

Weekly News

Survey reveals positive feedback from UHMBT inpatients



Most inpatients continue to have a good overall experience and say they are treated with dignity and respect when being cared for at hospitals run by University Hospitals of Morecambe Bay NHS Foundation Trust, according to a newly-published survey.

People who were treated on inpatient wards at the Royal Lancaster Infirmary, Furness General Hospital and Westmorland General Hospital were asked for their feedback as part of the national Adult Inpatient Survey 2021. In the survey, conducted each year on behalf of the Care Quality Commission (CQC), patients were asked 47 questions scored on a scale from 0 to 10. Overall, the Trust received a score of 8.2 for the statement 'Overall, how was your experience while you were in the hospital?'.

Bridget Lees, Chief Nursing Officer, UHMBT, said: "The feedback our patients have given us through this survey is positive overall, and I am pleased that our teams have been recognised for both the quality of the care they provide and for the dignity, respect and compassion they demonstrate each day.

"The survey responses highlight that there are opportunities for us to improve the experience in our hospitals further by doing more to gather and act on feedback from patients while they are with us in our wards.

"I would like to thank colleagues across the Trust for the hard work and dedication that has led to these positive survey responses." [Read more highlights from the survey on the intranet here.](#)

Winter Vaccinations



It is essential that we do all we can to protect ourselves, each other, and the people we care for from both viruses this year. Frontline health and social care workers are more likely to be exposed to both viruses. It's also easy to pass these viruses on without knowing.

From the 10th October we will be starting our roving influenza campaign, targeting high risk areas.

Getting vaccinated not only protects ourselves but our loved ones and most importantly our patients. Each year the Occupational Health and Wellbeing Service is here to help you keep healthy and Influenza-free. We will keep you updated with all Influenzas drop in dates, but currently we are only offering drop-in sessions for the covid booster vaccinations, these sessions when available will be advertised on the intranet.



We sadly announce the passing of Gill Roketzky

It is with great sadness that we announce that Gill Roketzky who worked within Rheumatology, has passed away. Our thoughts are with Gill's family, her loved ones, and her colleagues at this incredibly sad time.

Gill commenced her NHS career as a student nurse in 1978, qualifying as a registered nurse in 1982. Gill worked in York before returning to Barrow to work on the medical wards at Furness General hospital from 1991.

For the last 25 years, Gill has worked within Rheumatology, at Furness General but also in Ulverston OPD. In 2001 she completed her BSc (Hons) and in 2007 her MSc Rheumatology nursing. Gill was passionate about rheumatology and committed to her patients.

She will be sadly missed by her colleagues and her patients.

Gill's funeral will take place at 11.30am on Thursday 13 October at Thornccliffe Crematorium. As this is a celebration of Gill's life, the family are suggesting a splash of purple-her favourite colour may be worn.

A Live stream link will be available on the intranet for those colleagues unable to attend the service.



Update on lateral flow swabbing

As lateral flow swabbing is currently being requested at ward level, the Infection Prevention Control (IPC) team would like to confirm the following:

Lateral flow swabbing **should not** be done routinely for those symptomatic or on outbreak unless requested specifically by IPC or the clinical site managers.

The rationale for taking a LFTs is:

- Being discharged to regulated care (i.e. nursing home) when patient has been positive in the last 90 days.
- For reduction of isolation
- On request of IP or Clinical site managers



Please complete the following when a lateral flow has been taken: [Lateral flow results](#)

Please also see the SOP for lateral flow swabbing to confirm the process that is required for this testing:

[Patient lateral flow testing on the ward.docx](#)

For any patient that is symptomatic of COVID please continue to use a PCR or Point of care test.

Tell us what you think about our communications and engagement



As you will be aware, we are in the process of refreshing our Trust Communications Strategy and in order to ensure it is focused on the areas that matter to colleagues and patients, we need to understand what you think of how the Trust communicates and engages with you - both at a corporate level and at a more local level in your Care Groups and teams.

Please share your thoughts through this [short survey](#) that will ask you what you think about our current corporate communications channels - what works, what needs to be improved, and what we could do differently; and what you think of communications and engagement in the areas you work in. We'd also like to hear about what you'd like to see us launch such as closed Facebook groups, WhatsApp groups, etc.

We appreciate how busy you all are, but we would encourage you to find 5-10 minutes to complete the survey and have your say. The survey will be open until **31 October 2022**, and It will help us to shape the future of communications and engagement at our Trust.

Simply scan the QR code or [visit this link](#) to complete the survey. For more information, please contact the Corporate Communications team on communications.team@mbht.nhs.uk.



Improving Together newsletter - Issue 3 out now



Our Improving Together newsletter for all colleagues is out now. In this edition we are focusing on some of the fantastic improvements that are taking place across our Trust. Developments within our UHMBT Clinical Strategy, Governance, Urgent and Emergency Care, Leadership Programme and more are featured.

[You can read the newsletter on this link.](#)

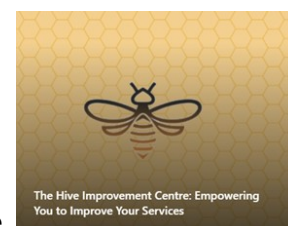
Improving Together every day



We know that you are passionate about improvement, and we want to help you.

We have a continually growing package of resources you can use regardless of where you are on your improvement journey at [The Hive Improvement Centre](#) - an intranet site designed to empower you to improve your services. Pop along and see for yourself everything you need to improve your working environment for both patients and colleagues.

One thing we would encourage all staff to do is complete the 'Improving Together' e-Learning package that can be found on TMS which takes you through the Model for Improvement – the foundation approach for all our improvements. We are really pleased with the uptake so far. However, we want everyone to have basic Quality Improvement knowledge to give the Trust the best possible chance of continually improving. To access the 15-minute training package, go to TMS and search 'Improving Together'. And for those that have already completed it...please help spread the word so we can all Improve Together for a Shared Purpose.



New dates for all colleague CEO monthly briefings

Due to the introduction of our new look Team Talk that launched last month, we have revised the dates of the monthly all colleague briefings led by Aaron Cummins, our Chief Executive, to allow colleagues to receive updates at regular times rather than holding two within a week of each other.

Please note that the following new dates replace previously advertised ones.

- Tuesday 25 October 12.30 - 1.30pm
- Friday 11 November 11.30pm - 12.30pm
- Friday 9 December 12pm - 1pm
- Thursday 26 January 1pm - 2pm
- Wednesday 15 February 12 noon - 1pm
- Thursday 30 March 1pm - 2pm



Links to join the sessions will be shared nearer the time.

Apologies for any inconvenience this may have caused and we look forward to seeing you at a future briefing. If you are unable to join any of the briefings, they are recorded and shared so they can be viewed at a convenient time.

Bite size briefing—NHS Staff Survey



Watch a short 'bite size briefing' from colleagues from our People and Organisational Development Team, Staff Side, our Carers network and our Black, Asian and Minority Ethnic Network.

In this [short video here](#) they'll talk about how to fill in the Staff Survey, it's importance, how we ensure it is kept confidential, how we use the data and much more.

Colleagues should now have started to receive their email with their unique link to the survey—please check your junk inbox.

It takes roughly 15 minutes to complete and you can ask your manager for some time to complete it within work hours. You can also forward the survey from your UHMBT account to your personal email if you wish to complete on a different device.



TMS 2 launch – find out more with this video



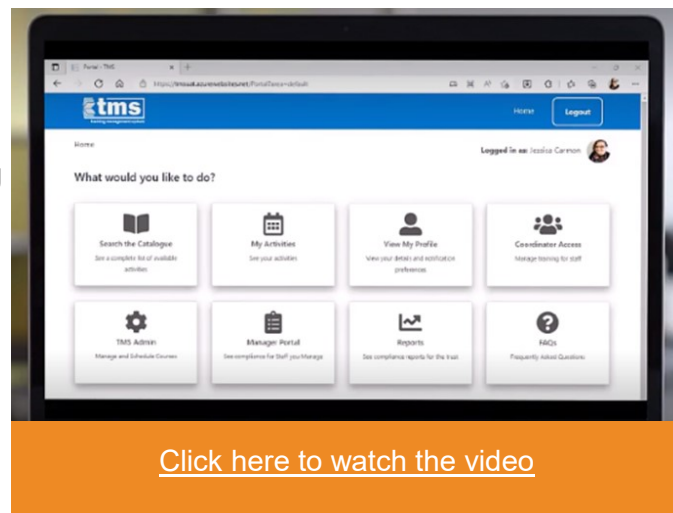
As you may have seen, our teams have been working hard to make updates to the Training Management system (TMS) and are now ready to launch the new and improved TMS 2 on October 10th!

The team have put together a video to showcase the new features of TMS 2, you can watch this on the [intranet here](#).

Project manager, Jess Carmon said “The TMS2 project is important to ensure we can continue to respond to organisational changes and needs, quickly and effectively; tailoring system functionality to suit UHMBT. All hospital Trusts have some sort of learning management system and we have TMS, our very own bespoke system created internally, for the Trust, by the Trust – something we are very proud of.

“I have worked as part of the TMS development team within Digital Solutions for many years and it has been fantastic to see the system really transform into something fresh, modern and more user friendly.

“A huge thank you from me to everybody who has worked with us on this project. I look forward to this being released to our users and I’m excited to continue through our TMS development roadmap bringing even more functionality to the Trust going forward!”



Update on COVID-19 public inquiry

On the 10 March this year, the government published draft terms of reference for the forthcoming public inquiry into the COVID-19 pandemic. This followed consultation with the Inquiry Chair, Baroness Hallett, and close work with ministers in the devolved administrations.

As a reminder, the terms of reference intend to cover:

- preparedness
- the public health response
- the response in the health and care sector
- our economic response

[The inquiry](#) will play a key role in learning the lessons from the pandemic and informing the government's preparations for the future.

The following [briefing](#) provides the latest update from NHS Providers on the UK Covid-19 inquiry. It includes an update on the planned approach and timetable, dates for the first procedural and public hearings, and details of the modular structure of the inquiry.



EASE service update – How to refer



Back in July we launched the Early Access to Support for Employees (EASE) service. We have had a positive response from colleagues accessing the service and we'd like to take a moment to remind you of the process for referring.

The EASE service for colleagues aims to make sure that you get the support you need – right from the start of being unwell – if you need time off work with Mental health (MH) or Musculoskeletal (MSK) issues.

- EASE referrals must be made before 11am on the first day of absence.
- EASE is an additional friendly service and sits alongside our existing wellbeing offers and you can still access our trust Occupational Health services. For all other absence related support after day one you can continue to follow the normal procedure of contacting our Occupation Health and Wellbeing Team (OH) or the Ask Sami team on the details below.
- Don't forget, you can self-refer into OH for physiotherapy and also psychological support any time if not absent or after day one of absence if you're not already referred through EASE.

All information for managers about the streamlined process for absence reporting is available in this [manager's leaflet](#). You can find out more about EASE on these [FAQ's](#) and on this [staff leaflet](#).

For any queries, please contact our Occupational Health team on 01524 512290 / 42290 or email occhealth.referrals@mbht.nhs.uk or contact AskSami ask.sami@mbht.nhs.uk or on 01524519700

International dishes available across our sites this Black History Month

Our catering team are going to special efforts this October for Black History Month and will be serving a number of dishes from Africa and the Caribbean on days throughout the month.

Community team nominated for Love Barrow Award

We are delighted to share our Integrated Community Stroke Team (ICST) have been nominated in this years Love Barrow Awards.

ICST Clinical Service Manager, Yvonne Hastings said "I am so proud of Furness ICST team that they have been nominated for a Love Barrow award - as this a local award from the people of Barrow for services who go the extra mile."

ICST Team Lead, Megan Fowler said "ICST are an amazing team and this is a lovely recognition of their hard work and dedication to the service". Find out more about the awards on the [Love Barrow Awards website](#).



October Breast Cancer Awareness Month

North Lancashire and South Cumbria Breast Screening Programme

As part of Breast Cancer Awareness Month, Rachael Willoughby, Improving Uptake Officer for the North Lancashire and South Cumbria Breast Screening Programme, will be holding various health promotion events throughout our region during the month of October, to raise awareness about the breast screening programme and how to be breast aware.

Buildings will be lit up in pink across the month of October for Breast Cancer Awareness month, at the following locations:

- The Ashton Memorial, Lancaster: 1 October – 7 October
- The Sir John Barrow Monument, Ulverston: 1 October
- Women and Childrens Unit, Royal Lancaster Infirmary, Lancaster: 1 October – 31 October
- HCMU Entrance, Westmorland General Hospital Kendal: 26 September – 2 October
- South Lakes Birth Centre, Furness General Hospital, Barrow: 1 October – 31 October

Thank you to BCL Lighting Design, Lancaster City Council, Ulverston Council and the Estates teams at UHMBT for making this possible.



Some of the team from the North Lancashire and South Cumbria Breast Screening Programme

The NHS Breast Screening Programme

Breast screening saves the lives of around 1,300 women every year in the UK. Breast screening can detect breast cancer that is at an early stage when it cannot be seen or felt, and this early detection can save lives and may mean simpler and more successful treatment. Women aged 50 to 71 who are registered with a GP Practice, will receive an invitation to attend for a breast screening mammogram, once every three years through the NHS Breast Screening Programme. Eligible women will receive their first invitation before their 53rd birthday.

If you are over 71, you can still attend for breast screening every three years by self-referral, just give us a call on 01524 518699 to arrange an appointment.

If you would like to know more about breast screening and read some frequently asked questions, take a look at our website [here](#)

It is advised that women should check their breasts regularly and contact your GP if you notice anything unusual, any changes to what is normal for you, or anything you are concerned about.

For more information about what to look out for and how to check your breasts, have a look at the "Breast Cancer Now" website [here](#)

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CANCER
NOW** The research
& care charity





supporting
life's journey
together

Issue 807 4 October 2022



University Hospitals of
Morecambe Bay
NHS Foundation Trust

North Lancashire woman shares the importance of attending routine mammograms

Bay Health &
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A North Lancashire woman, who was diagnosed with early-stage breast cancer last year, is urging other women to have their routine mammograms as part of Breast Cancer Awareness Month (1-31 October).

"It's so easy to assume that you're fine and that it's never going to happen to you – if I hadn't gone for my mammogram, it could have been much different," she said.

Nationally, 1,115,977 women aged 50-70 were screened between April 2022 and March 2021. Of those women, 9,902 women were diagnosed with cancer, which is 8.9 women for every 1,000 screened.

Eligible women will be invited for their first breast screening mammogram before their 53rd birthday, then every three years until aged 71. Breast screening can detect breast cancer that is at an early stage when it cannot be seen or felt, and this early detection can save lives and may mean simpler and more successful treatment.

Women are encouraged to practice general breast awareness, checking for any changes to what is normal for their breasts and advised to contact their GP if they notice anything unusual from what is normal for them. This could be skin puckering, nipple discharge, a lump in the breast, collar bone or armpit area and increased thickening in the breast.

You can read the full story at the Bay Health and Care Partners website [here](#).

Internal job opportunities

Are you looking for an opportunity in leadership? Are you interested in the delivery of safe, effective, and responsive care?

As part of the new clinical leadership team, we are now seeking expression of interest for the following positions:

- Venous Thromboembolism Lead - Expression of Interest - Internal only - 2 hours per week. It can be viewed at: <http://healthjobsuk.com/job/v4550288>
- Trust Sepsis Lead - Expression of interest - Internal only - 2 hours per week. It can be viewed at <http://healthjobsuk.com/job/v4550052>
- AKI - Lead - Expression of Interest - Internal only - 2 hours per week. It can be viewed at <http://healthjobsuk.com/job/v4550166>
- Mortality Reviewer - Expression of Interest - Internal Only—2 hours (0.25PA) per review. It can be viewed at <http://healthjobsuk.com/job/v4549953>

These roles are Trust wide and provide an opportunity to lead on ensuring that we are providing up to date, safe and effective management for our patients. If you are interested, please contact Jane McNicholas or Ameeta Joshi for an informal discussion. **These positions will be for a fixed period of 3 years Closing date: 06 -October-2022**



"Creating a great place to work and a great place to be cared for"



UHMBT colleagues form part of the state funeral procession for Queen Elizabeth II

Two University Hospitals of Morecambe Bay NHS Trust colleagues and one local Blood Biker had the honour of being part of the funeral procession for Queen Elizabeth II.

UHMBT Biochemistry Technical Services Manager Janet Eglin, and Royal Lancaster Infirmary Pharmacy Technician Andrew Taylor, along with Janet's husband, Blood Bike volunteer Tony Eglin, were asked to be part of the state funeral because of their previous military service and roles in the Royal British Legion, and in recognition of their skill as standard bearers.

Janet and Andrew both served in the Royal Army Medical Corps, while Tony was a member of the King's Own Royal Border Regiment.

During the funeral, the three veterans paraded either side of the Cenotaph in Whitehall, where Janet carried the Royal British Legion Lancashire County Standard, Tony carried the Ulverston Standard, and Andrew carried the Lancaster Standard.

Andrew said: "On Whitehall (and all along the route) speakers relayed the service from Westminster Abbey, so we were able to dip the standards for the two-minute silence and the National Anthem. We again dipped the standards as an act of homage as Her Majesty went past the Cenotaph.

"It was a rare honour and privilege to be able to pay homage to Her Majesty Queen Elizabeth II."

Janet, Andrew and Tony travelled to London nearly a week before the funeral, where they were involved in several days of rehearsal and preparation. After the funeral, a reception was held for the 72 Royal British Legion standard bearers, where certificates of appreciation were presented and there were toasts to Queen Elizabeth II and King Charles III.



Photo shows (from left) Tony Eglin, Janet Eglin and Andrew Taylor in Whitehall.

Message from MNMJ Editor Shadaba Ahmed

Dear Reader, as Editor I am in the process of compiling the Autumn issue of MBMJ. The plan is to honour HM the late Queen and HM King Charles. If anyone has a photograph or a memory to share of either HRH please could you contact me? My email is shadaba.ahmed@mbht.nhs.uk. I look forward to hearing from some colleagues.

Safeguarding - We need your help



Safeguarding is everybody's business and highly challenging.

The Safeguarding Intranet Site is there to support you. Please complete this [audit questionnaire](#) so we can raise its profile and make it work for everyone.



October is Speak Up Month 2022



Here at UHMBT we will be busy promoting national Speak Up Month throughout October.

'Speak Up Month' is an opportunity for us all to raise awareness of how much we value speaking up in our organisation. Speaking up enhances our working lives and improves quality and safety of care for our patients. Listening and acting upon matters raised by any colleagues at UHMBT, and the fact that everyone has the Freedom to Speak Up (FTSU), will help our Trust be a great place to be cared for and a great place to work.



Our Freedom to Speak Up Guardians, Heather Bruce and Wesley Blondel, said: "We must speak up because we know that our patients don't, so it is everyone's responsibility to raise concerns if you feel that something may be wrong."

Our senior leaders said: "We recognise that speaking up should be 'Business as Usual' in our Trust – so every day is 'Speak Up Day' and as senior leaders, we want to know what colleagues have to say."

Wesley Blondel can be contacted on: 07818 468 363 and Heather Bruce can be contacted on: 07890 587 013.

You can email Heather and Wesley in confidence via Freedomtospeakup@mbht.nhs.uk or contact the Guardian individually. All contact details are on our Intranet page: [Freedom to Speak Up - Home \(sharepoint.com\)](#)

The theme for this year's Speak Up Month 2022 is 'Freedom to Speak Up for Everyone', with each week having a specific focus.

Week 1: Speak Up for Safety

The safety of people who use and work in our services is central to how we work. Usually, colleagues raise concerns as they happen immediately to avoid any adverse events that may impact on patient safety or colleague wellbeing.

If you see something that doesn't look right, then it may not be right. Please raise this with your line manager in the first instance, if that is appropriate, and if you are still concerned then feel free to contact one of the FTSU Guardians for confidential advice and support.

Week 1 highlights the importance of speaking up about anything that gets in the way of you doing a good job, particularly relating to patient care and worker safety. It would be great if you could use this week, within your teams, to speak up for something you think can help us learn and improve for the benefit of patients and colleagues.

[Read more on the intranet on this link.](#)



3-1-5 team to tackle epic Tanzania bike ride for Bay Hospitals Charity

Four colleagues from Lancaster's 3-1-5 Health Club are taking on the challenge of cycling from Kilimanjaro base camp to the coast of Tanzania in aid of Bay Hospitals Charity.

General manager Deena Gillan, swim school manager Lauren Akister, business support manager Helen Parkinson and owner Sean Thornton will spend six days riding the off-road route, and are looking for sponsors to help them raise funds for the Royal Lancaster Infirmary Cardiac Unit.



The challenge forms part of a year of fund-raising by the health club, which made Bay Hospitals Charity its designated cause for 2022.

Full story: <https://www.bayhospitalscharity.org/News/3-1-5-team-to-tackle-epic-tanzania-bike-ride-for-bay-hospitals-charity>



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life's journey
together



supporting life's journey together

PENNIES FROM HEAVEN

Donate the pennies from your pay packet to Bay Hospitals Charity

SIGN UP AT [PENNIESFROMHEAVEN.CO.UK/JOININ](https://penniesfromheaven.co.uk/joinin)



Max cost
99p per
month

Bay Health & Care Partners Stakeholder Newsletter Issue 16

Welcome to the sixteenth edition of our Bay Health and Care Partners (BHCP) newsletter where we will update you every month on the collaborative work that is taking place in Morecambe Bay's Place-Based Partnership and the outcomes and benefits for communities.

[You can read the latest edition of the newsletter here.](#)

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Quit smoking this Stoptober

Are you thinking of quitting smoking? Research has shown that if you quit for 28 days, you're 5 times more likely to quit for good.

Stoptober begins on 1 October and there's never been a better time to quit!

Stopping smoking is the best thing you can do for your own health - and the health of people around you. It's never too late to quit.

You'll start seeing the benefits immediately, not just for your health but also your finances.

[Get support to stop smoking](#)



Photo of the Week

This weeks Photo of the Week is from Jonathan Ward :

"This is a photograph of my cat, Piggles, snuggling up on my chest.

"She does this for five or ten minutes every morning and evening.

"Piggles looks up at me adoringly, convincing me that she loves me almost as much as I love her!

She is always happy and friendly and this makes me feel better about the world, even when times look bleak."

If you'd like to be featured, send a photo that made you smile, your name and a short description to Weekly.news@mbht.nhs.uk.

Please note: Weekly News is shared with the public via the trust website and on notice boards across the sites.

Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact policy.coordinator@mbht.nhs.uk. [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 30th September

3 1 8 4 5 6

Play the Bay Hospitals Charity Lottery online now!

Visit www.bayhospitalscharity.org/lottery/

and help make a lotto difference across Morecambe Bay Hospitals.

