



LGBT+ History Month February 2023

LGBT+ History Month is celebrated across the NHS each February to **increase the visibility** of the entire LGBTQ+ community, as well as their **history and experiences**, and to demonstrate the actions being taken to ensure a **culture of belonging** in our organisations.

Schools Out UK have selected the national theme for 2022 which is **#BehindTheLens** and celebrates LGBT+ peoples' contribution to cinema and film – with a focus on **claiming the past**, **celebrating the present** and **creating a positive future** towards social justice and fairness.



@LGBT_UHMBT #LGBTHM23 #LGBTplusHM



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Friday 3rd, 10th, 17th & 24th February

Rainbow Fridays!

#UHMBTRainbowFriday

You are encouraged to celebrate in the best way for you! You could dress up in rainbow items, bake some rainbow-themed goodies, or decorate your break room or ward area (please check infection control guidelines before doing so). You might have a rainbow-themed art project that you want to share or maybe you could learn how to sign the rainbow in BSL. We would love to hear about how you celebrate so please send your photographs and comments to lgbt.network@mbht.nhs.uk or tag us on Twitter using #UHMBTRainbowDay.

Tuesday 21st February, 2.00pm-4.30pm

LGBTQ+ Inclusion Framework Launch

Seminar Room 5, RLI Education Centre

A drop-in event that all colleagues are encouraged to attend. As we embark upon a programme of work to make transformational and sustainable progress on LGBTQ+ inclusion here at UHMBT, we will be introducing our framework at this event and celebrating being awarded one of the inaugural National LGBT Advisor Healthcare Awards.





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Lancashire & South Cumbria NHS Foundation Trust

Our colleagues at LSCFT are hosting a series of virtual events throughout the month and have kindly invited UHMBT colleagues and service users to join them. Any accessibility requirements can be directed to equality@lscft.nhs.uk.

LGBTQ+ and Faith

hosted by Hidayah and Rainbow House, 14th February 1.00pm-2.00pm

You do not need to book a place in advance. [Use this link to join the LGBTQ+ and Faith session.](#)

LGBT History Month

hosted by Pav Akhtar, 21st February 10.30am-11.30am

You do not need to book a place in advance. [Use this link to join the LGBT History Month session.](#)

Pen and Inc Reading Group

Mr Loverman by Bernardine Evaristo, 23rd February

Mr Loverman tells the story of Barrington Walker, a 74 year old from Antigua who moved to London in the 1960s. Barrington is married to Carmel, but is secretly gay and in a relationship with lifelong friend Morris.

You can request joining details and find out where to buy the book by emailing kevin.mcveigh@lscft.nhs.uk.





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LGBT+ History Month Resources

[Stonewall LGBT+ History Month Hub](#)

Our friends at Stonewall have curated resources for LGBT+ History Month, with some specifically aimed at primary and secondary school young people, including the history of the word bisexuality, looking ahead at the next 50 years of Pride, and celebrating the lives of courageous LGBTQ+ women.

[British Medical Association](#)

A range of resources exploring the experiences of LGBTQ+ doctors and medical students in education, training and the workplace. A BMA report in partnership with the Association of LGBTQ+ Doctors and Dentists (GLADD), has found that fewer than half of lesbian, gay, bisexual, and queer respondents feel able to be open about their sexual orientation where they work or study. A little over a third feel able to be open about their gender identity.

[Health and Care LGBTQ+ Leaders Network](#)

A social movement comprising LGBTQ+ people and allies from a wide range of roles across health and care and delivered by the NHS Confederation. One of the primary aims of the network is to improve the experience of LGBTQ+ staff and patients and increase LGBTQ+ representation in senior leadership to influence change across the system. You can apply to become a member on their website as well as access blogs, articles, and resources written by network members.

