

Weekly News

What do people think about hospitals in Lancashire and South Cumbria?

The Lancashire and South Cumbria New Hospitals Programme team has heard from thousands of people across the region and are now able to share a number of their findings. Here is a summary of the [key themes from the feedback about the New Hospitals Programme](#):

There is widespread support in favour of funding for new hospital facilities. Local people, patients and staff all acknowledged the ageing population of the region and health inequalities as a driver for urgent improvements for hospital facilities.

Travel and accessibility considerations are the biggest talking point. The public, patients, staff, MPs and wider stakeholders all agreed that travel and accessibility would be a top priority in the development of proposals.

A single new hospital on a new central site is not acceptable to most audiences. In many discussions with patients, the public and under-represented communities and inclusion groups, people expressed fears and concerns around a single new hospital. The main concerns centred on services being located too far away and potential difficulties travelling to and around the hospital. [Continue reading on the intranet.](#)

The New Hospitals Programme will be publishing a full report later this year. For all the latest news and updates, visit the [Lancashire and South Cumbria New Hospitals Programme website.](#)



Around 800 people joined a health and wellbeing day in Barrow

Bay Health & Care Partners
delivering

bettercare together



The BeWell Festival, which is part of The Bay Health Festivals, was held at Barrow Raiders Matt Johnson Prestige Stadium and Craven Park last month.

People had the opportunity to take part in a wide range of health and wellbeing activities across four different zones. There was also a community corner showcasing the various voluntary organisations in the community.

Read the full story at the BHCP website [here.](#)



Update on actions taken to improve access to car parking



We committed in our communication on [Monday 8 August 2022](#) to keep colleagues updated on the actions we are taking to alleviate some of the issues you have raised around car parking at UHMBT.



Our internal car parking group met last week and discussed these issues:

Clarification of charges for colleagues who work night duty; Clarification of charges for part time colleagues; Clarification of parking fines and appeals; On-call parking; Permit categorisation and allocation; Park and Ride for colleagues travelling to and from the RLI—you can read about these on the [intranet here](#).

A Frequently Asked Questions is also included in the above link to assist colleagues further.

Update on Care Group Leadership recruitment

We [recently updated](#) you on our appointments to medical leadership positions. Within that, we referred to some changes in the leadership of our Care Groups and we wanted to take the opportunity to update you on the that are either in the process of being recruited to or where we have made an appointment.

You can view these new appointments [on the intranet](#).

Team Talk August all colleague briefing—24 August

As we shared recently we have now updated our monthly Team Talk process and will be holding these as virtual all colleague briefings going forward.

The next briefing will be held tomorrow (24 August) at 2.30pm-4pm. You can join at that time via this link [on the intranet](#).

These briefings are an opportunity for all colleagues - not just managers and supervisors, to be updated on the key updates and information from each of our Care Groups.



Monthly CEO all colleague briefing - 30th August

Hosted by Aaron Cummins, Chief Executive, the monthly colleague briefing sessions are a great opportunity for colleagues to hear the latest updates about the pressures the Trust is facing, the COVID-19 pandemic, and plans for 2022/23.



The session will take place on 30 August, 2pm –3pm.

You can join the virtual briefing session here - [Click here to join the meeting](#)

The session will last no longer than an hour. We will record the session and share on the intranet so it can be easily viewed at a convenient time.



Changes to executive director titles and areas of responsibility

As you may be aware from previous communications updating on recent leadership appointments, we have been making some changes to the titles of our Executive Director posts. The reason for the changes in titles is to be consistent with other Trusts and better fit with the titles of our other Executive Directors.

The most recent changes to Executive titles are: Chris Adcock - now Chief Financial Officer and Deputy Chief Executive (previously Director of Finance and Deputy Chief Executive); Bridget Lees - now Chief Nursing Officer (previously Executive Chief Nurse).

You can view the rest of the changes on the [intranet here](#). These changes will ensure that our resources within the executive team are appropriately structured to ensure we can effectively deliver our organisational priorities.

UHMBT Leadership Programme – reminder to update your TMS and book if you are yet to take part



Our inspirational UHMBT Leadership Programme continues to have a fantastic response and a huge 'thank you' goes out to the 303 colleagues who have participated so far!

For leaders who are yet to take part in this mandatory session, it is hugely important that you book your place now for September or October.

So why should you take part? Here is some feedback from colleagues who have benefited so far:

- Out of the 303 attendees who have attended 'Focus 1', 292 said it was relevant to their job role.
- A total of 303 people said they were going to do something differently when they got back into their role.
- A total of 300 participants said they would recommend 'Focus 1' to another colleague in leadership.
- In total, 298 colleagues thought it would help us to move forwards in terms of culture and transformation.
- 96.4% of attendees said it was a great course and scored it 8 to 10; 3.3% of attendees scored it between 5 and 7, and 0.3% scored it 1 to 4.

If you have taken part in 'Focus 1' of the Leadership Programme, please make sure that you book a one-to-one with your line manager so that you can share your SMART (Specific, Measurable, Achievable, Relevant and Time-Bound) objective from the session. Please can you also mark 'Focus 1' as complete on your TMS.

An online Leadership module – 'Moving Forwards Focus 1 Leadership Programme e-learning' - for all colleagues at UHMBT is also available on everyone's TMS.

Our new 'Leadership Hub' on the UHMBT intranet offers an opportunity to access inspirational learning materials. [Click here to visit the Leadership Hub](#). In the Leadership Hub you can also find our [Community of Practice page](#) where you can provide updates on what you are doing differently as a result of attending our Leadership Programme, Focus 1. For any enquiries about the Leadership Programme on TMS, please email the Learning and Development team at: LearningandDevelopment@mbht.nhs.uk



New dates announced for two more QSIR V Courses! Places are filling up fast - grab yours before it's too late!



QSIR is a training programme designed to give you the improvement tools and learning to tackle problems/issues and create improved sustainable change in the workplace.



QSIR V training is strengthening with every cohort with more interactive activities and coaching sessions. Cohort to cohort, we are improving the results of participant feedback and evaluation. This comes from asking for, listening to, and acting on our participant feedback to improve the sessions.

Our latest cohort highly rated their QSIR V programme, giving either 4 or 5 out of 5 stars, meeting or exceeding their expectations.

In their words, they would recommend QSIR V:

“Do it! It will really help you with change management in your area!”

“A valuable and supportive introduction to running a quality improvement project”

“A course that will equip you with a number of amazing quality improvement tools that you can use to implement positive changes in any environment.”

“It is really enjoyable and useful - I have learned lots, which will benefit my own personal development and service improvements.”

We have scheduled in dates for two more cohorts starting in late September and lasting until November on Monday and Wednesday afternoons.

If you are interested and would like to receive the specific dates and an application form for QSIR V, please [express your interest](#). For information on all our Quality Improvement training visit the [Hive intranet site](#).

One week left to share your thoughts in our food provision survey



Do you find it easy or difficult to eat and drink healthy during shift work? Some of you may be thinking yes and others no. A recent study found that shift work affects many areas of workers' lives, with an impact on eating behaviour being a key factor. If you want to find out more about shift worker nutrition, you can by visiting the Health Matters Occupational Health Services (Ireland) [website here](#). They have kindly granted permission for us to share this article.



As all colleagues may at some point work outside of normal working hours (9am-5pm, Mon-Fri) we want to ensure we have the right provisions in place – We think it is just as important that a colleague can enjoy a healthy meal at 2am, as it is at 2pm! But we need your help to get this right. Simply scan the QR code or visit this link to complete the survey: <https://bit.ly/3vbnM1p>



Join the Anti-Racism Influencers Group

Your courage is needed more than ever to disrupt racism and to create positive change for all our colleagues at Morecambe Bay.

You are invited to join the Anti-Racism Influencers Group, chaired by Aaron Cummins, Chief Executive, which brings together allies from across the Trust to help create a positive experience for ethnic minority patients and colleagues at Morecambe Bay.

The ARIG meets every two months to develop leaders at all levels as confident active anti-racist allies, and to support and equip you on your journey. Each meeting includes a practical training session, updates on the Trust's anti-racist work and an opportunity to check in and support each other in how we make this a reality in our own services.

To join or find out more, contact the Inclusion and Engagement Team at inclusion@mbht.nhs.uk

Are you a Health and Safety Representative or Champ?

We want to make sure we are providing you with the best support possible. Please complete this 2-minute survey [click here!](#)

Health and Safety Reps and Champs are crucial in maintaining the safety of our workplaces. It is really important that we enable you to do this.

We would like your honest feedback about your needs and how we can connect with you in the best way.



Health and Safety Representative seminar

It's that time of year again! The Annual Health and Safety Reps and Champions Seminar is back!

This year it will be held on Friday 14 October at Kendal Rugby Club. You can book your place on TMS for the usual packed agenda.

Highlights include:

- A legal update
- Our Fraud Specialist
- Amazing sessions from our Fire Team, H&S Team and...
- A Fire Eater (fully risk-assessed!!)

Don't miss out! Book now.



Trust procedural document templates updated

The Trust's procedural document templates have recently been updated to reflect changes in process and to improve the quality of our documents.

If you are responsible for writing or updating a procedural document, it is imperative that you always use the relevant up-to-date template. The recent changes to the Procedural Document Template are detailed in [this news article](#) on the Trust Procedural Document Library (TPDL) intranet site. The up-to-date templates can always be found on this [TPDL intranet page](#).

Guidance to completing the Procedural Document Template can be found [here](#).

If you have any questions about or need more information, please contact the Policy Coordinator.



Important information - Royal Mail industrial action

You may be aware that the Communication Workers Union (CWU) has called on its members who collect, sort and deliver parcels and letters to take strike action on the following dates:

- Friday 26 August 2022
- Thursday 8 September 2022
- Wednesday 31 August 2022
- Friday 9 September 2022

If the strike goes ahead as planned on **Friday 26 August 2022**, we wanted to let you know that last collection for first class post will be on **Wednesday 24 August 2022**. You can keep up to date with the Royal Mail industrial action by [clicking here](#).

Recovery Steps Cumbria

Humankind and The Well began delivering the Cumbria Addiction Service in Cumbria called Recovery Steps Cumbria, which took over from Unity on 1 October 2021.



The service supports people throughout Cumbria who misuse, abuse or are addicted to, and/or are recovering from, a substance or activity that has a negative impact on their and/or other's safety, health and wellbeing.

If you are working with a person, who you think would benefit from their support a referral can now be made using Strata Pathways. This service is currently available to **UHMBT Strata users based in the acute setting**

This can be accessed via your Lorenzo integrated Strata account.

If you require a Strata account setting up, please contact UHMB Service desk on 01524 516000 or servicedesk@mbhci.nhs.uk 7 days per week, 24 hours per day or via our Strata Support team at strata.support@mbht.nhs.uk between the hours 9am to 5pm.



GIRFT Insulin safety video

For all staff members, involved in the prescribing and administration of insulin. Please take a few minutes to watch this short video on the safe use of insulin in hospital. Video link: <https://www.youtube.com/watch?v=o9oHclzaiUU>

New Nursing degree partnership between University of Central Lancashire and local NHS

The University of Central Lancashire (UCLan) is working in partnership with the NHS across Lancashire and South Cumbria to provide a registered nursing degree programme.

Subject to Nursing and Midwifery Council (NMC) approval, it is proposed that the partnership provides a practice-based pathway of UCLan's BSc (Hons) Nursing with Registered Nurse (Adult). Intended for delivery in January 2023, the pathway will see the modified programme being operated from a new satellite centre at Preston College with the theoretical elements being delivered by NHS staff and UCLan. Students will then receive their clinical placement with their local Trust, subject to capacity. [Find out more](#)

This months theatre promotions

West End Theatre is proud to present the next season of London Theatre Week, a fabulous Summer promotion featuring over 50 West End shows including Disney's Frozen, Disney's The Lion King, The Book of Mormon, My Fair Lady, Grease, Dear Evan Hansen, Wicked, Tina - The Tina Turner Musical, Les Miserables, Back to the Future, Anything Goes, and many more. [Visit the intranet](#) to see how you can save on theatre tickets.



Photo of the week

This weeks Photo of the week is from Elaine Williamson :

"Meet Ruby my 7 month old toy cockapoo. She smiles everyday and passers-by comment on what a happy little puppy she is.

Ruby's smile makes me smile too. Just what we need to make us feel better. "

If you'd like to be featured send a photo that made you smile, your name and a short description to Weekly.news@mbht.nhs.uk.

Please note: Weekly News is shared with the public via the trust website and on notice boards across the sites.

Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact policy.coordinator@mbht.nhs.uk. [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 19th August

6 2 8 9 3 0

Play the Bay Hospitals Charity Lottery online now!

Visit www.bayhospitalscharity.org/lottery/

and help make a lotto difference across
Morecambe Bay Hospitals.

