

# Weekly News

## Join our UHMBT Patient Safety Day on Wed 15 February

Everyone working at our Trust is welcome to attend our UHMBT Patient Safety Day on **Wednesday 15 February 2023 from 8.45am to 5.15pm on Microsoft Teams.**

There will be a wonderful range of patient safety experts speaking on a variety of topics.

Our UHMBT Patient Safety Awards, which will take place in the same week as the Patient Safety Day, will take place on Friday 17 February from 6.30pm to 10.30pm at The Villa at Levens Village near Kendal. Nominees have been notified that they have been shortlisted.

The Patient Safety Day will be an opportunity for all colleagues to get together and hear a range of external patient safety experts sharing their experience, learning and insight. We had fantastic feedback from our first event in April 2022 and hope everyone can join us again.

The daytime event is being held on Microsoft Teams so that all colleagues can have an opportunity to join in and benefit from the knowledge and experience that will be shared. You can find out more about each of our speakers on the [intranet here](#).

A link to join the event will be shared nearer the time.

This is a very exciting event, so please show our teams your support and join in where you can.

The winners of the Patient Safety Awards will be announced at the event on Friday 17 February and will be shared through our Trust communications. For more information, please contact the Corporate Communications team on [communications.team@mbht.nhs.uk](mailto:communications.team@mbht.nhs.uk)



The poster features a large pink heart outline on a blue background. Inside the heart, it says 'Virtual event' in a yellow circle, 'UHMBT Patient Safety Day' in white, and '15 Feb 2023' in a green shield. To the right of the heart are several icons representing healthcare: a speech bubble, a brain, a hand holding a heart, a stethoscope, a hand holding a heart, a hand holding a heart, and a hand holding a heart. Below the heart, it says 'Our Speakers' in white. Underneath are six circular portraits of the speakers: Prof Sidney Dekker, James Titcombe OBE, Prof Jane O'Hara, Rob Behrens CBE, Janett Walker, Dr Aidan Fowler, and Gail Porter. The NHS logo and 'University Hospitals of Morecambe Bay NHS Foundation Trust' are in the top right corner. Social media handles and the website 'www.uhmb.nhs.uk' are in the bottom left corner.

## Provider Collaboration Colleague Briefing

Please hold the date for a Colleague Briefing which will provide an update on ongoing work and future plans of the Lancashire and South Cumbria Provider Collaborative. The event will take place on **Tuesday 28 February between 11.30am – 12.30pm on Microsoft Teams Live**. You can read more about our Provider Collaborative or watch the introductory events back from summer 2022 [here on our intranet](#).





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## UHMBT Disability Staff Network shortlisted for National award

**We are delighted to share the UHMBT Disability Staff Network has been shortlisted in The Burberry British Diversity Awards for Outstanding Disability Network of the year.**

The awards celebrate leading diversity and inclusion champions, recognising achievements over the past year across ethnicity, age, disability, sexual orientation, gender identity and religious beliefs.

Our Staff Network has been recognised for the work on neurodiversity, work towards becoming a Disability Confident Leader, and general awareness. The Network have also been providing some support to colleagues at Lancaster City Council who are setting up their own Disability Staff Network.

Francesca Higgins People & OD Advisor and Inclusion Team support to the network said "It's great to see our network being recognised this way and it's a reflection of the hard work of Martin Brooks, Jimmy Page and other members of the network over the last year."

"The DSN and Neurodiversity Sub-group have done some amazing work to support colleagues through the Neurodiversity Project which included some ground-breaking work to raise awareness of, and increase the support available for neurodiversity across the Trust. The general awareness-raising done by the network has been exceptional, with the highlight being the Disability History Month Newsletter, raising awareness of a wide range of disability issues.

"With the support of the DSN, UHMBT hopes to be recognised as a Disability Confident Leader in 2023, a testament to the dedication and hard work of the network in making UHMBT a great place to work for people with a wide range of disabilities and differences."

The awards annual ceremony will take place in London on Wednesday 22 March.

## Sign up for the Cross-Bay Walk in aid of Bay Hospitals Charity

**The ever-popular Cross-Bay Walk in aid of Bay Hospitals Charity is back for 2023.**

Tickets are now on sale for the event on Sunday 25 June, offering the chance to enjoy the exciting experience of walking across the famous sands of Morecambe Bay.



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Led by King's Guide to the Sands Michael Wilson, the walk starts at Arnside and finishes around three-and-a-half hours later at Kent's Bank. Participants are encouraged to gather sponsorship on behalf of Bay Hospitals Charity, which funds the latest equipment for University Hospitals of Morecambe Bay NHS Foundation Trust to help make patients more comfortable and ensure they get the best possible care and treatment.

More info can be found on the [Bay Hospitals Charity website](https://www.bayhospitalscharity.org.uk/).



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## LGBT+ History Month: LGBTQ+ Health Trailblazers

February 2023

LGBT+ History Month

#LGBTplusHM

As part of LGBT+ History Month, NHS Confederation are showcasing some of the LGBTQ+ and ally trailblazers working in health and social care.

Over the month they are adding to this list, so please share the people that have inspired you, raised awareness of LGBTQ+ health needs or raised the profile of LGBTQ+ people.

You can email any suggestions to [lgbtqnetwork@nhsconfed.org](mailto:lgbtqnetwork@nhsconfed.org) or tweet using the hashtag #LGBTQHealthTrailblazers. We would love for you to nominate your local LGBTQ Health Trailblazers and tag our LGBT Network @LGBT\_UHMBT so that we can celebrate them!

**Dr Mags Portman** - Mags was called a "pioneer within the sexual health sector". She advocated for access and usage of pre-exposure prophylaxis medication (PrEP) to reduce incidence of HIV/AIDS in the United Kingdom. Portman has been attributed with preventing thousands of new HIV diagnoses through her work ensuring PrEP accessibility.

**Lord Michael Cashman** - Lord Cashman is a former actor, member of the House of Lords, and founded LGBTQ+ rights charity Stonewall.

**Alan L. Hart (also known as Robert Allen Bamford Jr)** - Alan was an American physician, radiologist, tuberculosis researcher, writer, and novelist. He was one of the first trans men to undergo hysterectomy in the United States. He pioneered the use of x-ray photography in tuberculosis detection and helped implement TB screening programs that saved thousands of lives.

**Tracy Myhill OBE** - Tracy made an outstanding contribution to LGBT equality during her time in chief executive, deputy chief executive and HR director roles. She encouraged and inspired people to discuss LGBT issues within Swansea and Cardiff and Vale Health Boards and across the UK Ambulance Sector ensuring board level commitment and LGBT staff networks were actively involved in the decision-making processes.

**Christine Burns MBE** - Christine is a British political activist known for her work with Press for Change, a key lobbying and legal support organisation for trans people in the UK. She fights for transgender rights, helped put together new employment legislation and the Gender Recognition Act and wrote the first ever official guidance on trans health for the Department of Health and Social Care.



### Our programme for LGBT+ History Month

LGBT+ History Month is celebrated across the NHS during February to increase the visibility of the entire LGBTQ+ community, their history and experiences, and to demonstrate the actions being taken to ensure a culture of belonging in our organisations.

[View our programme for the month on the intranet here.](#)



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## Community Conversations Survey

The community conversations need to represent the needs and priorities of local people and organisations.

We're asking everyone in the Lancaster area to complete a quick 30 second survey and tell us what their top priorities are - <https://keepconnected.lancaster.gov.uk/community-conversations-survey>

## Maternity teams reach milestone in Baby Friendly Standards

**In June 2022 UHMBT Maternity gained their certificate in commitment to the Unicef Baby Friendly initiative (BFI), and is now proud to announce the achievement of Stage 1 of the Baby Friendly accreditation scheme.**



The programme of work started in 2019 and was funded by Health Education England (HEE) and is part of the NHS long-term plan for improving health.

The Baby Friendly Initiative works to ensure that families receive effective infant feeding support, helping them to make an informed choice about feeding, get breastfeeding off to a good start, to overcome challenges and feed their babies responsively. Through the staged accreditation programme, the Baby Friendly standards, health professionals are enabled to support all mothers and birthing people with feeding and to help parents to build a close and loving relationship with their baby.



Wendy Thompson, Infant Feeding Lead has led the initiative at the Trust to develop the steps and programme required to achieve the standards. As part of this Wendy is running a robust training programme which is currently being rolled out to all UHMBT maternity and neonatal staff.

Wendy said "It's been quite challenging but completely worth it. Now we have a solid foundation in place we can build on and go upwards towards achieving Stage 2 of the scheme, a step closer towards our end goal of achieving Gold status the highest level of achievement.

## HEENW SAS Awards 2023 - Nominations now open!

We are pleased to invite nominations for the next round of the SAS Awards. Winners will be announced at the 10th Annual SAS Conference, to be held at Haydock Racecourse on 27th April 2023. You may submit as many nominations as you wish, but please complete a separate form for each individual you are nominating and each category for which you are nominating them.

To nominate a colleague [please complete all sections of this form](#) and return it to your SAS administrator on [morecambebay.sas@mbht.nhs.uk](mailto:morecambebay.sas@mbht.nhs.uk) by **20th February 2023**.



Health Education England



Great doctors surgeons and nurses . Very relaxed , friendly and the place had a smashing atmosphere. Everyone was so helpful and made the stay as comfortable as possible.



Read the latest Patient, Carers, Family & Friends Feedback on the [Your Experience Matters platform](#)





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## Colleagues urged to delete old Freedom to Speak Up app as it no longer functions and use new FTSU App instead



**Our UHMBT Freedom to Speak Up (FTSU) Guardians are urging colleagues with the old FTSU App to delete it from any mobile devices as it no longer works and is no longer available on the app store.**

Colleagues are now welcome to download the new FTSU App which has been created so that all colleagues can easily access information on how to raise concerns openly or in confidence.

**How do I use the new FTSU App?** - To learn how to use the app, [watch this video on YouTube](#) or follow the instructions below.

- Scan the QR code using the camera on your smartphone.
- Once you've scanned the QR code the homepage should load up.
- Scroll down to view videos and information on the FTSU Guardians and what role they provide.
- Further down you will see contact information, including mobile numbers and email addresses, as well as links to other websites like the [UHMBT official FTSU page](#), the Facebook page and the Twitter page.
- You can find [information on how to speak up as well as the different types of concerns](#).
- You can also find information on how you are protected.

When you are ready to raise a report, hit the 'report' button and complete the form.

Fill in as much detail as possible or, if you wish to remain anonymous, leave at least a contact number so the FTSU Guardians can report back to you on their findings.

How do I add shortcuts to my device? If you'd like to add a shortcut to your phone to the FTSU app, please follow the instructions below.

For Android phones using Chrome:

- Click on the three dots (ellipsis) at the top of the screen
- Click on 'add to home page'
- Click 'add automatically', and then the icon will appear on your desktop.

For Apple users using the Safari browser:

- Access the FTSU app from the bottom of the screen
- Tap the 'share' button
- Click 'add to home screen'
- Click the add button on the top right hand side
- You'll then have a shortcut on your phone's home screen.



[The FTSU intranet page is on this link.](#) For any queries about FTSU, please email: [FreedomToSpeakup@mbht.nhs.uk](mailto:FreedomToSpeakup@mbht.nhs.uk). For any queries about the functionality of the new FTSU App, please contact [adam.lucas@mbht.nhs.uk](mailto:adam.lucas@mbht.nhs.uk)



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## New Spring Dates out for Quality Service Improvement Redesign Virtual (QSIR V)



We are passionate about giving you the means and opportunities to help you make improvements and are excited to announce our next QSIR V dates.

Are you or your colleagues embarking on an improvement, big or small? QSIR V gives you the guidance, tools, and support to help you achieve it.

**What is it** - QSIR V is a virtual training programme spread across ten 60-90minute sessions. Designed to give you the QI tools and learning to tackle problems/issues and create improved sustainable change in your workplace and for our patients.

Don't take our word for it .... Take a look at some of the feedback from our last two cohorts...

- *A great way to challenge your thinking and introduce techniques that help you to improve your practice*
- *Very useful and practical. Great learning and development*
- *Every leader or aspiring leader should do this course*

**And some of the improvement projects they have brought with them...**

- *Improving the effectiveness and supportiveness of management supervision for staff in the department*
- *Increase access to dressings equipment and treatment in a timely manner*
- *Improving the support for young people with long term health conditions transition and transfer to adult health services*
- *Improve patient experience and efficiencies of care through an ambulatory stroke pathway*
- *Improvements to support community teams to get the most out of the services the library has to offer.*

So, [complete an expression of interest form](#) on the Hive Intranet site to join the next cohort of QSIR V! and start improving.

**Our next cohort will take place at 13:15 on Wednesday afternoons, starting on March 8th and finishing on May 24th (excluding the Easter school holiday period).**

If you are interested and would like the full breakdown of dates and an application form for QSIR V, please [express your interest](#). For information on all our Quality Improvement training visit the [Hive intranet site](#).

Don't miss  
your chance  
to apply for  
QSIR V

### QSIR Virtual



## TMS2 Changes and FAQs

The TMS Admin team would like to thank everyone for their patience and support over the past few months as we have transitioned into the updated version of TMS. We are aware that there has been some technical issues as well as difficulties for staff adjusting to a new layout. We are constantly taking on feedback and feeding it back to our developers who continue to refine and improve on TMS2. An update to TMS will be published on Monday 13th February which will provide some quality-of-life improvements, and we will continue to incorporate your feedback into future updates as much as possible. We will also be featuring weekly support in the form of step-by-step guides to the most common queries we have received about the new TMS, so please keep an eye on this as well.

As part of our initiative to continue to improve TMS2, the TMS Admin team will be restructuring the course categories and types to be more logical and easier for Trust staff to navigate through. We will also be updating the names of our courses to make them clearer as to what they contain. This should hopefully resolve the confusion staff have had with the umbrella courses. The plan is to name the training requirement with the full course name, and rename any child courses to show if they are eLearning, face-to-face workshops etc. All of this will take time to complete, so please bear with us as we make changes to courses. If there is every any confusion, please contact us at [TMS.admin@mbht.nhs.uk](mailto:TMS.admin@mbht.nhs.uk).

## Better understanding of Mortality Data is helping to encourage future learning and the improvement of care



**The number of people dying each year is increasing and the population of over-85s is set to double over the next 20 years.**

Dying is an inevitable part of living and approximately 50% of people who pass away die in a hospital setting. Many patients who die receive high-quality care and their death is inevitable, but unfortunately the care received in a small number of cases could have been better.

As a Trust, we are taking additional steps to help understand the 'Learning from Deaths' of the people in our care, to help improve the quality of the care we deliver to future patients.



During 2022, the Mortality Team at UHMBT has undertaken an extensive piece of work in conjunction with the Trust's Business Intelligence Team, the 'Making Data Count' team and the 'Better Tomorrow' team from NHS England and Improvement (NHSE/I), to develop a new comprehensive Mortality Dashboard.

The Mortality Dashboard has been developed based on best practice from other NHS Organisations and approved by NHSE/I. This will support our Trust to evaluate our Mortality Data and where improvements can be made. The data includes information on deaths of patients with a learning difficulty or a mental health condition. Ameeta Joshi, the Deputy Medical Director who has the responsibility for the management of Mortality within the Trust as part of her portfolio of work, said: "I am grateful for all the hard work that has been put into the dashboard by the UHMBT Business Intelligence Team to ensure that we are entirely data led."

[Continue reading on the intranet.](#)



## Vivup — Employee Assistance Programme

As you will hopefully know last year we worked with a company called VIVUP to introduce their platform for everyday use within the Trust. The platform consists of a number of aspects and so far you have had access to:

- Home and electronics where you can purchase goods up to £1000 and spread the cost over a 12 month period
- Lifestyle benefits where you can receive money off everyday items and outlets

As part of the platform you also have access to, as a member of staff at UHMBT, the Employee Assistance Programme. This programme offers a number of benefits for your health and wellbeing that you can access today.

It is important to note that this programme does not replace any of the Occupational Health & Wellbeing work. It is in addition to everything that Occupational Health & Wellbeing has been offering.

Here are a number of things that you can access through the programme:

- 24/7 access to a in the moment counselling helpline
- Self referral for 6 x30-minute telephone short term solution approach counselling sessions
- 19 CBT self-help workbooks that you can access online
- Podcasts and blogs on topics such as menopause, sleep
- Instant access to guidance, support services and help.

This is all [available to you here](#). All colleagues at the Trust whether you are substantive, fixed term or bank, can access the Employee Assistance Programme. Over the next few weeks we will be sharing more information about what you can access.

### Supporting staff's mental health and wellbeing with our dedicated Employee Assistance Programme



Help at any time, available 24/7 365 days a year

To access the service, simply call 03303 800 658\*

Whether you're facing problems at work or at home, you can access impartial, confidential advice from qualified counsellors for many different issues, including:

Anxiety | Bereavement | Stress | Depression | Workplace Issues | Trauma | Relationships | Finances | Family Difficulties

A wide offering of resources is available and includes downloadable self-help workbooks, debt advice, a mental health app and more. The telephone helpline is available 24/7, 365 days a year is completely confidential and free to anyone needing mental health support

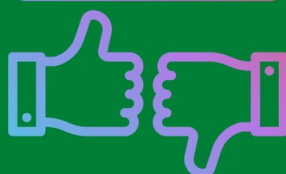
Visit [vivup.co.uk](https://vivup.co.uk)



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TO COMPLETE YOUR FORM FOR  
THE CHANCE TO WIN A  
£10 AMAZON VOUCHER



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LIBRARY SERVICE  
BY GIVING US YOUR  
FEEDBACK!

## Allied Health Professions leadership masterclass

HEE North West has launched a leadership masterclass series for AHP leaders.

The programme supports AHP leads to promote and improve equality, diversity, inclusion, and belonging (EDIB) in the allied health professions. [Registration closes](#) 27 January 2023 but are accepting late registrations. See [full training details here](#).







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## It's National Apprenticeship Week - 6th - 12th February 2023

National Apprenticeship Week 2023 is here and we are using the week as an opportunity to celebrate the work of our fantastic Apprentices around the Trust. If you would like to get involved in sharing good news stories about your experience as an Apprentice, or Apprentices that you work with, please email [hayley.niven@mbht.nhs.uk](mailto:hayley.niven@mbht.nhs.uk). Alternatively, you can Tweet us on our @uhmbtapprentice Twitter account where we will be showcasing Apprenticeships throughout the week.

There will also be lunchtime stands in the canteens at the three main sites across the week, so please feel free to pop by for a chat about Apprenticeship opportunities within the Trust. The dates are:

- Monday 6th February, 11.30-14.00 at WGH canteen (corridor)
- Wednesday 8th February, 11.30-14.00 at FGH canteen
- Thursday 9th February, 11.30-14.00 at RLI canteen



## Apprentice Ambassador Network

We are hoping to develop an Apprentice Ambassador Network at UHMBT, to assist in the promotion of Apprenticeship opportunities that are available within the Trust and share their Apprenticeship experience.

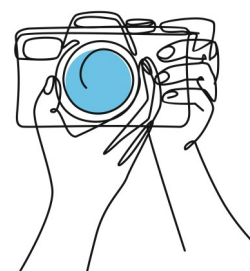
We are looking for confident, friendly and approachable colleagues who would feel comfortable promoting Apprenticeships both internally within the Trust, and externally by attending schools, colleges and community engagement events and informing the public of the Apprenticeship offering at UHMBT. You would need to be comfortable in sharing your own experiences as an Apprentice within the Trust and how your studies have benefitted your career progression. This would be a voluntary time commitment, with expenses provided for travel to external events. Full training will be provided and we will only match Ambassadors to events that they are happy to do.

If you would like to register your interest, please email: [hayley.niven@mbht.nhs.uk](mailto:hayley.niven@mbht.nhs.uk)

## Photo of the Week

If you'd like to be featured, send a photo that made you smile, your name and a short description to [Weekly.news@mbht.nhs.uk](mailto:Weekly.news@mbht.nhs.uk).

*Please note: Weekly News is shared with the public via the trust website and on notice boards across the sites.*



## Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact [policy.coordinator@mbht.nhs.uk](mailto:policy.coordinator@mbht.nhs.uk). [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

## Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 3rd February

5 9 6 6 9 7

Play the Bay Hospitals Charity Lottery online now!

Visit [www.bayhospitalscharity.org/lottery/](http://www.bayhospitalscharity.org/lottery/)

and help make a lotto difference across  
Morecambe Bay Hospitals.



Sharing views  
and ideas



**I want  
your views  
and ideas**

**Aaron Cummins**  
Chief Executive

**Feb '23 - July '23**

**Face to face sessions**

*Restaurants on each site*

- 6 Feb (RLI) 8am-9am
- 9 Feb (FGH) 5.30pm-6.30pm
- 7 Mar (WGH) 5.30pm-6.30pm
- 13 Mar (FGH) 8am-9am
- 17 Mar (RLI) 5.30pm-6.30pm
- 3 Apr (RLI) 8am-9am
- 13 Apr (FGH) 5.30pm-6.30pm
- 9 May (WGH) 5.30pm-6.30pm
- 15 May (FGH) 8am-9am
- 24 May (RLI) 5.30pm-6.30pm
- 2 Jun (WGH) 8am-9am
- 22 Jun (FGH) 5.30pm-6.30pm
- 6 Jul (FGH) 8am-9am
- 19 Jul (RLI) 5.30pm-6.30pm

**Virtual sessions**

*Via Microsoft Teams (meeting link to be  
shared nearer the time)*

- 23 Feb 12.30pm-1.30pm
- 28 Mar 11.30am-12.30pm
- 25 Apr 12-1pm
- 29 Jun 12-1pm
- 31 Jul 12-1pm

**I will be visiting different departments and wards across our hospitals to share and discuss my priorities with you all, and ask you for your views and ideas.**

If you want a more informal chat with me - no appointment needed - please come along to one of the sessions on the right and have a brew on me. You can also email me with your views and ideas at [aaron.cummins@mbht.nhs.uk](mailto:aaron.cummins@mbht.nhs.uk)

Sharing views  
and ideas

