

Weekly News

Lancashire and South Cumbria set to revolutionise NHS pathology deliveries



The NHS in Lancashire and South Cumbria is set to pioneer the use of drone technology to deliver medical samples between selected hospital sites thanks to around £1.4m in UK Research and Innovation funding.

One of only 17 projects selected nationally, the work will see University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT) and Lancashire Teaching Hospitals NHS Foundation Trust teaming up with local enterprises Digital & Future Technologies and Miralis Data Limited to deliver the 20-month project.

Selected as part of the government's Future Flight Challenge, the two-phase trial will first see medical samples being transported between the Royal Lancaster Infirmary, Westmorland General and Furness General Hospital before simulating the potential expansion to Royal Preston Hospital.



The electrically charged drones will cut the delivery times between the hospitals across Morecambe Bay by over an hour, optimising the operation of pathology labs, meaning patients and clinicians will have access to results faster.

Read more on the [UHMBT website here](#).

Update on actions taken to improve access to car parking for on-call colleagues



From today (Tuesday 9 August), there will be an additional seven spaces made available across the road from the Education Centre at the RLI. These spaces are to be available exclusively for on-call colleagues who are attending out-of-hours emergencies. The location of these spaces is identified on the [images here](#), and this is the first step we will take in response to your feedback.

These additional on-call spaces add to seven spaces already available at RLI. These spaces again are designated for colleagues on call who are attending emergencies out-of-hours. You can view how 'on-call' is defined on the intranet [here](#).

As mentioned in last week's communication, we acknowledge that you are telling us that we have work to do in fine-tuning our car parking arrangements, including the way we manage pass allocation, charging and application of the policy. The Trust's car parking group will consider changes on Wednesday 17 August, and we will communicate with you shortly after that meeting. Read the full update on the intranet [here](#).



Interim Chief People Officer announced for UHMBT

Bev Edgar has been appointed as Interim Chief People Officer from 22 August 2022.

Bev will join the Trust on an initial three-month basis whilst the recruitment for a permanent Chief People Officer is completed.

Bev, said: "I am so pleased to be welcomed by the UHMBT teams. All staff in the NHS can help create a culture that promotes wellbeing and Inclusivity. Supporting openness and positive working relationships is good for us all. We lead by example, and I look forward to meeting with many of our staff to hear their voices. Thank you for all you do in our NHS - my family live locally so working with you makes this role even more important to me."



The recruitment process for our permanent Chief People Officer is underway with interviews taking place in mid-August. You will have noticed that the role title has been changed from Director of People and Organisational Development to Chief People Officer. This change has been made to be consistent with other Trusts and better fit with the titles of our other Executive Directors. [Read full story on the intranet.](#)

Update on medical leadership recruitment (medical lead appointments)

A lot is happening in the world of recruitment at UHMBT; and we wanted to take the opportunity to update you on a few of the key medical leadership positions that are either in the process of being recruited to or where we have made an appointment. You can find full details of the following on the [intranet here](#).

- Deputy Medical Directors
- Clinical Directors and Clinical Leads
- Integrated Community Care
- Medicine
- Surgery and Critical Care
- Women and Children's Services
- Core Clinical Services



We will share the latest update Care Group leadership teams on this very soon.

New Team Talk to launch for all colleagues

From the end of August, there will be a monthly Team Talk session held via Microsoft Teams led by the Executive team. These sessions will be open to all colleagues - not just managers and supervisors, and will allow us to update you all on the key updates and information. The Team Talk dates for the remainder of 2022/23 have been released and are detailed [here](#), along with the links to join the sessions.



Colleagues share success stories and learning at Morecambe Bay Respiratory Network conference

The Morecambe Bay Respiratory Network (MRBN) Summer Conference brought together over 50 colleagues from primary care, local hospitals and the community who are involved in managing patients with long-term respiratory disease.

The aim of the educational event was to improve the integration of the respiratory pathway across services and align with the vision of the MBRN. The event was funded by the MBRN, with refreshments sponsored by Glaxo, Smith, Kline (GSK) and Chiesi.

You can read the full story at the BHCP website [here](#).



Bay Health &
Care Partners
delivering



Safeguarding Duty Line—We need your help!

The Safeguarding Duty line has been operating for two years now. Safeguarding is everybody's business. Please take a few minutes of your time to tell us your thoughts about the safeguarding duty line and how we could make it better for you. [You can fill this in on this link.](#)

All welcome to join Carers Staff Network 'Coffee and Chat' session

A 'Coffee and Chat' session will be hosted by the UHMBT Carers Staff Network on Thursday 11 August from noon to 1pm on Teams.

These informal sessions are for colleagues who are carers in their home lives and for anyone who wishes to find out more, or show support. It's an opportunity to have a chat, find support and share thoughts and ideas. Our relatively new and evolving network has regular meetings and we strive to promote carers' rights and awareness of the issues faced by carers.

More information about the Carers Staff Network and support for colleagues who are carers can be found on the [UHMBT intranet on this link](#). Hannah Monaghan and Ingrid Kent are the Co-Chairs of the Carers Staff Network and can be contacted on the Trust's internal email system. If you'd like to come along to our 'Coffee and Chat' session, or are interested in joining our network, please email carers.network@mbht.nhs.uk and we'll send you the link to join.

UHMBT Carers Staff Network

JOIN OUR NETWORK

The UHMBT Carers Staff Network offers a place of support to talk, share experiences and get mutual support. Our network is for all UHMBT colleagues who are carers, or who are interested in supporting working carers and finding out more. We have regular meetings and if you work at UHMBT, you are welcome to join us.

FOR MORE INFORMATION PLEASE EMAIL:
carers.network@mbht.nhs.uk



WGH Specialist Nurse named Cumbria's 'Alumnus of the Year'

Congratulations to Joanne Telford on being named the University of Cumbria's 'Alumnus of the Year 2022'



Photo: University of Cumbria

Based at Westmorland General Hospital, Joanne is a specialist diabetes nurse and achieved her nursing role less than five years after graduating.

Joanne was also co-chair of the Community Nurse Ambassador Network and participated in the NHS England and NHS Improvement 'NextGen Nurse' project.

You can read about Joanne's achievements on the [University of Cumbria website here](#).

We have made it easier to submit your Fab Change Pledge



There is only a short time left to join in the NHS Fab pledges – its focus is about reconnecting and recharging, so it's a good a time to recharge your Quality Improvement (QI) focus and pledge how you're going to make a change in the coming year.

You, your team or your service can make a pledge. The pledge could be to embed a new practice, to share an innovation, to learn about a new service provision, or a specific improvement you want to implement; the options are endless! This is a great opportunity to bring your team together, to gain new learning, boost your effectiveness, but importantly improve our patients' experience.

Submitting your pledge is now easier! Click on the link below and fill the very short form.

[Submit your pledge](#)

If you would like hard copies of the pledge template, then get in contact using the email address thehivebhcp@mbht.nhs.uk and we can drop them off for you.

Send your pledges to us and we can share with the NHS Fab team when they visit us in September! If you have already achieved your pledge, we can help showcase it. Or if you need support to realise an improvement, then have a look at The Hive Intranet site and fill in a support request.

We are also really excited to announce that Roy and Terri from Fab Change NHS will be visiting on the 13 and 14 September to help celebrate all the fantastic work that is taking place across the hospital.

They are, so far, thrilled with the pledges that have been submitted. So, if you would like to showcase your improvements and celebrate yours and your teams good work please get in touch.

The Hive—Improving Together for a Shared Purpose



Updated Dunmail Unit WGH phone list

Please note there have been some updates to the Dunmail Unit, WGH phone list

- Dunmail Unit - Main number: 01539 795260 - Internal number: 55260
- Sisters office: 41446 - Internal ONLY
- Appointments line ONLY: 01539 715399 - Internal number: 45399



Safe and Effective Use of Pneumatic Tube System (POD)

Gentle reminder to all colleagues that use the Pneumatic Tube System (POD) for sending samples to Pathology, please could you:

- Ensure sample containers are labelled with all relevant patient and sample information.
- Ensure all sample containers are intact and are closed tight.
- Ensure all samples are placed in sealed plastic bags
- Identify samples that are "HIGH RISK".
- Ensure all COVID samples are sent double bagged.
- Avoid overfilling POD tubes with excessive samples.
- Frozen section histology samples should not be sent via the tube system, these should be hand delivered.
- Ensure all MONKEYPOX samples are sent double bagged.

In addition, please find a list of the discipline specific station numbers that samples should be sent to at RLI site: Blood Sciences: 111 & 222, Microbiology: 307, Histopathology: 308

Adult Safeguarding – Cumbria County Council (CCC)

Strata Pathway

CCC has made available to UMBHT Community Strata users a referral pathway which enables all routine referrals to be made electronically.



This is for adults who are identified in the community as being vulnerable and needing assessment by Cumbria Adult Social Services. North Lancs Community staff – Adult Safeguarding referral systems has not change - these are still to be made to Lancashire County Council. The new **Adult Safeguarding – Cumbria Strata Referral Pathway** will be available to use for routine referrals from Wednesday 17 August 2022. Any urgent referrals call 01228 526690.

Any adults who are identified as needing referring to **Adult Safeguarding**, this can be done by accessing Strata via your EMIS integrated access or standalone Strata account. If you require a Strata account setting up, please contact UHMB Service desk on 01524 516000 or servicedesk@mbhci.nhs.uk 7 days per week, 24 hours per day or via our Strata Support team strata.support@mbht.nhs.uk between the hours 9am to 5pm.

Please ensure you complete the e-learning on TMS, alternatively you can use 'Look it Up on the MBHT desk tops as a user guide. This does not replace any Mandatory Safeguarding training will also still be needed.





Saying hi!

Have you or a member of your team just started with the trust and would like to introduce yourself, then let us know! All we need is your name, job title, a few lines about yourself and a photo.

Send these to weekly.news@mbht.nhs.uk and we will share in an upcoming edition.

Saying goodbye!

If you would like to share a message to thank a colleague and wish them well in their retirement in an edition of weekly news please get in touch. All we need is the colleague's name, role and the message you'd like to share; it's also great to include a photo if they're happy to!

Send these to weekly.news@mbht.nhs.uk and we will share in an upcoming edition.



Better Health, Better You - Looking at Nutrition and Hydration

Summer is always a time when people pay more attention to what they are eating. It is also a more important than ever to keep hydrated.



Our Better Health Better You (BHB) Nurse can help answer any questions you might have about what a healthy and balanced diet looks like.

If you are interested in losing, gaining or maintaining a healthy weight, this is something we can help with too. We can help you set realistic goals and monitor your progress. Maybe you just want somewhere you can come and get weighed on a regular basis? We can do that for you.



Keeping well hydrated is important to your health; it prevents headaches, UTI's and confusion; not to mention it's good for our skin. Our BHB Nurse is here to answer any questions you might have about keeping well hydrated, how healthy your drink of choice is and how to check how hydrated you are.

If you would like to book a confidential appointment with our BHB Nurse to discuss nutrition and hydration, or any of our other topics, you can [access this service here](#). Once registered, a member of the Occupational Health Admin team will be in touch to arrange an appointment.

Other topics include: Mental Health and Wellbeing, Alcohol, Fitness, Sleep and Rest and Know your Numbers.



Ride the Tour de Furness in aid of Bay Hospitals Charity this September

Cycle the lanes of South Cumbria in aid of Bay Hospitals Charity on Sunday 4 September by signing up for the Tour de Furness.

Organised by Rotary Club of Furness, the fund-raising event offers a choice of 50-mile, 23-mile or 11-mile routes as well as a short five-mile family option.

Sponsorship money raised for Bay Hospitals Charity will be used to fund the latest equipment for University Hospitals of Morecambe Bay NHS Foundation Trust to help make patients more comfortable and ensure they get the best possible care and treatment. Find out more on the [Bay Hospitals Charity website](#).



UHMBT's IT department donates tech award prize to Bay Hospitals Charity

Prize money awarded to University Hospitals of Morecambe Bay NHS Foundation Trust's IT department in recognition of its ground-breaking work on COVID-19 vaccination has been presented to Bay Hospitals Charity.

The Trust's Innovation, Information and Informatics Service (known as I3), were named winners of the Community Collaboration category in the NDL Community Awards 2021 after developing an eForm booking application and a purpose-built administration mobile app to ensure an effective and efficient vaccine programme was roll-out to all NHS employees, care home staff and other key works in the area. The apps were then shared with other NHS Trusts to support their vaccine programmes.

Representatives from healthcare software company NDL visited Royal Lancaster Infirmary recently to present the £500 prize money and trophy. Find out more on the [Bay Hospitals Charity website](#).



Morecambe Bay Medical Journal

**MORECAMBE BAY
MEDICAL JOURNAL**

Spreading Information – Gathering Interest

Dear Reader, this is the Summer issue of MBMJ. It contains a wealth of knowledge and information. Please read, circulate and consider submissions of your seminal work. If paper copies are required please contact Teryna Nisbet. teryna.nisbet@mbht.nhs.uk. Have a good summer, Editor

You can view the new edition on the MBMJ website on this [link](#).





Share your thoughts on our 'out of hours' catering service for colleagues

A substantial number of colleagues in the Trust work shifts - particularly night-time and weekends - and we recognise the need for the provision of good quality nutritious food for colleagues at all times of the day. It is just as important that a colleague can enjoy a healthy meal at 2am, as it is at 2pm!

This 5-10 minute digital survey will ask for your views on how best the Trust can provide a food service outside of normal working hours (9am-5pm, Mon-Fri). Simply scan the QR code below.



Or visit this link
<https://bit.ly/3vbnM1p>

This survey is for all
UHMBT colleagues who
work 'out of hours' across
Morecambe Bay.

Responses are anonymous.

There is an option at
the end of the survey to
be entered into a prize
draw for a £20 Amazon
gift voucher.



The biggest #GenomicsConversation yet!

On Monday 20 June, the Genomics Education Programme launched its fifth and biggest #GenomicsConversation week of action to date.

Open to all healthcare professionals, the focus for 2022 was to help anyone in the workforce to feel confident when talking about Genomics. Each day was dedicated to one of five themes, with tailored activities and resources available for all. Record numbers engaged with the campaign during the week.

If you were unable to join, you can still visit the [interactive calendar of activities](#) to access all the resources shared, and you are invited to undertake a [5-minute survey](#) to provide feedback.



Photo of the week

Are you an avid photographer, did you snap a great picture of your team in action, or have you just captured that 200th photo of your dog that everyone must see!

Send us your name, a photo you took that made you smile and a short description and we will include this in an upcoming edition! Weekly.news@mbht.nhs.uk.

Please note: Weekly News is shared with the public via the trust website and on notice boards across the sites.



Please take a moment to feedback your thoughts on Weekly News via this short MS form [here](#)

Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact policy.coordinator@mbht.nhs.uk. [Trust Procedural Document Library - Documents updated in the Last 30 days](#)

Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 5th August

3 2 7 7 6 4

Play the Bay Hospitals Charity Lottery online now!

Visit www.bayhospitalscharity.org/lottery/

and help make a lotto difference across Morecambe Bay Hospitals.

