enthusiasm for a new and fresh approach."

[Read the full story on the intranet here](#)



Research Survey: Heat stress on NHS healthcare workers

The increased usage of PPE and incidences of overheating in hospitals has led to a greater awareness of heat stress (perceived discomfort and physiological strain associated with exposure to warm/hot environments e.g. feelings of overheating) experienced by health care professionals. However, the prevalence and severity of heat stress experienced by NHS staff is currently unknown. Therefore, the aim of the survey based study is to evaluate the incidence of heat stress experienced by health care professionals in NHS health care settings and how health care professionals manage or mitigate heat stress in their working environment. The study is also aimed to assess whether any heat stress experienced has an influence on health care professionals' health, well-being and/or performance in work-related tasks.

[A link to the survey is here](#), the survey should take approximately 10-20 minutes to complete and has been ethically approved by Coventry's University Ethics Committee and HRA. The results from the survey will be disseminated to certain bodies within the NHS to inform future policy if required.

Barrow Day Nursery and Preschool's Summer Get-Together! Saturday 30th July, 10am - 1pm

Join the fun-filled summer get-together!- You and your little one are invited to meet the friendly nursery practitioners along with some of our Bright Horizons families, to enjoy fun yet educational games, activities, crafts and more.

If you are looking childcare, this is your chance to learn more, ask questions, and make new friends at the same time! Call today to secure your space on: 0330 127 5268 or secure a space via the form on [their website](#).



Celebrating SIREN's second year anniversary

We would like to thank all staff members who have been involved in the SARS-COV-2 Immunity and Reinfection Evaluation (SIREN) study to date for their vital contribution to the COVID-19 pandemic response. This includes colleagues who have volunteered as study participants and undergone fortnightly testing and provided quarterly blood samples, in addition to the research teams who have led the study on behalf of our organisation.

Thanks to you we know more than ever about COVID-19, including a greater understanding of the effect of vaccines, the burden and impact of reinfections, and the combination of the two.

For interested staff members, more information on the SIREN study can be [found here](#) – this includes the latest research outputs. To join the conversation on Twitter please use #SIRENstudy @UKHSA @SMHopkins.

Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact policy.coordinator@mbht.nhs.uk. [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 15th July

2 5 8 9 7 3

Play the Bay Hospitals Charity Lottery online now!

Visit www.bayhospitalscharity.org/lottery/

and help make a lotto difference across
Morecambe Bay Hospitals.

