

# Weekly News

## CQC well-led inspection feedback

As you may remember, inspectors from the Care Quality Commission (CQC) re-visited the Trust in mid-May to carry out the well-led part of their overall inspection. The well-led part of the inspection assesses the leadership, management and governance of the organisation.

Following the inspection, we [shared some initial high-level feedback](#) with you, and are now pleased to share the formal feedback letter from the CQC. This letter gives more details about what the inspectors witnessed whilst they were with us, and what they heard from colleagues they spoke with.

We are pleased to read that the hard work teams from across the Trust have been doing to improve services for our patients, was recognised by the inspectors. Also noted was the need to keep up the good work to make sure that these changes and improvements are maintained for many years to come.

We expect to receive the draft version of the final report in the coming weeks for a period of factual accuracy. This report will include the findings from the unannounced inspection of our Medicine services at the RLI and Maternity services at both the RLI and FGH in April and the well-led part of the inspection.

Once any factual changes are considered, the CQC will produce a final report, which we anticipate being published around August when we will share it with you all. The final report will issue ratings for the core services that have been inspected as well as our Well-Led and our overall Trust rating.

The [letter](#) has been published on the Trust's website and was shared at our public Trust Board meeting on Wednesday 7 June.

If you have any questions regarding the CQC inspection and the feedback letter, please contact your line manager or Care Group leadership team.

Thank you doesn't seem enough to express our gratitude for all you have achieved so far under increasing pressure. We can't stop now though. We need to use this feedback and acknowledgement to push forward even more - our colleagues, patients and communities deserve that.

**Aaron Cummins**

**Chief Executive**

## Putting Patients first with our new Clinical Strategy

I'm pleased to share that our new Clinical Strategy which details how we will put patients first, has been agreed and published.

Many of you took part in workshops last autumn to help us get our new Clinical Strategy right. Hundreds of colleagues took part and many more contributed comments throughout its development so thank you to everyone who gave their time and consideration.

**Continued**





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## Continued

The Clinical Strategy forms part of our new [Trust priorities](#) and supports our vision of: *Creating a great place to be cared for and a great place to work.*

### The strategy is:

- Patient First – focused on the community we serve
- Clinically Led – development has been through our clinical and operational teams
- Quality / Safety Driven – ensuring we seek to deliver outstanding care and experience in line with best practice

### Key points from the Clinical Strategy:

- Many of our services are fragile, we have workforce challenges and, without change, some of our services would become harder to deliver well
- Health inequalities affect our communities across Morecambe Bay with some residents living ten years less than their neighbours in other parts of the Bay. It is often the most vulnerable communities that struggle to access good care
- Our financial resources are finite and we will need to learn to do more with what we have: by working smarter, not harder. Colleague wellbeing is built-in to our future development
- By designing services together with our colleagues, our communities and our partner trusts, we can improve outcomes for patients
- Creating a great place to work gives us a chance to look at where and how services are delivered, whether on our acute sites or in our communities - closer to where people live

**You can view the full Clinical Strategy [here](#).**

This isn't the end of the work. We now need to work with you to look at our models of care - how we could and should deliver our services for the benefit of patients and colleagues.

Look out for future opportunities to talk about what new models of care could mean for your team, your service or your role. There will be opportunities to ask questions on sites, out with our community colleagues, online and with our patients or communities during summer and into autumn. We'll share more information.

If you have any feedback or questions in the meantime, please let us know by emailing:

[clinical.strategy@mbht.nhs.uk](mailto:clinical.strategy@mbht.nhs.uk)

It's an exciting time for our Trust and there are a lot of opportunities for us to work together to make a lasting difference for patients and colleagues. We look forward to continuing to work with you as we develop this strategy.

**Miss Jane McNicholas**

**Chief Medical Officer**



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## Sharing the Learning associated with “Freedom to Speak Up” at UHMBT

With regards to Sharing the Learning associated with “Freedom to Speak Up”, a ‘Speak Up Triangulation Meeting’ has been established as part of the recent suite of improvements that have been made to the Freedom To Speak Up (FTSU) service. The Speak Up Triangulation Group met for the first time in October 2022.

This monthly meeting is entirely confidential and is designed to facilitate information exchange and Trust-wide decisive action on concerns, incidents, reporting through respect and civility and safeguarding departments. This meeting seeks to demonstrate the use of data for effective monitoring and improvements and the identification of themes.

Dan West, Deputy Chief Nurse, who provides senior support for our FTSU Guardians, said: “To help the board or leadership team identify patterns, trends, and potential areas of concern, it is helpful to compare the themes in speaking-up cases with other data and information. You can use this intelligence to identify ‘hotspots’ where speaking up may be happening more or less often than expected and to identify what aspects of patient safety and quality, worker well-being and culture need attention.

“This approach is designed to ensure a sustainable approach to intelligence within the Trust to help ensure the Trust is continually on the lookout for potential issues to emerge. For example, the reconfiguration of a ward or a service within the Trust might be the catalyst for several issues and concerns to be raised. We recognise that we are working in challenging times and this, in turn, can apply increased stress and pressure on our staff. It is vital that we proactively seek out any potential areas within the Trust where problems may be occurring and initiate actions immediately to deal with them”.

Dan added: “As part of the recently introduced Speak Up Triangulation Meeting, I ensure that the outcome of the meeting, including any key actions and themes, is not only communicated upwards through the organisation structure to senior management but also ensures that Care Groups, specific services, and people on the ground are aware too and what we are looking to do to address them.

“People are starting to see that this greater dialogue to ensure awareness and the appropriate support is in place, coupled with early intervention can prevent incidents or risks and improve the experience for workers and patients.

“What we are trying to do is weave Freedom to Speak Up into everything we do as part of business as usual at UHMBT, to ensure that over time people really see the value in speaking up so that the speaking up culture at UHMBT develops and grows.”

Colleagues working for UHMBT can email the FTSU Guardians in confidence via:

[Freedomtospeakup@mbht.nhs.uk](mailto:Freedomtospeakup@mbht.nhs.uk) or via the FTSU App or can contact the FTSU Guardians individually.

Contact details are on the intranet page: [Freedom to Speak Up - Home \(sharepoint.com\)](https://sharepoint.com)





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## Share a special message or thank you for National Healthcare Estates and Facilities Day

Ahead of National Healthcare Estates and Facilities Day (Wednesday 21 June), we want to hear from you!

Send a special message to share with our Estates and Facilities colleagues so they know how appreciated they truly are: <https://www.uhmb.nhs.uk/get-in-touch/saying-thank-you>

## National Healthcare Estates and Facilities Day 2023: Guided Tours of the Construction Site of the New Oncology Unit MU1 RLI

The second annual National Healthcare Estates and Facilities Day takes place on Wednesday 21 June. Colleagues in the Estates and Facilities teams play a pivotal role in the day-to-day operations of the NHS and this day celebrates all the hard work that they do.

A number of professional associations representing the Estates and Facilities workforce in healthcare came together last year to launch a new national day to recognise and celebrate the critical work of all Estates and Facilities staff and their role in the provision of healthcare services.



National Healthcare Estates and Facilities Day is celebrated annually and takes place on the third Wednesday in June. It recognises the role of the Estates and Facilities workforce and is a day to invite all to reflect on the work done by these professionals and the value this gives to patients and staff and keeping our hospitals operating efficiently and safely.

There will be a number of things happening on the day, including tours of the new Oncology Unit MU1 RLI. The tours will take place at 10am and 12pm, however, numbers are limited to 10 people per tour.

We will provide all PPE and the tours are strictly monitored from a Health and Safety perspective.

The groups will meet at the Contractor's Site cabin on the car park behind Pharmacy for a quick background talk and introduction. They will then be escorted through the building site and emerge back onto the main corridor on the ground floor of MU1.

Members of the Capital Services Team will be on hand to advise and assist.

If anyone is interested in joining us, please contact either [jan.maguire@mbht.nhs.uk](mailto:jan.maguire@mbht.nhs.uk) or [stephen.ramsbottom@mbht.nhs.uk](mailto:stephen.ramsbottom@mbht.nhs.uk) with full name, contact details and which time you would prefer. Alternatively, go to the Capital Services Intranet page and click on "Welcome" and then the link to the Estates & Facilities Day Sign Up Sheet.



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## Stop Smoking Service launched

**A new Stop Smoking Service for patients launched on Monday 12 June at the Royal Lancaster Infirmary (RLI) and Furness General Hospital (FGH).**

The service will offer a range of support and 12 weeks of nicotine replacement therapy (NRT) to patients thinking about stopping smoking.

The Stop Smoking Service will be led by Anthony Scott-Leach, Stop Smoking Practitioner for the RLI, and Rebecca Woodburn, Stop Smoking Practitioner for FGH.

The service aims to see all smokers within a 24-hour period following admission to hospital where an assessment will be carried out with patients to check their smoker status and advice will be offered on what nicotine replacement therapy can be provided. The patient will also have their carbon monoxide levels checked and a questionnaire will be carried out to assess how reliant they are on nicotine.

Anthony said: "Our aim is to improve the flow of patients that want to quit smoking that have not had the opportunity to before. When people are in hospital they are more likely to consider their health and lifestyle choices and it's important for them to know that we're not here to lecture them but to give them the right advice and support.

"When patients are referred from us for NRT, they don't have to pay for their prescriptions as they would through alternative routes. The programme is 12 weeks and offers two weeks of NRT in hospital and 10 weeks of NRT in the community."

Rebecca added: "We want to make the service as easily accessible and as free of obstacles, as possible. It's important to make our patients' hospital stay as comfortable as we can and provide the right nicotine support for those patients who need it."

The Stop Smoking Service will link patients with further support services to ensure they receive continued support once they leave hospital.

Read in full [here](#).

## Clinical audit May newsletter

**You can now view the clinical audit newsletter for May 2023 [here](#).**

It includes a round-up of clinical audit news, events and programmes from Health Care Quality Improvement Partnership (HQIP).

## Standardising nursing cleaning schedules

Following a CQC visit last year, there was an action to standardise nursing cleaning schedules across UHMBT. A cross-care group workstream has been completed with the Infection Prevention team and has been approved via IPCC and is due to go live on Monday 3 July 2023.

[The new schedules](#) will be discussed with the relevant teams directly across all sites.

They are also available within the appendices of the [Clinical Cleaning/Decontamination Procedure](#).







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## Requests for new working space

Available working space across our sites is very limited but it is a priority for us to make sure colleagues and services are adequately located and that the needs of services and the wellbeing of colleagues are being met.

In order to maximise the use of our available properties and space, a new electronic process is being developed where site requests can be processed. This new platform will be available in the next couple of weeks.

The Site Utilisation Group will work to allocate available space to departments through this new process to ensure we are making the best use of our available resources, using the principles of agile working and clinical space for clinical activities and considering adjacencies, purpose, funding and value for money.

The following criteria will need to be met by teams for the allocation of working space:

- Prioritisation for working space will be given depending on the service needs
- Requests for new office space need to be signed off by the Care Group Triumvirate or Corporate Service Director
- Language such as 'patient-facing roles' as opposed to 'clinical staff' needs to be used

More information about the Trust's Blended Location Working Policy and Supporting Guidance can be found [here](#).

Any queries about the new process can be sent to [PropertyandSpaceRequests@mbht.nhs.uk](mailto:PropertyandSpaceRequests@mbht.nhs.uk).

We will keep you updated.

**Dee Houghton**

**Deputy Chief Operating Officer and Chair of the Site Utilisation Group**

## Free course for UHMBT colleagues

Colleagues at UHMBT are encouraged to enrol on a free two-week online course 'It's a Man's Life'.

This is a fantastic training offer from Lancashire Adult Learning adapted specially for employees of the Trust.

This short course has been designed to cover topics on men's health relating to; mental health, physical health and the key male cancers. The subjects are intended to raise awareness and generate valuable discussion to encourage personal reflection and action planning with a view to improving the overall health and wellbeing of men.

The course will take place on Monday 26 June and Monday 3 July from 1.30pm to 3pm. (Colleagues must attend both weeks).

Any colleagues wishing to attend will need to pre-book by enrolling with the college here:

[https://portal.mis.nelsongroup.ac.uk/Page/U\\_PublicCourseDetails?uio\\_id=35308](https://portal.mis.nelsongroup.ac.uk/Page/U_PublicCourseDetails?uio_id=35308)

Colleagues from all sites can sign up but if they live out of Lancashire, please put the RLI as your address as the offer is from a Lancashire-funded organisation.

**Lancaster Integrated Care Community**



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## New car park policy launched

As you may be aware, we have recently reviewed our Car Park Policy, in partnership with Staff Side and Union colleagues, and we are now ready to relaunch the revised policy.

Parking demand is far greater than the spaces we can provide as a Trust, so this new policy is designed to provide a fair and equitable process.

The revised policy is based on a Just and Learning culture to provide clear information, processes and reasoning for warnings and fines.

The highlights of the new policy include:

- **Free weekend and Bank Holiday parking for colleagues:** As there is less demand or capacity issues at weekends, we propose that parking all day Saturday and Sunday and across all Bank Holidays is open to all colleagues and free of charge (please see policy for details)
- **Overnight parking:** Parking from 8pm - 6am is already deemed by NHS England and Improvement as required to be free of charge, and for those working a mix of days and nights, the cost of a permit will be 50% of the full price
- **Continuation of Park and Ride service:** We would appreciate it if colleagues travelling cross bay from WGH / FGH to the RLI would use the free door-to-door Park and Ride service rather than an onsite space
- **Additional spaces at the RLI, FGH and WGH** are being constructed, with the spaces at FGH coming online in the next week
- **Checks on colleague journeys** will no longer be carried out by the car parking team but by managers and senior managers. Accurate information and approval will sit with managers and senior managers for each department, who will be responsible for approving parking requests, in line with Trust values
- **Additional 30 and 60-minute parking bays** are being made available at the RLI, FGH and WGH for colleagues who need to drop off or pick up equipment/ supplies
- **Colleagues will only be able to register a single vehicle per application**, with a revised process of what to do if you have a change of vehicle in place.
- **The Occupational Health team** will no longer be involved in supporting car parking applications

You can read the new policy in full [here](#). We have also developed some FAQs around the new policy, and you can find them on the intranet [here](#).

We continue to encourage colleagues to use sustainable forms of transport where possible and appreciate the support we have received to date.

**David Sanderson**

**Sue Mellor**

**Director of Estates and Facilities    Vice Chair of Union Staff-Side**





## Mental Capacity Act 2005 - CSAB week of action

A series of sessions will be delivered by CSAB as part of a locally co-ordinated Mental Capacity Act (MCA) week of action.

Colleagues can find the full list on sessions on the Intranet [here](#).

If you would like to attend any of the sessions, please email [csab@cumbria.gov.uk](mailto:csab@cumbria.gov.uk) with your name, role and organisation clearly stating which session you would like to attend.

You will receive a calendar invitation and a link to join your selected sessions via MS Teams as confirmation of your place.

## Council seeks views on its Homelessness and Rough Sleeping Strategy

Lancaster City Council would like to hear your views on its proposed strategy to tackle homelessness and rough sleeping in the district and what people feel are the biggest challenges in preventing it.

The draft strategy and action plan outlines its delivery of the Homelessness Strategy 2023-28 and its approach to addressing homelessness, with a focus on supporting some of the most vulnerable people and households across the district.

Responding to homelessness requires much more than the provision of a home. The strategy seeks to ensure local needs are met by working in partnership and collaboration with statutory, third sector and faith-based organisations to achieve this.

It also intends to build on what is working well in preventing homelessness and rough sleeping in the first instance by reducing the number of occasions when homelessness occurs. The strategy also seeks to build on what has already been achieved by the council working in partnership with local organisations, other district councils and Lancashire County Council, and by following directions from central government around best practice and new legislation.

Councillor Caroline Jackson, Cabinet member with responsibility for housing, said: "We are fully committed to preventing homelessness and rough sleeping. Following the new partnerships and developments that arose after lockdown, it's vitally important that we evaluate what has and hasn't been working well.

"Feedback on the strategy from local people will give us a greater chance of ensuring it delivers action that prevents homelessness wherever possible and supports people made homeless by giving outstanding services."

To view the council's Homelessness and Rough Sleeping Strategy and to have your say, visit [www.lancaster.gov.uk/hs](http://www.lancaster.gov.uk/hs)

The consultation will close on Monday 3 July 2023, we'd really value your contribution.







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## UHMBT Volunteers Recognised at Lancaster District Volunteer Awards

Bob Mollart and Marj Slack were presented with Certificates of Achievement by Mayor Roger Dennison, for their volunteering services to University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT), on Wednesday night at The Midland Hotel.

Bob and Marj both support and are an integral part of the running of Breathe Easy Lancaster and Morecambe Groups every month.

Breathe Easy (formerly Airways) supported by Morecambe Bay Respiratory Network (MBRN), was set up in 2019 by Lancaster Integrated Care Community (ICC) who are part of UHMBT Community Care Group. Breathe Easy is a community-based peer support group for anyone over 18 living with a chronic lung condition.

Bob and Marj both completed the Morecambe Bay Community Respiratory Team's Pulmonary Rehab course and wanted to give back to their community and support people in a similar situation to them.

The groups, one in Morecambe and one in Lancaster run monthly and Bob and Marj together with members of Lancaster and Bay ICCs run the two-hour sessions.

Bob has also now extended his volunteering role to include Thursdays on reception in the RLI and Marj helps to run Sing Me Sunshine, a fortnightly sing a long held at the Jubilee Club in Torrisholme.



## Don't forget next Saturday is our Barrow & Lancaster onsite nurseries 'Fun in the Sun' Open Days!

**Saturday 24 June, 10am - 1pm**

Bright Horizons Nursery and Preschool are celebrating the lovely warm weather with a 'Fun in the Sun' Open Day for all our new families! If you're interested in childcare options for your family, this is a fantastic event to get to know more about Bright Horizons – you can chat with our lovely staff team, explore our exciting resources, meet new local families and spend some time making memories with your little one with activities set up for all to enjoy.

Get in touch to book your space - we look forward to welcoming you!

Visit <https://brighthorizons.co.uk/open-days> or scan the QR code to book!



Come and say hi to Angelica, our Lancaster Nursery Manager on **Wednesday 14 June!** She will be set up in the **canteen at Royal Lancaster Infirmary from 11am-1pm**. This is a great opportunity to meet the Nursery Manager and talk about any questions you might have.



## Congratulations to the Quality Service Improvement & Redesign Virtual (QSIR V) Cohort 8 Graduates!

We recently held celebrations for the achievements of QSIR V Cohort 8 graduates, where they showcased what they had learned from attending this virtual quality improvement (QI) training course. They shared how they're applying their learning to their various improvement projects which all support UHMBT to be a great place to be cared for and a great place to work!



There are few more QSIR V cohort 8 participants catching up on sessions missed, so more will graduate alongside Cohort 9 in July.

### Attend QSIR V training and gain valuable insight into Quality Improvement!

**QSIR V shares QI approaches and tools** that you can apply to your improvement/project and day-to-day work. It is essential you come with an improvement idea/project to get the most out of these sessions. **QSIR V is for all staff** that want to gain the skills to bring about improvements in their role. **Cohort 10 will be starting in September 2023!**

If you are interested or have colleagues in your team that you think would benefit from the interactive training and would like to receive dates and an application, please [express your interest](#). For more information on QSIR V and all our Quality Improvement training visit the [Hive intranet site](#).

For those who want to know more about what quality improvement is but are not looking to start an improvement journey just yet, book onto the one-hour virtual session '**Introduction to Improvement**' via your [TMS](#). The **next one is coming up soon on Wednesday 21 June 2023. Don't delay – book on today!**





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## Celebrating LGBTQ+ Pride

It is the start of LGBTQ+ Pride season where we start to see Pride festivals across the world celebrate LGBTQ+ Inclusion. Especially in June as it is known as Pride Month in the USA and UK.

UHMBT has sponsored both Lancaster and Morecambe Prides and would love to extend the invitation to **anyone** in the Trust who wants to join us as an ally or proud LGBTQ+ colleague in the parades. You might be an ally, friend or family of an LGBTQ+ person and want to show support to them. You can bring friends and family members with you. There is entertainment and stalls and an after-parade to enjoy.



**Lancaster Pride** will take place at Dalton Square, Lancaster, on Sunday 25 June. The parade will take place between 11am-12pm. Everyone should meet at 10.30am at Dalton Square.

**Morecambe Pride** will take place at the Promenade, Morecambe, on Sunday 30 July. The parade will take place between 11am-12pm. Everyone should meet at 10.30am. Details of the location will be confirmed shortly.

If anyone would like to join us, please email [lgbt.network@mbht.nhs.uk](mailto:lgbt.network@mbht.nhs.uk)

## Members needed for National UEC Recovery Workstream 3 Clinical Advisory Group

The National UEC Recovery Workstream 3 has created a virtual Clinical Advisory Group (CAG) and is looking for a diverse range of colleagues from the UEC hospital world to sit on the group.

You can find out more about the roles on offer, criteria for applications and how to apply on the Intranet [here](#).

## DSE Self-Assessment Form is now digital!

As of Thursday 1 June 2023 the DSE Self-Assessment Form, accessed via TMS under the Health and Safety Banner DSE Self-Assessment - Workplace, will now be completed digitally. Rather than the traditional paper copy, we will no longer accept paper copies after Friday 16 June 2023.

This upgrade has been made through collaborative working between Health and Safety, Occupational Health and I3, in a bid to make the process as streamlined and user-friendly as possible.

## Learning to Improve Newsletter

The June 2023 edition of the Learning to Improve Newsletter is out now!

You can read this edition on the Intranet [here](#).





## Macmillan expands support service team at Furness General Hospital

Macmillan Cancer Support has expanded its team at its recently re-opened centre in Furness General Hospital in Barrow.

Judith Brassington, from Kendal, who has over 40-years nursing experience, has joined the team as a Macmillan Information and Support Assistant. She will help support people affected by cancer across the Furness Peninsula and Kendal area.

During her nursing career Judith set up the MS Specialist Nurse service in Furness & South Lakes, and she also won the MS Trust's 'My MS Super Nurse' award and Cumbria Partnership NHS Foundation Trust's 'Quality Champion' award.

As part of role she offers face-to-face consultations, telephone discussions and drop-ins for people affected by cancer, as well as working closely with health and social care professionals, and supporting the work of volunteers.

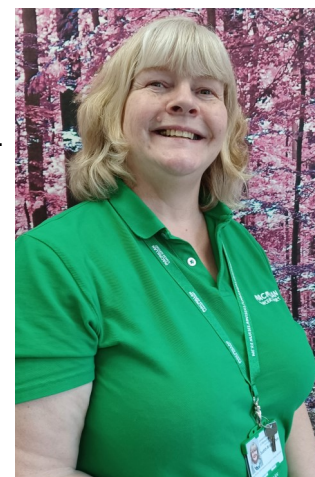
Judith said: "I'm delighted to have joined such a fantastic team at our lovely centre, which provides a vital drop-in service for information and support. I enjoy engaging with and supporting people affected by cancer, their friends, family and health care professionals.

"It's an extremely rewarding role and we're working hard to deliver an excellent service for people living with a cancer diagnosis in the local area."

Macmillan relaunched its Cancer Information and Support Service (MCISS) at Furness General Hospital (FGH) earlier this year. The service, renamed as the 'Furness General Hospital Macmillan Information and Support Centre', can be found on Level 4 of FGH, opposite the Royal Voluntary Service (RVS) shop.

The purpose-built space, which boasts an office and quiet room with a feature wall which will allow the team to carry out face-to-face appointments, was funded by Bay Hospitals Charity and two grants from Macmillan Cancer Support.

Anyone affected by cancer can contact Judith and the team at the centre, Monday to Friday, from 8am to 4pm (excluding bank holidays), or by calling 01524 519576 / 07972 639424.


 MACMILLAN  
CANCER SUPPORT


## Equality Impact Assessment Training

The Trust now has training available for completing Equality Impact Assessments (EIAs), which are a requirement of any new policy, project or procedure.

The course covers how and why we do EIAs and how to make sure that the EIA is an integral part of the process of developing the policy. It helps you with where you can find support for the process, and how to get the best results. It's important that our policies do not inadvertently create barriers or exclude people from our services and provision, so it's important that EIAs are done properly.

If your job involves writing policy, book a place on the next training via TMS. There are courses running every month between now and the end of the year. The course is delivered via Teams and is 90 minutes long. The course is called "Equality Impact Assessment – how and why we do them".



# Five things on Finance

June 2023

1

## HFMA NW Awards



The Finance team are delighted to share the good news that they have been shortlisted in the upcoming NW HFMA Awards categories: Embracing Technology, Outstanding Individual, Overcoming Adversity and Finance Team of the Year.

We'll find out at the NW Annual Conference if we're successful like last year where we won the Overcoming Adversity award.

2

## Income Update 23/24 Payment Scheme

The Finance Income Team have created a PowerPoint to explain the changes to how the Trust will receive its Patient Care Income this year.

You can find this alongside this year's guidance here: [2324 National Tariff Guidance](#)



3

## The NHS in England achieved its financial targets in 2022/23



Did you know the NHS in England achieved its financial targets in 2022/23, delivering a small overall underspend. You can read more about the detail behind the figures here:

<https://www.hfma.org.uk/news/news-list/Article/systems-finish-year-with-534m-combined-overspend>

4

## Procurement Apprenticeship Drive

For more information on the opportunity to join Procurement as an apprentice please visit: [//bit.ly/3qaNP9h](https://bit.ly/3qaNP9h) or scan the QR code:



5

## Demystifying NHS Finance May 2023



For any Non-Finance staff who were unable to attend the Demystifying Finance event in May from One NHS Finance, you can watch the whole event here: <https://www.youtube.com/watch?v=kNLRIMgOfik>

To find out more about the work of the Finance Team please visit our SharePoint page at: [Finance \(Sharepoint.com\)](#)



## Barrow Exercise and Therapy Scheme

A new exercise referral scheme has launched at Barrow Leisure Centre.

BEATS – Barrow's Exercise and Therapy Scheme is designed for patients with long-term medical conditions who would benefit from increasing their physical activity.

A flyer about BEATS can be found on the Intranet [here](#).

## Unused binding machine

An unused binding machine is available to be repurposed for any colleagues interested.

The machine is in good condition and has two boxes of binding combs with it.

It is available to be picked up from the Community Heart Failure team at the Fairfield Office, Barrow-in-Furness.

Anyone interested can contact Emma Dyson, Community Service Team Administrator, on [emma.dyson@mbht.nhs.uk](mailto:emma.dyson@mbht.nhs.uk)

## Photo of the Week



This week's photo of the week was sent in by Kira Tyrrell - 'It's of our five month old American bully Bruno. Our daughters absolutely adore him and he's such a loving boy. He's a gentle, gorgeous, short, stocky lad.

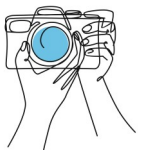
My husband and I are doing the 90 miles in June dog walk for Bliss.

Fundraising link is <https://socialsync.app/fundraiser/cr-de74y0we>

Bliss is a charity supporting babies born sick or premature (Our twins were born eight weeks premature, resuscitated and spent six weeks in NICU. They're now thriving nearly three year olds).

If you'd like to be featured, send a photo that made you smile, your name and a short description to [Weekly.news@mbht.nhs.uk](mailto:Weekly.news@mbht.nhs.uk).

***Please note:** Weekly News is shared with the public via the trust website and on notice boards across the sites.*



## Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact [policy.coordinator@mbht.nhs.uk](mailto:policy.coordinator@mbht.nhs.uk). [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

## Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 9 June

1 1 4 1 3 0

Play the Bay Hospitals Charity Lottery online now!

Visit [www.bayhospitalscharity.org/lottery/](http://www.bayhospitalscharity.org/lottery/)

and help make a lotto difference across  
Morecambe Bay Hospitals.





University Hospitals of  
Morecambe Bay  
NHS Foundation Trust

# THE BAY HEALTH FESTIVALS

BARROW • LANCASTER • KENDAL

## July 8th & 9th 2023

# A Celebration of Cycling



Bike demos | Repairs  
Tips & advice | Food

Dalton Square, Lancaster  
Sunday July 9th, 10am to 4pm

WEBSITE  
[thebayhealthfestivals.org.uk](https://thebayhealthfestivals.org.uk)

SOCIAL MEDIA  
@TheBayHealthFestivals

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University Hospitals of  
Morecambe Bay  
NHS Foundation Trust

# THE BAY HEALTH FESTIVALS

BARROW • LANCASTER • KENDAL

July 8th & 9th 2023

## Rediscovering the lost art of living

Music | Dance | Fitness | Food

### Lancaster

Dalton Square  
July 8th & 9th

### Kendal

Leisure Centre  
July 8th

IN PARTNERSHIP WITH



### WEBSITE

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