

Weekly News

Nominations are now open for UHMBT Council of Governors election 2022

Are you interested in representing the views of your colleagues? Why not put yourself forward to become a Governor? We are looking for seven Public Governors and four Staff Governors who will play a vital role as part of the Council of Governors.

The elections formally began on Wednesday 27 July 2022, and there are vacancies in the following constituencies:

Staff Governor seats

- Nursing and Midwifery (1 vacancy)
- Estates and Facilities (1 vacancy)
- Community (1 vacancy)
- Allied Health Professionals (1 vacancy)

Public Governor seats

- Two seats in Barrow and West Cumbria (2 vacancies)
- Two seats in Lancashire and North Yorkshire (2 vacancies)
- Three seats in South Lakes and North Cumbria (3 vacancies)



Find out more about how to [apply here on the intranet](#).

Lancashire and South Cumbria ICB stakeholder briefing: place-based partnership review

NHS Lancashire and South Cumbria ICB carried out a review exploring the option of aligning the place-based partnerships to the four local authority boundaries to promote and enable deeper integration and collaboration with health and social care in order to improve population health, hospital flow and discharges into the community.

On Wednesday 27 July, the board of NHS Lancashire and South Cumbria made a decision based on a paper setting out recommendations following the review. The paper can be found online in the ICB board papers.

The role of place-based partnerships is integral to the future of the Lancashire and South Cumbria system achieving a collaborative approach to health inequalities and the wider determinants of health for our communities throughout the life course.

Please [find on the intranet](#) a link to a full stakeholder briefing regarding the review and the decision made and a set of Frequently Asked Questions (FAQs) which aims to give colleagues and stakeholders answers to queries they may have.





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University Hospitals of
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Membership newsletter - Summer 2022

We produce a newsletter every quarter to update our Members about everything that's happening across the Trust.

This latest edition includes contributions from colleagues, Governors and our public members, and showcases the milestones and top stories from the past few months.

Please take a few moments to have a look at our [Summer 2022 Membership newsletter](#) and if you would like printed copies, need further information about memberships or would like to become a Member, please contact the team at FTmembership.Office@mbht.nhs.uk



Your Foundation Membership—how to receive updates

As you will hopefully be aware, as colleagues, you are automatically enrolled as Staff Foundation Trust Members for our Trust. For those that were working with us when we became a FT in 2010, you will have been enrolled around that time. If you joined us after that, you will have been enrolled on your appointment with us and should have received further information as part of your corporate induction. The only exception to this is if you chose to opt out of Membership at any point.

We wanted to take the opportunity to remind you of the benefits of being an FT Member, how to sign up for more regular updates, how you see what information we hold about you as Members, and how to opt out of Membership if you want to. This week we're focusing on:

How to receive updates from the Trust

If you'd like to receive more regular and relevant information about our services, you can do so by supplying us with a personal email address that we can send news and updates to from across the Trust. If you would like to do this, please send your email address to ftmembership.office@mbht.nhs.uk including your full name, DOB, and home address so that we can validate the details and ensure we are applying the right email address to the right record.

Planning for Success - Sustainable Financial Improvement Programme Update



Our Sustainable Financial Improvement Programme (SFIP) update for July is out now.

You may have seen that improving our financial performance is also one of our 'Key Areas of Focus' for 2022/23.

This edition includes our monthly update on the Trust's overall financial performance, and a focus on Business Intelligence (BI) at UHMBT.

You can [read the full report on the UHMBT intranet by clicking here.](#)



"Creating a great place to work and a great place to be cared for"



Share your thoughts on our 'out of hours' catering service for colleagues



A substantial number of colleagues in the Trust work shifts - particularly night-time and weekends - and we recognise the need for the provision of good quality nutritious food for colleagues at all times of the day. It is just as important that a colleague can enjoy a healthy meal at 2am, as it is at 2pm!

This five-to-ten-minute digital survey will ask for your views on how best the Trust can provide a food service outside of normal working hours (9am-5pm, Mon-Fri). Simply scan the QR code or visit this link

<https://bit.ly/3vbnM1p>

This survey is for all UHMBT colleagues who work 'out of hours' across Morecambe Bay. Responses are anonymous however there is an option at the end of the survey to be entered into a prize draw for a £20 Amazon gift voucher.



All colleague briefing sessions – August - March

Hosted by Aaron Cummins, Chief Executive, the monthly colleague briefing sessions are a great opportunity for colleagues to hear the latest updates about the pressures the Trust is facing, the COVID-19 pandemic, and plans for 2022/23. Upcoming dates:

- 30 August – 2pm – 3pm
- 26 September – 1pm – 2pm
- 25 October – 12.30pm – 1.30pm
- 23 November – 12.30pm – 1.30pm

Find the links to join and future dates on the [intranet here](#).



Lancashire and South Cumbria Reverse Mentoring Programme

Would you like to be reverse mentored by a colleague from an underrepresented or minoritised group working for the NHS across the Lancashire and South Cumbria Health and Care Partnership?

Would you like to reverse mentor a senior leader from across the Lancashire and South Cumbria Health and Care Partnership? Could you be one of the courageous reverse mentors who help our senior leaders to deeply reflect upon and challenge their attitudes to inclusion?

A further engagement session has been planned for Friday 5 August 1.30pm-2.00pm to find out more. You can use this [link to](#) join or email jessica.payne@mbht.nhs.uk to have the invitation forwarded to your calendar.



Podiatry team celebrate successes at away day

The podiatry team held an away day on Wednesday 29 June.

In the morning the Team were joined by Louise Corlett (DOO). Louise greeted the team and took the opportunity to talk through the directorate structure and answer colleague questions. Debbie Nelson (ADOO) joined the team for the afternoon and took part in the team's workshops looking at how we develop patient empowerment and efficiencies.

Graham Holt, Clinical Lead, Podiatry said "The day was a chance for the team to come together bay wide for the first time since covid and under a new clinical lead. We celebrated successes and achievements through COVID and reflected on the things we had learnt.

"Opportunities were taken to understand how things are done cross-bay leading to greater understanding within the team and opportunities to improve aspects of the service.

"We also worked on developing the service by looking at how we deliver care to our patients, improving efficiency, innovating practice and empowering patients to manage aspects of limb threatening care themselves."

New Nursing degree partnership between University of Central Lancashire and local NHS

Intended for delivery in January 2023, the new pathway will see the modified programme being operated from a new satellite centre at Preston College with the theoretical elements being delivered by NHS staff and UCLan. Students will then receive their clinical placement with their local Trust, subject to capacity.

The programme has been created to help address the increasing shortages of adult nurses across local acute trusts including Blackpool Teaching Hospitals NHS Foundation Trust, East Lancashire Hospital NHS Trust, Lancashire Teaching Hospitals NHS Foundation Trust and the University Hospitals of Morecambe Bay NHS Foundation Trust.

Work is now underway alongside UCLan to create a number of open events across all four Trusts where potential students can learn more about the programme. Dates, contact information and application details will be communicated soon.

Check your compliancy—Information Governance training

Due to the Covid pandemic, the validity periods for the courses that make up the Core Skills Framework were extended by 12 months so that staff were able to concentrate on patients without having to worry about remaining compliant. However, because of a contractual obligation to the national NHS network, we are required to return the validation period of the Information Governance course to 12 months. This means that if you have not completed the training in the last 12 months, you will now be considered non-compliant. The course should reappear on your To Do list when the TMS reminder emails are sent - if you do not see it on your To Do list, please contact your department's TMS coordinator or the TMS Admin team.





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Endoscopy and Changeology improvement project



Over the last 14 weeks, the Endoscopy teams Cross-Bay have undertaken an improvement programme in collaboration with Changeology.

The teams have worked together cross-bay to deliver an improved, safer way of working in their booking and scheduling services, to ensure they are delivering the best service for patients, pre-procedure. With Changeology's support, their performance has been recognised at executive level, and the Trust extends a massive congratulations to the teams involved on a job-well done. UHMBT are now on track to see an additional 700 patients this year compared to last.

Visit the new Health and Wellbeing website for colleagues



We are pleased to share the new colleague Health and Wellbeing Website which is accessible 24 hours a day, 7 days a week. The website has been designed in collaboration with the ICS and provides staff with health and wellbeing information, tools and resources.

You can find the following topics covered within the website:

- Personal Wellbeing including mental wellbeing, physical wellbeing, healthy lifestyles and financial wellbeing; Relationships; Professional Support

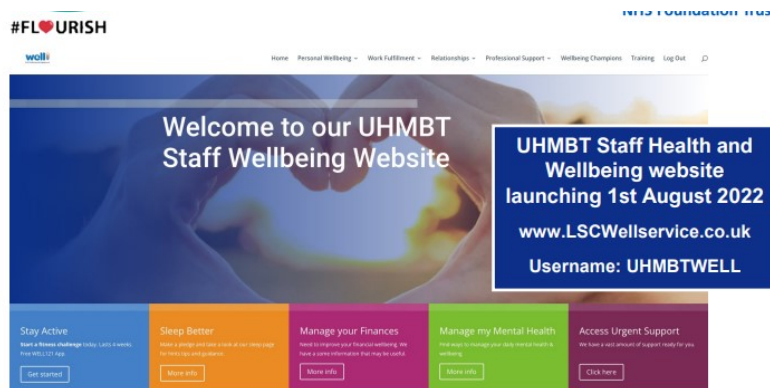
In addition to information and signposting details, you will find:

- Bitesize learning modules – take 10 minutes to read information on a variety of topics; A variety of hints and tips to help you to make small but achievable health changes; Monthly challenges and pledges, aimed at improving your health and wellbeing and access to a new and exciting tracking app; Useful videos helping you to understand health topics and participate in healthier behaviours

So take a moment, follow the link and explore what is on offer and what you can get involved in and don't forget to let us know your thoughts. Email your comments to occhealth.referrals@mbht.nhs.uk - we would love to hear from you.

www.LSCWellservice.co.uk Username: UHMBTWELL

Please share and use the new resources below.



[Wellness site poster](#)

Health and Wellbeing
[August Newsletter](#)

Health and Wellbeing
[Calendar](#)



"Creating a great place to work and a great place to be cared for"



New Head of Charity appointed

A new Head of Charity has been appointed to lead Bay Hospitals Charity, taking responsibility for fundraising in support of University Hospitals of Morecambe Bay NHS Foundation Trust.

Suzanne Lofthouse, who previously worked as a Clinical Service Manager for UHMBT, joined the charity this week.

Full story: www.bayhospitalscharity.org/head-of-charity/



Thanks to generous supporter Ollie

Well done to Ollie Docherty, a friend of Bay Hospitals Charity, who handed out crayons and colouring sheets to patients in Children's Outpatients at Furness General Hospital.

Keep up to date with the latest from the charity on Facebook: <https://www.facebook.com/bayhospitalscharity>



New pressure relieving Hybrid mattress implementation

At the beginning of this year the Trust made the decision to upgrade our mattress stock to provide our patients with new pressure relieving mattress (hybrid mattresses and pumps).

A multi-disciplinary team led by Tissue Viability and the Infection Prevention Matron identified the new hybrid mattress and undertook extensive trials at both FGH and RLI. Support from colleagues across the Trust including Nursing, Porters, Procurement, Finance and Programme Management Office enabled successful implementation of the new mattresses at the beginning of April across all 3 sites.

The introduction of the hybrid mattresses has removed the need for the use of the dynamic and overlay mattresses which were used. This enabled a new mattress contract to be agreed resulting in a significant saving to the Trust of £300k annually. More importantly the mattresses have: - improved the quality of care for given our patients including making it easier for some to get out of bed and mobilise; supporting avoiding delays in patient flow through our hospitals by reducing the need to swop out to a different pressure relieving mattress. This significantly reduces the time taken by nursing staff to swop out a mattress releasing much needed time to care for patients.

In addition, as part of this rollout the Trust purchased bariatric mattresses to allow the implementation/use of the new Trust owned bariatric beds which is resulting in patients not waiting for appropriate equipment to be delivered and again provides a saving to the Trust of around £40 per day when hired.



LGBTQ+ Inclusion 'Lunch and Learn' sessions

A series of training sessions hosted by Lancashire LGBT have been arranged for NHS colleagues in Lancashire and South Cumbria.

You don't need to book - just follow the [links on the intranet](#) for the session you wish to join! All will be held virtually on Microsoft Teams.

- **LGBT+ Inclusion in the Workplace**

Wednesday 17 August, 12pm-1pm

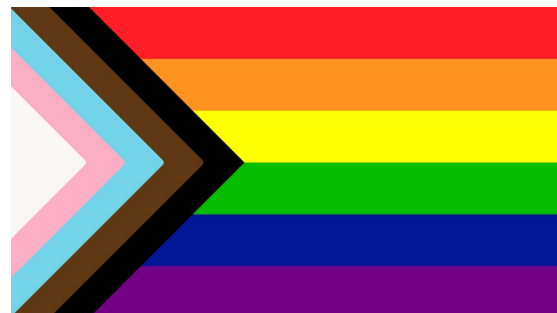
- **Supporting LGBT+ Service Users**

Tuesday 13 September, 12pm-1pm

- **Supporting Trans and Gender Diverse Service Users**

Tuesday 2 August, 12pm-1pm

Wednesday 21 September, 12pm-1pm



Attend our improved QSIR V Quality Improvement Virtual Course and gain valuable insight into Quality Improvement!



The Quality Service Improvement and Redesign Virtual (QSIR V) training course is strengthening with every cohort; cohort to cohort we are improving the results of participant feedback and evaluation. This comes from asking for, listening to, and acting on our participant feedback to improve the sessions and cohorts. Sessions are now 1.5 hours but with more interactive activities and coaching sessions.

Participants' application of learning shared at a celebration event show demonstrable use of the Quality Improvement Tools being used. Our latest cohort highly rated their QSIR V programme, giving either 4 or 5 out of 5 stars, meeting or exceeding their expectations.

In their words, they would recommend QSIR V:

"Do it! It will really help you with change management in your area!"

"Excellent introduction to quality improvement, delivered in an understandable way by a very supportive team"

"Lots of practical and useful tools included."



We have scheduled in dates for 2 more cohorts starting in September and lasting until November on Monday and Wednesday afternoons.

If you are interested and would like to receive dates and an application form for QSIR V, please [express your interest](#). For information on all our Quality Improvement training visit the [Hive intranet site](#).

Financial Wellbeing support



Our Financial Wellbeing group, with members including our union staff side colleagues, is looking into a number of ways in which the Trust can help support our colleagues during the increasing cost of living which continues to impact on our daily lives.

Some of the options we are looking at include support with fuel costs for those driving for their role and scoping out whether rest breaks have facilities to enable colleagues to have food and a drink during their shift at work.

Whilst there are limitations in what we can do to support colleagues, we would really like to understand what would help you at the moment. [This form here](#) asks a few basic questions and we would be grateful if you could take the time to complete this – it is completely confidential but will help us understand what would make the difference to you during this time. Please do remember that your department is able to order tea, coffee and milk so you don't have to pay for a hot drink whilst at work!

You can save on a number of different aspects through [NHS Discounts](#) and if you have a [blue light card](#) there are some excellent money saving to be gained from having one – it's worth taking a look at both websites. There are a number of organisations who can provide help and support at the moment and we will share a document with this information in shortly.

If you are struggling and you need to talk to somebody please seek support from your manager, People and OD HR.queries@mbht.nhs.uk or call 01524 519700 or our Occupational Health and Wellbeing Team Occhealth.referrals@mbht.nhs.uk or call 01524 512290

Support Bay Trust Radio in the Movement for Good Awards

We need your help in getting nominated with a chance for the Bay Trust Radio to try and win £1,000!

All you need to do is nominate the charity in this year's Movement for Good Awards on this [link here](#). It takes just a minute and makes a huge difference. The more nominations, the better chance the charity has of winning, so please share with your colleagues, friends and family.

RLI colleague awarded by IMI

Helen Aikman, Clinical Photographer has been awarded a Bronze for her image submission to the Institute of Medical Illustrators (IMI) 2022 Awards.

The institute's awards are based on the recognition of excellence in clinical photography, healthcare design and clinical video. The awards comprise of Gold, Silver and Bronze as well as a Platinum award which is chosen from the award winners. Helen Aikman has been awarded bronze - which is given to a photographic, graphics or video entry which demonstrates an excellent application of technique and an understanding of the requirements of the brief.

IMI receive a considerable number of submissions each year and as always there was a very high standard of entries. All winning entries will be featured on the IMI website and at the 2022 IMI Conference.





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1/3 off most rail fares with a Veterans Railcard

The new Veterans Railcard gives 1/3 off most rail fares including Standard and First Class Anytime, Off-Peak and Advance fares to UK Veterans across England, Wales and Scotland, whether they are visiting family and friends or simply enjoying a day out.

If you have served for at least one day in her Majesty's Armed Forces (Regular or Reserve) or have been a Merchant Mariner who has seen duty on legally defined military operations, you may be eligible. Find out more on the [national rail website](https://www.nationalrail.co.uk).

Are you or a member of your team retiring?

If you would like to share a message to thank a colleague and wish them well in their retirement in an edition of weekly news please get in touch. All we need is the colleague's name, role and the message you'd like to share; it's also great to include a photo if they're happy to! Send your messages to weekly.news@mbht.nhs.uk

Heard of monkeypox?

You may have heard about monkeypox in the news recently. But what is it, what are the symptoms and how can you access help and information?

Monkeypox is a rare illness caused by the monkeypox virus and one of the symptoms is a rash that is sometimes confused with chickenpox. It is usually associated with travel to Central or West Africa but cases have been occurring in England with no travel links.

The UHMBT monkeypox policy can be found [here](#). (CORP/SOP/131) please familiarise yourself with this policy. Read more on the [intranet](#).



New elearning programme - AHPs in neonatal care

Health Education England elearning for healthcare (HEE elfh) has worked in partnership with Health Education England's National Maternity Team to develop a new elearning programme to support the training needs of allied health professionals (AHPs) working in neonatal care. For more information and to access the sessions, please visit the [Introduction to Allied Health Professionals in Neonatal Care programme page](#).

Please take a moment to feedback your thoughts on Weekly News via this short MS form [here](#)

Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact policy.coordinator@mbht.nhs.uk. [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 29th July

8 3 0 6 0 0

Play the Bay Hospitals Charity Lottery online now!

Visit www.bayhospitalscharity.org/lottery/

and help make a lotto difference across Morecambe Bay Hospitals.

