

Weekly News

UHMBT launches pioneering Working Carers Policy to support colleagues and protect their rights

UHMBT is breaking new ground by launching its first-ever [Working Carers Policy](#) to support colleagues who have unpaid caring responsibilities away from work. The policy has been warmly welcomed by the UHMBT Carers Staff Network as a way of ensuring that colleagues are supported to keep working while fulfilling their caring responsibilities.

A working carer is someone in full or part-time employment, who also provides unpaid support, or who looks after a family member, partner or friend who needs help. This may be linked to frailty due to old age or disability. Supporting carers to remain in work by embedding flexible working approaches and effective support structures, brings significant benefits to carers, their families, businesses and the wider community. The NHS England definition of a carer is [on this link](#).

The UHMBT Working Carers Policy provides guidance and information about the Trust's commitment to support working carers to balance their working life and caring responsibilities. The policy is applicable to everyone working within the Trust, including students and volunteers. You can read the full story on the Intranet here [UHMBT launches pioneering Working Carers Policy](#).

Notice of weekend closure of LloydsPharmacy Outpatient Service

UHMBT LloydsPharmacy (Iphealthcare services) will be permanently closing at weekends from **3 February 2024**. Alternative provision of Pharmacy dispensing services are as follows:

All **Inpatient wards** that send prescriptions to LloydsPharmacy (e.g. AMU, ASU, Maternity, DSU) at the weekend must send their usual paperwork through the inpatient pharmacy.

All **Outpatient departments** must either

1. Complete a non-urgent treatment request to GP
2. FP10 prescription to be dispensed at a community pharmacy.

All **Emergency departments, KUTC and SDEC** must either

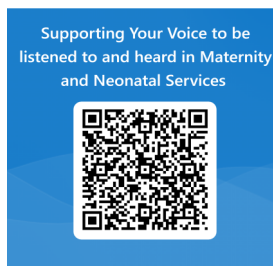
1. Utilise pharmacy prepared prepacks /over-labelled (TTA) packs,
2. FP10 prescription to be dispensed at a community pharmacy.

It is the prescriber's and nursing teams' responsibility to ensure that patients are made aware how urgently the medications are required and where they are to obtain medications from. Morecambe Bay Joint Medicines Formulary must still be adhered to ([morecambebayformulary.nhs.uk](#)). Read the full story here [Notice of weekend closure of LloydsPharmacy Outpatient Service](#).



New maternity and neonatal independent role will support families in Lancashire and South Cumbria

Women and families in Lancashire and South Cumbria can now seek the support of an advocate if something has gone wrong with their maternity or neonatal care. The maternity and neonatal independent senior advocate will ensure the voices of women and families are listened to and acted upon by their maternity and neonatal care providers when they have experienced an adverse outcome any time during their maternity and neonatal care – recently or some time ago. You can read the full story on the Intranet [here](#). This story reflects our aim of working in partnership which is one of our four areas of focus for 2023/2024.



[Click here to find out more about our areas of focus 23/24](#)



Are you worried about keeping payments under control?

UHMBT has recently signed up to a "Working With" agreement with the Cavell Trust, which offers additional support to our nurses, midwives and healthcare assistants.

Our Nursing and Midwifery colleagues who need support with debt advice can find advice at the following link [PayPlan & Cavell – working together to help you | PayPlan](#).

Full resources available through our "Working With" agreement can be found on the members pages of the Cavell website: <https://cavell.org.uk/working-with-exclusive-members/>. Colleagues must use the following password to access resources **cavellwwlogin**.

Join the live webinar

On Wednesday 7 February at 11.30am, Cavell will be hosting a webinar titled: Tips for a Financially Empowered 2024. [Click here to reserve your place in the webinar!](#)

Lorna Pritt, Associate Chief Nurse

This story reflects our aim to create the culture and conditions for our colleagues to be the very best they can be which is one of our four areas of focus for 2023/2024.

Time for You

Please be aware that due to unforeseen circumstances we have had to **cancel Time for You sessions on the following dates:**

- Thursday 18 July 2024 at FGH Meeting Room 2 between 12.30pm-1.30pm
- Thursday 7 November 2024 at FGH Lecture Theatre between 9am and 10am

Time for You is a listening forum for our nurses, midwives and Allied Health Professionals of all bands including Clinical Support Workers, launched last year by Tabettha Darmon, Chief Nursing Officer.

Sessions will still go ahead on the following dates:

- Thursday 21 March 2024, FGH Lecture Theatre, 12.30pm-1.30pm
- Thursday 9 May 2024, RLI Lecture Theatre, 9am-10am
- Tuesday 17 September 2024, WGH Executive Boardroom, 1pm – 2pm

More information can be found on the Intranet [here](#).



Cavell
Supporting the Nursing and Midwifery family through tough times

Support for you

If money's tight and you're struggling to cope, you're not alone.

Every day, the nursing and midwifery family seeks help from Cavell looking for grants, advice and a listening ear. This support builds financial resilience and enables you to plan for the future. Do your bills, relationships and health mean you're struggling to cope?

Cavell is ready to help.



01527 595 999
[Cavell.org.uk](https://cavell.org.uk)

100th Participant Recruited to Rheumatology Study

We are very pleased to share another achievement from Research and Development! UHMBT recruited the 100th participant to the GCA Consortium – a study being carried out by a team of researchers based at the University of Leeds looking to understand more about the causes of giant cell arteritis (GCA). Findings will be used to develop better treatments for this disease.

"We are very pleased to have participated significantly in this important observational study. UHMBT Rheumatology Department remains the highest recruiting site on the North West coast thanks to all the hard work of our research team."

Dr. Marwan Bukhari, Rheumatology Consultant, UHMBT

This story reflects our aim to deliver outstanding care and experience which is one of our four areas of focus for 2023/2024.



Colleagues visit WGH Theatres

As part of the RLI Waiting List Office Teams learning and development, colleagues visited WGH Theatres to spend a day following the patient's journey through their admission for surgery, shadowing theatre staff and surgeons to further improve communication and build on relationships.

All the staff feedback has been about how welcoming and accommodating the theatre staff and surgeons were and how much of a great experience the day was. Thank you.

"I really enjoyed my visit. Meeting the staff we deal with every day was great and good to build relationships. Really interesting to learn about what happens from the other side. Thank you." Sue Lancaster.

You can read the full story and more staff experiences here [Colleagues visit WGH Theatres](#).

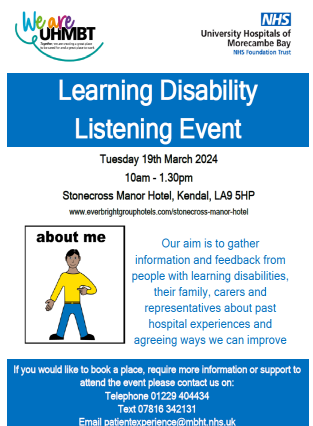


Learning Disability Listening Event -Tuesday 19 March 2024

The Patient Experience Team in collaboration with Brian Evans, Matron for Learning Disability, Autism and Complex Needs are holding a Learning Disability Listening Event on Tuesday 19 March 2024 at Stonecross Manor Hotel, Kendal. **Please click on the poster for a better quality version and for full details.**

The purpose of the event is to gather feedback from patients with learning disabilities, their family, carers and representatives about their past hospital experiences and to agree on ways in which we can improve. If you know of anyone with a learning disability aged 16+ years, who would like to attend, please contact a member of the Patient Experience Team to book a place.

Annette Shepherd, Patient Experience Lead



**Learning Disability
Listening Event**

Tuesday 19th March 2024
10am - 1.30pm
Stonecross Manor Hotel, Kendal, LA9 5HP
www.everbrightphotostudio.com/stonecross-manor-hotel

about me

Our aim is to gather information and feedback from people with learning disabilities, their family, carers and representatives about past hospital experiences and agreeing ways we can improve

If you would like to book a place, require more information or support to attend the event please contact us on:
Telephone 01223 404434
Text 07816 242131
Email patientexperience@mbht.nhs.uk

Temporary closure of Rest space and on-call rooms for refurbishment, 26 February - 7 April

The rest space and on-call rooms in the Centenary building, RLI will be closed for refurbishment from Monday 26 February to Sunday 7 April. Alternative arrangements are available in Medical Unit 1. To book a room, contact Patient Environment Services on 42236. If on-site accommodation is unavailable, you can source a local hotel room and claim the payment from your local pay system. For any queries regarding payment please contact the Medical Workforce team at medicalworkforce@mbht.nhs.uk and for any general queries, please contact the Postgraduate Medical Education team by emailing rli.educationcentre@mbht.nhs.uk.

Important: Work to standardise all hand towel dispensers

Colleagues should be aware that from the start of February 2024 to April 2024 there will be fitters working in all areas that have a fitted hand towel across our WGH, RLI, FGH QVH and Millom sites. Please note that ward closures and outbreaks may change the proposed work dates.

The disruption to colleagues' daily activities is anticipated to be low, however, we still want to raise awareness that this work will be ongoing within the Trust and would be grateful if managers could share this message with their teams. The aim of this project is to standardise all hand towel dispensers across all sites and reduce wastage by applying a single dispensing model, which has proven to significantly reduce usage and delivery cost-saving opportunities by 35%. **This story reflects our aim to make the best use of our financial and physical resources which is one of our four areas of focus for 2023/2024.**

Thank you.

Procurement & Supplies



Potato Nativities

Well done to all the teams/departments who produced Nativities to raise funds this Christmas period. The Hospital Alcohol Liaison Team (HALS), Priority Assessment and Discharge Unit (PADU), Carnforth Community Clinic and Orthopaedic Out Patients raised a total of £209.56, which was donated to Lancaster Homeless Action Service (LDHAS).

Ward 37 also produced a nativity, which contained knitted characters, and they raised money for a Cardiac Charity. The HALS team would like to thank Ian Dewar for taking the time to bless all the nativities, and everyone who got involved and donated, it was a really good result. Ian has also said that he would like all departments to get involved next Christmas. Staff at LDHAS are also very grateful for the money raised.

Anne McCafferty, Health Early Action Team



Research and Development Department Award

Our Research and Development Department have started 2024 with a bang! The Oncology Research Team at UHMBT are working alongside the Institute for Cancer Research on a study called POETIC A.

POETIC-A is a randomised trial investigating whether adding a drug called Abemaciclib, alongside hormone therapy, can help reduce the risk of early breast cancer from returning. Abemaciclib is a targeted cancer drug that works by blocking molecules which encourage cancer cells to grow and divide.

This groundbreaking research will help scientists, oncologists, and researchers all over the world understand whether treating patients with Abemaciclib in combination with hormone therapy is more effective than giving hormone therapy alone.

This is a very exciting study and UHMBT is really pleased to be a part of it! What's even more exciting is that the Oncology Research Team have been presented a certificate for the fastest first randomisation, in the POETIC-A awards of 2023!

A huge well done to our team and thank you to all those who are involved in the study. We are incredibly proud of the hard work that has gone into this study.

If you would like to know more about the POETIC-A study, you can click on the links below. Institute of Cancer Research: POETIC-A - The Institute of Cancer Research, London ([icr.ac.uk](https://www.icr.ac.uk)) Cancer Research UK: A trial of hormone therapy and abemaciclib for early breast cancer (POETIC A) | Cancer Research UK Or alternatively, you can contact the Research and Development team directly on Research.Development@mbht.nhs.uk 01524 516486 / Ext:46486. To get more information on what other exciting studies the Research Department are involved with, follow us on social media: X: @ResearchUHMBT Facebook: <https://www.facebook.com/researchUHMBT/> TO TAG @ICR_CTSU.

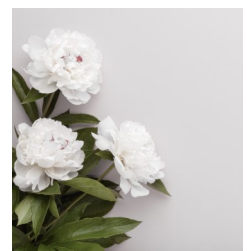


Remembering Karen Silver

It is with great sadness that we announce the passing of a dear friend and colleague of Karen Silver on 22 December 2023. Karen was a loved member of the Bank team at Furness General Hospital, and previous to her retirement in her substantive role on Ward 9 for many years.

She was a kind compassionate nurse, always willing to help her colleagues, and always up for a laugh. She would turn any negative situation into something positive, with her bright bubbly character.

Karen will be dearly missed.



NHS IMPACT & the new CQC Assessment Approach



You may, or may not have heard about the new CQC assessment approach that was discussed in the all colleague briefing held 22 January. There is also a new NHS Improvement approach: NHS Impact that aligns.

NHS IMPACT (Improving Patient Care Together) is the new, single, shared NHS improvement approach - by creating the right conditions for continuous improvement and better performance, systems and organisations can respond to today's challenges, deliver better care for patients, and give better outcomes for communities. NHS IMPACT will inform the way we work and create the conditions in which continuous improvement is the "go to" way for tackling all our challenges.

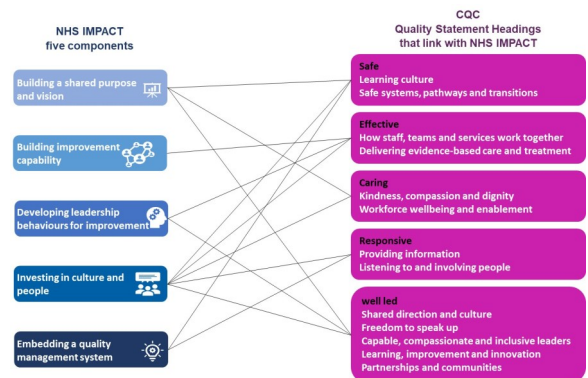
NHS IMPACT has five components that form the 'DNA' of all evidence-based improvement methods; these principles underpin a systematic approach to continuous improvement. When these five components are consistently used, they create the right conditions for continuous improvement and better performance.

NHS IMPACT shares some common core aspects with the new CQC assessment framework. How so, we hear you cry? Well, take a look at the image right (click to enlarge).

Click on the links on the article to find out more and what part you can play in...

Improving together for a shared purpose

The Quality Improvement Team



We need your help: we'd like to hear about your local workplace inductions

People Services is working in partnership across the Trust to revamp our local workplace inductions. Have you had any great experiences you'd like to share? Are you new to the Trust and would like to tell us what could be improved? We'd love to hear from you so we can help our colleagues be the best they can be. Please email michaelastallman@mbht.nhs.uk.

RLI surgical secretaries - change of telephone numbers

The contact numbers for the RLI Surgical Secretaries will be changing to the following numbers as of Friday 2 February 2024:

Miss Bronder and Mr Hawkin's Secretary 42376 (external: 01524 512376); **Miss Craig and Mr Raymond's Secretary** 49339 (external: 01524 519339); **Mrs Davies and Mr Ryska's Secretary** 49354 (external: 01524 519354); **Mr Gumber and Mr Tomlinson's Secretary** 49396 (external: 01524 519396); **Mr Walls and Mr Wilson's Secretary** 42380 (external: 01524 512380).

Events

- **Supported Internship Evening.** DFN Project SEARCH Kendal, who is based at WGH, are hosting a Supported Internships Information Evening on Thursday 8 February, 6pm-8pm, at Kendal College. This event is for Young People with EHCPs and their support networks to find out more about Supported Internships. To book a place please visit Kendal.ac.uk/visit or scan the QR code.
- **February theatre club offers.** More information [here](#).
- **InSight Demo Tuesdays.** More information [here](#).





supporting
life's journey
together



University Hospitals of
Morecambe Bay
NHS Foundation Trust

Newsletters

- **South Cumbria Place Based Newsletter Edition 6.** More information [here](#).
- **Infection Prevention & Tissue Viability Newsletter.** More information [here](#).
- **Learning from Deaths Newsletter.** More information [here](#).
- **COVID recovery service newsletter: February 2024.** More information [here](#).

Awareness Days

- **National Apprenticeship Week: 5 - 11 February 2024** - 5 - 11 February 2024 is National Apprenticeship Week and over the course of the week we will be hosting a number of events internally, as well as attending local schools to showcase Apprenticeship and career opportunities within the NHS and Care. We will be running a number of Apprenticeship information webinars throughout the week - please see details on the Intranet [here](#).
- **Get involved in LGBT+ History Month 2024** - Get involved in LGBT+ History Month 2024 - LGBT+ History Month takes place in February and is an opportunity to celebrate achievements and support LGBTQ+ staff. The campaign is celebrated across the NHS to increase the visibility of the entire LGBTQ+ community, as well as their history and experience. This year's [national theme](#) is #UnderTheScope, celebrating LGBT+ people's contribution to medicine and healthcare – with a focus on LGBTQ+ health inequalities and the amazing work of LGBTQ+ healthcare professionals. More information [here](#). A programme can be found [here](#).

Latest training opportunities

For the Trust's latest training opportunities and courses available, please visit [TMS](#). For further wider training visit the Learning and Organisational Development Team's Intranet page [here](#).

- **CPD For Managers on difficult conversations** - There are spaces on the Respect and Civility Facilitator training for managers who feel they would benefit from learning practical skills for creating psychologically safe teams and being safe themselves. As well as practical skills in having difficult conversations with colleagues who have the feeling that they have difficult working relations including bullying and or harassment. These sessions utilise working with professional actors who have developed characters from real-life UHMBT Colleagues' experiences. The current available dates are: Thursday 29 February 9am– 4.30pm at WGH and Friday 5 April 9am-4.30pm at the RLI. If you would like to book onto this please book via TMS. For more information please lee.jenkinson@mbht.nhs.uk.
- **Midwifery Learners Professional Mentorship Project.** More information [here](#).
- **Next steps for clinical research in the UK.** More information [here](#).
- **The next steps for net zero and sustainability in the NHS.** More information [here](#).

Find your dream career in the NHS here at UHMBT

We want all of our colleagues to feel inspired and be supported into their dream career working in the NHS and Care sector - whatever their skills, qualifications or interests. We currently have a number of job vacancies available here at UHMBT. You can find out more information and apply [here](#).

Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact policy.coordinator@mbht.nhs.uk. [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 2 February

3 5 8 6 4 8

Play the Bay Hospitals Charity Lottery online now!

Visit www.bayhospitalscharity.org/lottery/

and help make a lotto difference across
Morecambe Bay Hospitals.

