

Weekly News

Colleagues' input is paramount as we refresh our Clinical Strategy - watch our video to hear more

As you might be aware, our Clinical Strategy is currently being refreshed with the support and engagement of everyone here at UHMBT.

In my role as Chief Medical Officer for UHMBT, I am leading the revitalisation of our Clinical Strategy and am eager for everyone to play their part.

As with our Trust Strategy, our Clinical Strategy must put patients first, be led by clinicians and be based on quality and safety.

Around 140 colleagues attended our Clinical Strategy launch event at the end of July, and we have commenced work in five areas which are:

- Maternity
- Urgent and Emergency Care
- Planned Care
- Outpatients
- Integrated Care



We really want everyone to be involved and we want to hear people's voices. I'd like to say a big 'thank you' to everyone who has contributed so far because all of the contributions have been really valuable, and we look forward to hearing from more colleagues.

Face-to-face events have taken place on Trust sites and online events have also been held over the last few weeks for UHMBT colleagues, but there will be more opportunities to get involved over the coming weeks and months for colleagues, patients and the public.

We want to hear everyone's views so please search for 'Clinical Strategy' on the UHMBT intranet, or email: clinical.strategy@mbht.nhs.uk to find out more and share your ideas, suggestions and views.

You can [watch the first of our video updates here](#).

We will continue to share regular updates on progress with this important piece of work, along with opportunities for you to get involved.

Miss Jane McNicholas

Chief Medical Officer



UHMBT welcomes Karen Deeny as new Non-Executive Director

We are pleased to welcome Karen Deeny to UHMBT who joined the Trust Board as a Non-Executive Director in July 2022.

Karen started her career as a speech and language therapist and has over 40 years' experience across health, social care and education systems as a clinician, senior leader, researcher, author, coach and mentor. She has an enduring passion for working collaboratively to improve people's experiences and outcomes of care.

Since 1997 Karen has worked in the facilitation of change and improvement with a focus on compassionate and strengths-based leadership and effective team working. Quality assurance, inclusion and transformation are key elements of her extensive work leading local, regional and national programmes in the NHS.

Karen has completed the NHS Top Leaders programme and has a PhD in healthcare improvement. A Fellow of the Royal Society of Arts, and Institute of Leadership and Management qualified executive coach and mentor, she now works independently supporting a range of statutory, voluntary, charitable and social enterprise organisations with their improvement programmes.

We look forward to working with Karen and to the contributions she will make to the Trust going forward.



Celia Sykes, UHMBT Bereavement Midwife, announced as finalist for BBC award

Celia Sykes, Bereavement Midwife at UHMBT, has been announced as a finalist in the BBC Radio Lancashire Make a Difference Awards 2022.

BBC Radio Lancashire created the Make a Difference Awards to recognise remarkable people across the country; marking their achievements and contributions to their communities. The eight categories range from great neighbours and inspirational teachers, to thoughtful volunteers and outstanding key workers.

Celia is a finalist for the Key Worker Award, which is given to a key worker who's gone above and beyond their call of duty to help others. Celia has been helping to care for local mums and families who have suffered the loss of a baby in pregnancy or following birth since 1988, and was nominated for the award by one of the families she has supported.

Celia said: "I am delighted to be a finalist in the Make a Difference Awards! I feel incredibly privileged to be able to provide bereavement care to families across Morecambe Bay.

"We know that we can't always make things better for families experiencing pregnancy or baby loss, but we are committed to doing everything we can to ensure people feel informed, well supported and cared for during this difficult time."

Award winners will be announced in September. For more information about our Bereavement Midwives, visit the [UHMB website here](#).



UHMBT Doctor wins Future Digital Leader of the Year Award

Ms Sarah Hart, Clinical Lead for I3 and Urology Speciality Doctor at UHMBT has been named as the Future Digital Leader of the Year at the national Digital Health Awards.

Sarah has been instrumental in a number of key projects at the Trust which use technology and digital systems to improve patient and colleague experience.

These include developing a Ureteric Stent Register which alerts waiting list staff when a patient needs a stent replacement or removal appointment, and leading the review and reform of electronic discharge summaries. Sarah also led UHMBT to become one of the first NHS Trusts to say 'Bye Bye Bleep' after implementing a new smart-phone based system to replace the traditional pager bleep system to help improve transparency and patient care.

Alongside her success at the Digital Health Awards, Sarah is a hockey goalkeeper and was a member of the England O35 squad that won the Masters World Cup in Nottingham this month.

The team beat Ireland 2-1 in a tense final to win the competition following pool matches against Wales, France, Argentina, India and Scotland.

Sarah said: "I've dreamed of playing for England since I started playing hockey as a teenager, and am incredibly proud to have been part of this World Cup-winning team. It was an absolutely amazing experience that I was able to share with an incredible group of players and coaches."

[Read more about Sarah's award win here.](#)



WGH to take final steps towards becoming surgical elective hub thanks to £7.6M funding

Westmorland General Hospital (WGH) will soon be able to take the final steps to becoming a surgical elective hub within University Hospitals of Morecambe Bay NHS Foundation Trust - thanks to an additional £7.6m of funding.

WGH became a designated 'Elective Green Surgical Hub' as defined by NHS England and Improvement (NHSI/E) in 2020. The hubs were established to carry out more elective surgical operations where patients are deemed suitable and fit for surgery and help to reduce the backlog of patients awaiting surgery due to the impact of the COVID-19 pandemic.

As the hub can treat more patients who are deemed suitable to have their procedure in that environment, it also frees up more space at the Trust's other two operating sites. This means patients who are not able to have their procedure at WGH can be seen quicker at the hospital most appropriate for their needs. [Read more](#)



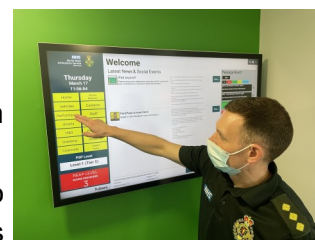
Bay Health and Care Partners (BHCP) Digital Services

Bay Health &
Care Partners
delivering



Services across our partnership are being transformed and modernised through a range of digital solutions. Colleagues across our GPs, councils, ambulance service, care sector, Third Sector, hospitals, community and mental health services, are working together to provide flexible digital platforms to improve safety and efficiency for service users. The BHCP Digital Strategy Board has developed a Digital Strategy for 2020-2023 which can be found at the [BHCP website here](#): **How digital is transforming services:**

Kendal Ambulance Station—Colleagues at North West Ambulance Service (NWAS) have completed a pilot project to transform the Kendal Ambulance Station site into a Smart Station by adopting a variety of digital systems and solutions. The project has seen some key benefits including a 70% saving on energy use thanks to a new ultra-smart and energy-efficient lighting system. New access control systems on the site's building and on the garage door allow paramedics to use their ID cards to open and close rather than using a keypad and code. This has saved the team 49 hours over four months and 86% of staff have said they felt it is safer not having to share a keypad code. You can read more about the transformations at the [BHCP website](#).



You can also read about the **HoloLens** on the [BHCP website here](#).

How do I get involved? - If you would like to receive regular updates about work that is going on around the Place-Based Partnership, sign up to receive our monthly [BHCP Stakeholder Newsletter here](#). If you have any feedback you can email the us on BHCP.Communications@mbht.nhs.uk or complete our [feedback form here](#)

Morecambe Bay's Transfer of Care Hub—New contact details

A new Transfer of Care Hub model is set to launch next week on Monday 5 September 2022 and teams can now contact hub colleagues on the following email addresses:

For **Furness General Hospital Hub**: fgh.transferofcarehub@mbht.nhs.uk · For **Royal Lancaster Infirmary Hub**: rlt.transferofcarehub@mbht.nhs.uk

The aim of the Transfer of Care Hub is to ensure patients living within the Morecambe Bay Place Based Partnership area are discharged from hospital on the right pathways, with the right discharge information, and that they get the right onward care and support.

Integrated Transfer of Care Hub teams will be based at the Royal Lancaster Infirmary and Furness General Hospital, utilising virtual links to work with partners across the system from health, social care, housing and the voluntary sector, to ensure services are linked and integrated care is provided. The Transfer of Care Hub has been put in place as part of the Trust's transfer of care policy, currently being developed, and is in line with the Government's Hospital Discharge and Community Support Guidance (March 2022). Health and social care partners are now planning to develop Transfer of Care Hub pathways to support admission avoidance.

If you would like any further information, or may like to be involved in Hub development, please contact Tim McCracken, Interim Project Manager, at tim.mccracken@mbht.nhs.uk



Are you looking for local accommodation? Do you want to rent a room from a colleague in their home?

Then our Homestay NHS to NHS accommodation booking website is the option for you.

For further information including how to book a room, please visit:

<https://north-west-nhs.homestay.com>



There are currently rooms to book in Barrow, Lancaster and Kendal.

A range of key worker roles on offer at recruitment event

University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT) is set to host a recruitment event for key workers next month.

Around 50 roles are on offer including clinical and non-clinical support workers, patient environment assistants (porters), domestics and catering staff for our local hospital sites across Morecambe Bay.

The event will be held on Thursday 15 September 2022 at Moor Lane Mills, Moor Lane, Lancaster, LA1 1QD from 8am to 6pm and is open to anyone over the age of 18. Information stalls will be available and the chance to speak to clinical and non-clinical teams.



You must register before attending the event at the [following link here](#) or by [scanning the QR code on the poster](#).

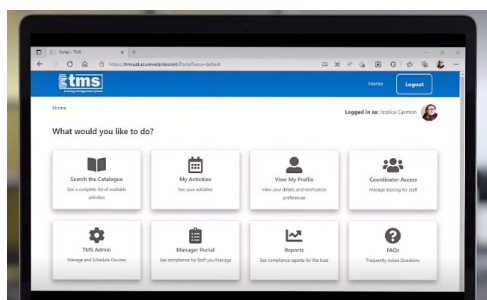
Watch this preview of your new TMS2 system



The Digital Solutions team are continuing to develop and prepare for the release of your new Training Management System.

To celebrate the amazing progress that has been made, we have created a promotional video which showcases the main features and also gives you a sneak peek at what the system will look like when we make it available to colleagues very soon!

August has been a very busy month so far while we have been addressing feedback from our first round of user testing for TMS2. We had fantastic engagement from our user group which included colleagues from Learning & Organisational Development, Clinical Skills, Practice Educators from around the Trust, I3 and Admins & Coordinators who are all major users of the system.



We are now in a position to enter our second round of user testing which will be taking place on Monday 29 August for two weeks and following this we will be making preparations to release TMS2 to all colleagues within UHMBT.

We hope you enjoy watching the [promotional video](#) and we will be keeping you up to date with further updates as we enter September.



Portable libraries donated for children at two UHMBT hospitals

New portable libraries were delivered to children's wards at Royal Lancaster Infirmary and Furness General Hospital by a Cumbrian charity.

Team Evie is a charity launched by the family of Evie Johnston, who passed away at six months old due to several congenital conditions relating to her heart, lungs and digestion.

The libraries were donated to the Children's Ward at Royal Lancaster Infirmary and the Special Care Baby Unit at Furness General Hospital via Bay Hospitals Charity. Read the full story on the [BHC website](#).



Join the Bay Hospitals Charity Lottery

How would you spend a £25,000 lottery win? We are sure you will think of lots of great ways to spend such an incredible windfall.

Sign up at bayhospitalscharity.org/lottery for chance to win while supporting Bay Hospitals Charity.

Better Health Better You – A Look at Fitness



Keeping fit is an important part of a person's health and wellbeing. Not only is it good for your body, but it is said to help improve mental health also.

Adults aged 19-64 in England should aim to take part in at least 150 minutes of moderate intensity physical activity each week, in bouts of 10 minutes or more.

If you are interested in a Better Health Better You appointment with our Nurse she will be happy to discuss with you any questions you may have, help to set up an exercise plan, provide ideas and tips, or even log your weight or measurements to record your progress. There are also a couple of tests that can be carried out to assess your fitness levels. These include -

The Step Test - This is designed to measure a person's aerobic fitness. Participants step up and down, on and off an aerobics-type step for THREE minutes to increase heart rate and to evaluate the heart's recovery rate during the minute immediately following the step test exercise

30 second sit to stand test - The 30-second chair stand involves recording the number of stands a person can complete in 30 seconds.

And as always, we can check your Blood Pressure, Cholesterol and BMI.

If you would like to book a confidential appointment with our Better Health Better You Nurse to discuss nutrition and hydration, or any of our other topics, you can access this [service on this link](#). Once registered, a member of the Occupational Health Admin team will be in touch to arrange an appointment.



The Infection Prevention Team are looking for Link Nurses to join the Team

We would love to hear from any band or discipline of staff that have a genuine interest in the prevention and control of infections. The role provides an opportunity to be involved in professional development around audits, education and leadership. The term link practitioner encompasses all bands of staff who are passionate about Infection Prevention and are willing to take an active part in disseminating knowledge to their own area of practice, both clinical and non-clinical.

The next training package for Infection Prevention Link Practitioners will be on the dates below:

- September 12th RLI - 9am - 12pm and 1pm - 4pm - in Education Centre
- September 15th FGH - 9am - 12pm - Lecture Theatre, Education Centre
- September 26th WGH - 9am - 12pm - Room 1, Education Centre
- September 29th TEAMS - 1pm - 4pm - this will via teams for those who are unable to attend in person on one of the sites

These sessions are now bookable via TMS.

Please don't hesitate to get in touch with any questions about the role by calling the IP team on 01524 512 485 or ext 42485

Boost your skills by becoming a Respect and Civility Facilitator

We are looking to recruit 10 new Respect and Civility Facilitators, formerly known as Respect Champions.

Respect and Civility Facilitators are approachable and empathetic to all colleagues that seek help and advice. They offer support and advice to colleagues (outside of their own department) and signpost people to the relevant teams and services, to help resolve any concerns as quickly as possible.

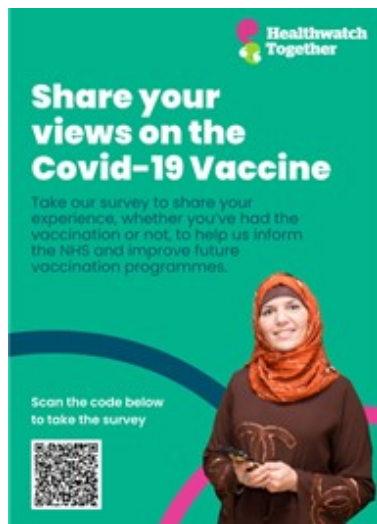


A comprehensive induction and training package will be provided to ensure that you are comfortable and confident when supporting colleagues. This will include 1 day of training and a buddy system.

Please don't hesitate to get in touch with any questions about the role; contact Lee Jenkinson, Respect Lead or Francesca Higgins, People & OD Advisor; 07970204132 or by email at lee.jenkinson@mbht.nhs.uk 07929725056 or by email at francesca.higgins@mbht.nhs.uk.

To Apply now visit the [Trac website](#).





Healthwatch Together Covid-19 Vaccination Survey

Healthwatch Together (HWT) want to hear your experiences of the vaccination programme. To support the NHS in understanding why some people chose to have the vaccine, and why others decided against having it, and whether this was due to personal choice or other factors.

We also want to hear about any barriers which made the vaccination programme difficult or inaccessible for people. Therefore, to capture people's experiences, thoughts, and feelings of the Covid-19 vaccinations HWT has created a survey, that is open for anyone living or working in Lancashire and South Cumbria to fill out. You can [complete the survey here](#).

Apply now! Sustainable Cumbria Warmth Grants

Cumbrian district councils have secured funding to run the Sustainable Warmth Local Authority Delivery Scheme - aiming to install energy saving measures into over 1,300 homes across Cumbria.

If your household income is below £30,000 and your home has a low energy performance you could be eligible for a government grant up to £25,000 towards insulation and low carbon heating measures, like heat pumps and Solar Panels. Find out more information and check your eligibility please visit www.carlisle.gov.uk/sustainablewarmthcumbria



Photo of the week

This weeks Photo of the week is from Stevie Footman :

"The lockdowns really made me get out and explore Cumbria more and now I love it.

"I took this photo on the Birks Bridge walk near Ulpha "

If you'd like to be featured, send a photo that made you smile, your name and a short description to Weekly.news@mbht.nhs.uk.

Please note: Weekly News is shared with the public via the trust website and

Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact policy.coordinator@mbht.nhs.uk. [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 26th August

5 6 0 9 9 5

Play the Bay Hospitals Charity Lottery online now!

Visit www.bayhospitalscharity.org/lottery/

and help make a lotto difference across
Morecambe Bay Hospitals.

