

# Weekly News

## Keswick to Barrow Walk gives £20,000 boost to Bay Hospitals Charity

**An incredible donation of £20,000 has been made to Bay Hospitals Charity by the organisers of the annual Keswick to Barrow Walk.**

Bay Hospitals Charity Head of Charities & Fundraising Suzanne Lofthouse attended the annual Keswick to Barrow Walk presentation evening recently, where the donation was announced as part of a total of more than £300,000 shared to good causes around the region.

Suzanne said: "We are absolutely delighted to receive this generous donation from the Keswick to Barrow Walk.

"This is the best Christmas present we could have wished for, and the funds will be used for the benefit of our patients, and provide improved equipment for use by the incredible staff in our hospitals and the community.

"I'd like to say a huge thank you to the Keswick to Barrow organisers and all of our amazing supporters who took part in this year's event."

Full story can be found on the [Bay Hospitals Charity website](#).



supporting life's journey together

## Issue 5 of our Improving Together newsletter is out now

**The UHMBT Improving Together newsletter is out now and you can read it [on this link](#).**

In this edition the focus is on our Culture Transformation Programme which is improving the culture within our Trust for all colleagues. Our wider improvements and progress in terms of the Recovery Support Programme (RSP) are also featured in this edition.

Work relating to Mortality, Clinical Effectiveness and the Deteriorating Patient is gathering pace and we have three stories looking at what has been achieved so far. One of our patients gives feedback on the Virtual Wards initiative in a special patient story, and we have an update on the refurbished Intensive Care Unit (ICU) at the Royal Lancaster Infirmary (RLI).

Freedom to Speak Up (FTSU) continues to be a focus for improvement and we have news of the new Urgent Treatment Centre (UTC) which is being built at the RLI. We also have updates on our Clinical Strategy, The Hive Improvement Centre, Urgent and Emergency Care Programme and our Values and Behaviours Framework.



Transforming our culture within UHMBT



Hello and welcome to issue five of our UHMBT Improving Together newsletter. In this edition the focus is on our Culture Transformation Programme which is improving the culture within our Trust for all colleagues. Please see pages four to six for the full details of the progress with our Culture Transformation Programme. Our wider improvements and progress in terms of the Recovery Support Programme (RSP) are also featured in this edition of Improving Together. Work relating to Mortality, Clinical Effectiveness and the Deteriorating Patient is gathering pace and we have three stories looking at what has been achieved so far. One of our patients gives feedback on the Virtual Wards initiative in a special patient story, and we have an update on the refurbished Intensive Care Unit (ICU) at the Royal Lancaster Infirmary (RLI).

Continues on page 3



## There's still time to join Focus 1 of our UHMBT Leadership Programme



**LEADERS - there are only 10 sessions left for Focus 1 of our UHMBT Leadership Programme that has been running since June.**

Attendance on this programme is part of our exit criteria from the Recovery Support Programme (RSP) and we are currently not at our promised 95% completion that we will be accountable for as a Trust, as leaders and as individuals.

If you are one of the leaders who has not yet booked, please do so now. Places are still available up to Friday 16 December, and find out why 99% the 1,200+ leaders who have attended have said they have taken things away that will enable them to contribute to us becoming 'Well Led'. We have made 40 spaces available per day.

If you are a leader who has attended, please check that all of your team have attended and ensure you support those who still need to book. Please also notify us if people are invited, but not eligible either through long term sickness or if they are not in a leadership post.

Please book via your TMS or contact [learninganddevelopment@mbht.nhs.uk](mailto:learninganddevelopment@mbht.nhs.uk)

## UHMBT research teams praised for support of pulmonary fibrosis TIPAL Study

**Our UHMBT research teams at RLI and FGH have received some excellent feedback from the recent TIPAL study.**

The teams worked with Dr Gatheral and his Interstitial Lung Disease (ILD) team to recruit patients to this important pulmonary fibrosis study.

The TIPAL study has been open to cross bay recruitment since May 2022. The study is designed so patients can join the study remotely if they wish, which allows vulnerable patients who are shielding not to miss out on the chance to be involved.

Professor Andrew Wilson, Chief Investigator of the TIPAL study wrote:-

"We are very grateful to Dr Tim Gatheral and his team at Morecambe Bay Hospitals for the outstanding contribution to the [TIPAL study](#). This important study is testing whether anti-acid medication improves outcomes in people with pulmonary fibrosis and, without the involvement of groups like Morecambe Bay, we would not be hitting our monthly targets. Tim and his team were amongst the highest recruiting secondary care centres in our previous national clinical trial in pulmonary fibrosis ([TIPAC](#)) – recruiting similar numbers to large academic teaching hospitals – and currently have recruited more participants per month into TIPAL than any other of the 32 sites involved. Thank you."

For more information about the TIPAL study please contact [research.admin@mbht.nhs.uk](mailto:research.admin@mbht.nhs.uk)



## Stay Well with winter vaccinations



**Health and care services face a challenging winter and, as we enter the colder months, we could face a “twin-demic” of flu and COVID-19 with both viruses in greater circulation.**

As a health or social care professional, you're more likely to be exposed to both viruses, which can be dangerous and even life-threatening. Up to one in four healthcare professionals can get infected with the flu virus during a mild season and flu is now circulating at higher levels than recent seasons.

This is why, as a frontline professional, you are among millions who can get a further free dose of the COVID-19 and flu vaccines ahead of winter. It's important that you get vaccinated as soon as you can. Getting vaccinated is the best way to avoid catching these viruses and so spreading them to your loved ones, colleagues and patients. It takes just a few minutes, and side-effects usually are mild and last less than a day or so.

Even if you have had both vaccines before it is important to top up your protection, as the viruses that cause flu change each year, flu vaccines are reviewed for each year to provide the best protection, and immunity from previous COVID-19 doses fades over time.

Evidence shows that vaccination against both viruses can make symptoms less severe and long-lasting, helping you to get back on your feet sooner and to enjoy the festive season without fear.

As you will know, our Occupational Health and Wellbeing Team (OH) are running a roving vaccination campaign this year. You can hear from the team about how this works and the importance of receiving your vaccinations in this short [Bitesize Briefing video](#).

If you have had your vaccinations at a local site such as a pop-up clinic, pharmacy or GP, please send our Occupational Health and Wellbeing Team a quick email on [occhealth.referrals@mbht.nhs.uk](mailto:occhealth.referrals@mbht.nhs.uk) to let them know so we can update our records accordingly.



British Society for  
immunology

**Getting the seasonal flu vaccine each year is important to get protection against the types of flu virus circulating.**

**Dr Sam Botchey**  
Specialist in Exercise Medicine



Scan the code to see where the team are this week! (or check the intranet [here](#) for details)






## Our Respect and Civility Facilitators are here to ensure our Trust is respectful and inclusive



**We are...**  
Respectful and inclusive



**We will:**

- Show respect to and for everyone
- Act professionally at all times
- Communicate effectively – listen to others and seek clarity when needed
- Value each other and the contribution of everyone

Continuing with our updates on our Values and Behaviours Framework and the accompanying pieces of work we are undertaking, this week we would like to follow up on National Anti-Bullying Week and some of the work our Respect and Civility Facilitators are doing.

You may be familiar with our Respect and Civility Facilitators – previously our Respect Champions – who are here to provide confidential support and guidance to colleagues when they have experienced unacceptable behaviours within the workplace. The role they provide is key to supporting colleagues who feel unable to speak up to somebody within their own team about behavioural concerns they have witnessed or experienced and who feel better able to get advice and support from somebody outside their usual mix of colleagues.

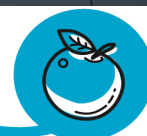
As part of our values and behaviours work, there is a strong focus on this team who volunteer their time and support. You may wonder why we have changed their name. A decision was made to rebrand the team as this better aligns to the culture we are trying to promote around facilitating the restoring of relationships, where possible. The term also fits better with the content of the newly updated training package they will receive. We are investing in our facilitators so that they can continue to provide independent, supportive guidance to you when you need it most.

Our Trust currently has 15 Facilitators who are available to talk to about any difficulties regarding respect at work. Some new colleagues have also been recruited into the facilitator role and to support all our facilitators the new training package will be launched next year.



## RAINBOW DAY IS BACK!!

On the 3rd December we brought the fabulous rainbow day competition back raising awareness for LGBT+ History Month. Keep an eye out for more details in weekly news in January.



## New EMIS document helps save staff time



**A new EMIS document to aid the easy completion of supporting information for Personal Independence Payment (PIP) applications has been developed.**

The document is a collaboration between Occupational Therapists from Community therapy and Rehab service; North Lancs; South Lakes therapy team and the Covid recovery team.

A community staff member may be asked to provide information for people who are going through the PIP process of claiming which until now could be time consuming, and take away from valuable clinical time.

The hope now is that by using the new EMIS document any staff member who needs to provide information for a patient can do so in a much faster and more efficient way.

Thanks to understanding input from the ESR advisor involved in its creation, the document can now be located by any EMIS user by searching for "PIP" in Add -> Document -> Create letter.

## Vivup platform – Christmas deadline for salary sacrifice scheme

**We recently launched a new money saving Vivup platform for colleagues.**



The platform gives colleagues access to lots of deals helping you with the cost of living on everyday items.

You can access the platform and salary sacrifice all year round. However we would like to highlight that if you are interested in purchasing and receiving goods in time for Christmas through the Home and Electronics salary sacrifice scheme then you need to do this no later than 1pm on Friday 16 December.

You can find out more about the scheme, and how to sign up to the site [here](#) and we will be sharing more information on the range of benefits available to colleagues through our communications over the coming weeks.

## Clinical Ethics Advisory Group - guidance for referrals

The Ethics group can help and support clinical decision-making. Advice from the group may be helpful if there is moral uncertainty about the best course of action, debate around treatment or other ethical dilemmas. [Read more.](#)

## Change in T-SPOT test cut-off times

Following a change in courier services we are pleased to confirm T-SPOT tests can now be sent to the Microbiology departments up to 1pm instead of the current 11am deadline. Furthermore, they are now able to receive T-SPOT tests on Friday too for testing.



## A new approach to responding to Patient Safety Incidents



**The Patient Safety Incident Response Framework (PSIRF) will replace the current Serious Incident Framework during 2023.**

The framework represents a significant shift in the way the NHS responds to patient safety incidents and is a major step towards establishing a safety management system across the NHS. It is a key part of the NHS patient safety strategy.

Patient safety is of the highest importance and must be an integral part of the health and social care. Organisations, such as ours, must now aim to maintain a core and proportionate response to patient safety incidents and prioritise action to mitigate risks to patients and staff. The PSIRF sets out the NHS's approach to developing and maintaining effective systems and processes for responding to patient safety incidents for the purpose of learning and improving patient safety.

The PSIRF supports the development and maintenance of an effective patient safety incident response system that integrates four key aims:

- Compassionate engagement and involvement of those affected by patient safety incidents
- Application of a range of system-based approaches to learning from patient safety incidents
- Considered and proportionate responses to patient safety incidents
- Supportive oversight focused on strengthening response system functioning and improvement

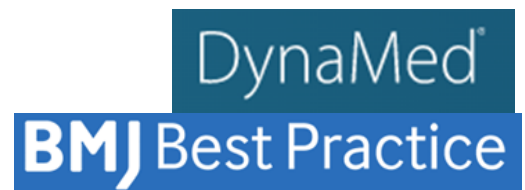
Implementation of PSIRF will not be achieved by a change in policy alone, and it cannot be implemented in days or weeks as it requires work to design a new set of systems and processes.

UHMB will transition to PSIRF by Autumn 2023 and [this video](#) provides more information about PSIRF and the Trust's proposed approach.

If you have any questions or would be interested in joining the PSIRF implementation group please contact [PSIRF@mbht.nhs.uk](mailto:PSIRF@mbht.nhs.uk)

## Access to DynaMed & BMJ Best Practice via UHMBT Library and Knowledge Services

**DynaMed & BMJ Best Practice are evidence-based clinical decision support tools designed to improve patient outcomes and enable healthcare professionals to find answers anytime, anywhere, whenever they need it.**



Find DynaMed & BMJ Best Practice on our website: <https://tinyurl.com/3uwavad5>

If you are using a Trust computer, you can access immediately. If working from home or using an external device, get access via your institutional login (OpenAthens) – if you do not have an account, you can create one via this link <https://openathens.nice.org.uk/> or contact [library@mbht.nhs.uk](mailto:library@mbht.nhs.uk) for any assistance.



## Congratulations to the Quality Service Improvement & Redesign Virtual (QSIR V) Cohort 5 & 6 Graduates!



We recently held celebrations for the achievements of QSIR V cohort 5 & 6 graduates, in which they showcased what they had learned from attending this virtual quality improvement training course. They shared how they're applying their learning to their various improvement projects which all support UHMBT to be a great place to be cared for and a great place to work.



You too can attend our improved QSIR V training course in February 2023 and gain valuable insight into Quality Improvement!

[Express your interest](#) to attend QSIR V and gain the skills to improve your services for your patients and colleagues.

QSIR V is continuously improving too, we listen and act on participants feedback which is resulting in greater learning and application of QI tools from those who attend from one cohort to the next.

Here is some of the feedback of those that attended cohort 5 & 6:

- A great way to challenge your thinking and introduce techniques that help you to improve your practice!
- [It's] Given me a toolbox for quality improvement, to open when I need it.
- QSIR V is a really well thought out course that provides a lot of information but not in an overwhelming way due to the breakdown of the course and planned activities.
- A great tool to improve our ways of working and influence change for the better.
- It is an amazing workshop especially if you are full of ideas and want to understand the process of making it into a reality.

**QSIR V is for all staff** that want to gain the skills to bring about improvements in their role. We are now planning our next cohort that will start in February 2023.

If you are interested or have colleagues in your team that you think would benefit from the interactive training and would like to receive dates and an application, please [express your interest](#).

For more information on QSIR V and all our Quality Improvement training visit the [Hive intranet site](#).





December 2022

# Five things on Finance

1

## HFMA Guide to NHS Finance

HFMA introductory guide to NHS finance



The HFMA's introductory guide to NHS finance is a comprehensive guide of how the NHS finance regime works, as well as the wider landscape in which it operates.



















The guide is a vital resource for anyone who wants to understand NHS finance and get the maximum value from NHS resources. It will be of interest to finance staff at all levels, non-executive directors, clinicians, budget holders and general managers. Indeed, anybody who wants to know more about how money works in the NHS; be they at the beginning of their career, moving to a new role, or just interested to understand the impact of recent changes. You can find it here: [HFMA Introductory guide to NHS finance](#)

2

## Jargon Guide

Did you know that we have our own guides on finance jargon and acronyms on the Finance Intranet Site you can find them here: <https://nhscanl.sharepoint.com/sites/Finance/SitePages/Finance-Training.aspx>

### Finance Training

 Finance Department FSD Reports Last Modified: July 8, 2021 by Julie Holden	
 Future Focused Finance Resources Last Modified: March 16, 2021 by Julie Holden	
 QlikSense - Budget Reports Guide Last Modified: January 24 by Julie Holden	
 Finance Acronyms and Jargon Explained.xlsx Last Modified: March 7 by Julie Holden	  
 HFMA - Introductory Guide to NHS Finance.pdf Last Modified: August 19 by Julie Holden	  
 Jargon - Future Focused Finance.jpg Last Modified: March 16, 2021 by Julie Holden	  

3

## CIP - Introduction of the WAVE Tracking System

4

## Free HFMA Finance Bitesize Courses for all NHS

5

## Autumn Statement 2022: What you need to know

Continue reading the update on the [intranet here](#)





## LET'S KEEP TALKING

**NHS**  
Lancashire and  
South Cumbria  
Integrated Care Board



**This Christmas don't  
'buy now' and have to  
worry about how you'll  
pay for it later.**

You don't have to spend a fortune to make it one to remember. Gifts can include your time, IOUs for odd jobs, or a walk in the park with a friend and a hot chocolate.

If you're struggling with the rising cost of living, have a look at our webpage for support and advice.



### Photo of the Week

This weeks Photo of the Week is from Ellie Herman :

"This is Nipper and Baxter on a snowy walk at their favourite time of year"

If you'd like to be featured, send a photo that made you smile, your name and a short description to [Weekly.news@mbht.nhs.uk](mailto:Weekly.news@mbht.nhs.uk).

Please note: Weekly News is shared with the public via the trust website and on notice boards across the sites.

### Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact [policy.coordinator@mbht.nhs.uk](mailto:policy.coordinator@mbht.nhs.uk). [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

### Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 9th December

**6 4 6 5 7 3**

Play the Bay Hospitals Charity Lottery online now!

Visit [www.bayhospitalscharity.org/lottery/](http://www.bayhospitalscharity.org/lottery/)

and help make a lotto difference across  
Morecambe Bay Hospitals.

