

Weekly News

Special tours give colleagues a first glimpse of new Community Diagnostic Centre being built in Kendal

Colleagues from across University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT) enjoyed behind-the-scenes tours of the new Community Diagnostic Centre (CDC) which is currently under construction at Westmorland General Hospital in Kendal.



The tours were organised to mark national Healthcare Estates and Facilities Day 2024 and were led by the Trust's Capital Services Team and contractor, IHP. There were lots of "oohs" and "aahs" from colleagues from various different departments as they were shown the huge amount of infrastructure that is being put in place for the new CDC. Colleagues said it was exciting to see the amazing amount of work that our Capital Services Team and colleagues from across the Trust have been putting into this exciting new development in Kendal.



The aim of the new centre is to ensure that patients who need diagnostic tests will be seen sooner and in a vastly improved environment. It will add to the number of diagnostic tests available, making it quicker and easier for patients to access potentially life-saving tests for a wide range of conditions. The CDC will offer much greater capacity to see patients in Kendal and it will take some of the pressure off the Trust's acute hospitals in Barrow and Lancaster. It will also save people having to travel from the South Lakes to Lancaster for certain types of scans.

Everyone on the tours thoroughly enjoyed looking behind-the-scenes – especially going up on the roof to see the impressive new air handling system and hearing about the many benefits for our patients and colleagues.

[Read more on the intranet.](#)

Clinical Investigations colleague given physiology achievement

Huge congratulations to Joao Silver, Respiratory Physiologist, who has been awarded the Learning, Excellence and Achievement in Physiological Science (LEAPS) award for innovation.

Joao was recognised for his imaginative ways of working to improve the team. Joao using his IT skills redesigned the team's rota, using a demand and capacity model. The new rota helps ensure the service is running at an optimum level.



Joao is also currently working on a new system to support CPAP patients that will lead to patient initiated follow ups. This innovative problem solving approach alongside his excellent patient care and enthusiasm means he is very well deserving of the achievement and everyone in the Clinical Investigations Unit would like to congratulate him.

Joao was presented with his award by Tony Crick, UHMBT Chief AHP and Healthcare Scientist and Catherine Lloyd from the Integrated Care Board.



UHMBT launches new system for Quality Impact Assessments and Equality Impact Assessments

NHS organisations are required to demonstrate that they have a robust process in place to monitor how individual change initiatives impact on the quality and experience of care offered to patients before, during and after implementation.

To demonstrate this, a Quality Impact Assessment (QIA) must be completed for improvement and service changes within UHMBT before any change is implemented. This approach is adopted for improvement and service changes within UHMBT, where applicable, including Clinical and Support Services. For example, a QIA would be required for changes in patient pathways, workforce redesign, cost improvements and procurement where products are changed.



The QIA identifies any potential negative impacts which the change may have on patient and colleague experience, clinical quality, and patient safety and should take account of the impact on partners in the system. Any identified negative impacts will need have a mitigation action described - the action which could be put into place to lessen or reduce the severity or seriousness of the impact risk.

In addition to the QIA, we have a legal duty to demonstrate that we are taking action to promote equality. An Equality Impact Assessment (EIA) should be undertaken on service developments and organisational change programmes. This assessment identifies potential impacts on protected groups, both positive and negative, and looks at how disadvantaging groups could be avoided and ways in which we could further improve the delivery of services with equality in mind. The full story and links to the SOPs are [on the intranet on this link](#).

Allied Health Professionals and Healthcare Scientists Did you know?

Allied Health Professionals (AHPs) and Healthcare Scientists (HCS) play a crucial role in the NHS, providing vital services that enhance patient care and improve health outcomes. These professionals, including diagnostic radiographers, physiotherapists, dietitians, biomedical scientists, and clinical scientists, work diligently behind the scenes and at the frontline every day.

AHPs and HCS contribute significantly to patient care in numerous ways. They are instrumental in delivering early intervention, facilitating quicker diagnoses, and promoting self-management of conditions, thereby reducing hospital readmissions. For instance, physiotherapists help patients recover mobility and strength post-surgery, conducting around 69,000 inpatient contacts annually, while dietitians develop tailored nutrition plans for approximately 11,800 inpatients each year, aiding in managing chronic illnesses.



In diagnostics radiographers and biomedical scientists play crucial roles. Radiographers produce and interpret over 365,000 medical images annually, providing essential insights for accurate diagnoses. Biomedical scientists analyse around 9 million blood, tissue, and other specimens each year, ensuring precise disease identification and treatment plans. Additionally, audiologists handle about 28,000 patient appointments annually, and cardiac and respiratory scientists perform around 30,000 physiological assessments each year.

AHPs and HCS are the backbone of our healthcare service, providing essential support that improves patient outcomes and foster a healthier society.



Allied Health Professional trolley dash



Jon Pearse and Kerry Booth, from the Library team organised a trolley dash to visit our Allied Health Professional colleagues at the RLI. With an aim to engage in more outreach activities, the Library team wanted to reach those who might not use the library service in turn encouraging professional development.

The Library team would like to encourage everyone to sign up for an Open Athens account in order to access the electronic journals that the Trust subscribes to.

Speaking on the event the Library team said: "It was a great day visiting wards and units, offering sweet treats and promoting our knowledge services and everything was devoured."

New Trust resource to narrow the gap on health inequalities

Across Morecambe Bay, a ten-year gap in life expectancy between communities highlights stark health inequalities driven by differences in access to the basic building blocks of health, such as good quality housing and work.

The NHS has a responsibility to help with this, and to support this effort, we've launched a new [Health inequalities and Health improvement intranet area](#).



This resource includes a quick explainer on health inequalities, maps and resources to understand the local population, and practical steps we can all take to help make a difference in our daily roles.

We're also starting to gather case studies where our teams are already working to reduce health inequalities. If you've got a great example to share and encourage others, please contact Christopher Chiswell, our public health consultant (christopher.chiswell@mbht.nhs.uk).

NHS Chef of the year 2024

Tracy Litt our UHMBT Catering Manager for the Trust and Lee Till, RLI Head Chef have both successfully applied for NHS Chef of the Year 2024. They will both representing UHMBT in the regional heat on Wednesday 17 July. This is the first time UHMBT has entered and a team and we are sure you will join us in wishing them both good luck.



Colleagues to undertake 5K Pretty Muddy for cancer research

Jo Harman, Carys Hague, and Niamh Whiteside from the RLI Waiting List team at Moor Lane Mills are fundraising for Cancer Research.

They are raising money by completing the 5k Pretty Muddy Race for Life at Sefton Park on Saturday 20 July.

Speaking about the fundraiser Jo said "We speak directly with cancer patients regularly in the waiting list office, as well as this horrible disease affecting the people close to us, so we are looking to raise as much money as possible to try and make a difference."

If anyone would like to contribute our link is below:

<https://fundraise.cancerresearchuk.org/team/5k-pretty-muddy-wlo>

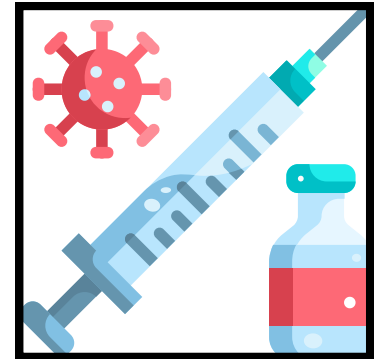


Peer Vaccinators Wanted

Peer Vaccinators wanted to support with this years Influenza / Covid-19 campaign and help protect our patients, colleagues, and families against the flu.

Peer Vaccinators can be:

- Registered nurses, midwives and nursing associates registered with the Nursing and Midwifery Council (NMC).
- Operating department practitioners, and physiotherapists registered in Part 13, 8 or 9 of the Health and Care Professions Council register.
- Pharmacists registered with the General Pharmaceutical Council



Skills & Experience:

- Requirement to complete a proficiency/competency document with your manager prior to ordering and administering vaccinations
- Experience of using Patient Group Directions (PGD)
- Anaphylaxis and CPR training
- Injection skills

Please be aware that peer vaccinators will be required to input into the National Immunisation and Vaccination System (NIVs). Training and login will be provided

If colleagues do not have access to a fridge, please be aware that you can use the fridges at the Occupational Health and Wellbeing Department at RLI, WGH and FGH.

Email the Occupational Health & Wellbeing Team at occhealth.referrals@mbht.nhs.uk to join UHMBT in the fight against flu!

Latest newsletter from the LSC Diagnostics Collaborative is now available

The latest newsletter from the Lancashire and South Cumbria Diagnostics Collaborative has now been issued containing all the latest updates from its networks such as:

- A visit from the National GIRFT Team
- GP Direct Access
- Society of Radiographers' Leadership Mentoring Scheme
- Announcing our first LEAPS award winners
- Breathlessness New Models of Care (BNMC)
- Endoscopy New Model of Care - Case for Change Stakeholder Workshop
- Cytosponge goes live at Rossendale CDC



Plus all the latest work stream updates and summaries of its networks' achievements and successes in 2023/24 and much more.

[Click here](#) to read more.

One LSC 'Vision and Next Steps' booklet

A booklet is now available for all colleagues which summarises One LSC's vision and the next steps.

[You can download a copy here.](#)

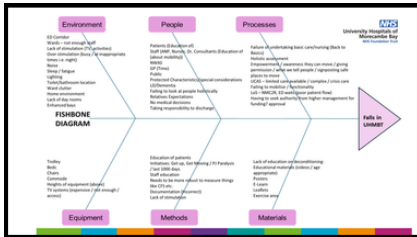


Fundamentals of Care - Focus on Falls

Falls in hospitals are one of the most common patient safety incidents reported in England. Whilst many falls result in no injury to patients, all will impact on their confidence and their experience with us. The small number who do come to harm, may lead to an increased length of stay, and for a smaller minority, the fall event may lead to disability or death. Therefore, prevention of falls is a constant focus for the Trust and an immense amount of work supports this.

The Falls Improvement Group have recently reinvigorated that focus, and with the help of Quality Improvement (QI) facilitation from Sharon Tyrell in the Improvement and Redesign Team, falls in UHMBT has a revised focus.

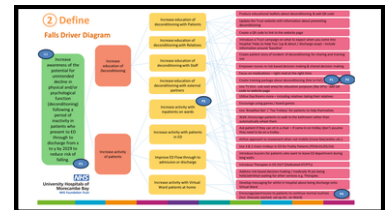
During dedicated workshops, the falls group were facilitated to use the following QI tools: an aims statement builder, a fishbone diagram (and a wishbone diagram!), and a driver diagram with measures so they know that their efforts are having the desired effect. They now have a plan of improvement work giving falls a renewed emphasis.



Click on the image to enlarge

The focus on falls in the Trust is to increase awareness of the potential for unintended decline in physical and/or psychological function (deconditioning) following a period of inactivity in patients who present to ED through to discharge to reduce risk of falling.

If you have any ideas in how to support this, contact the Falls Improvement Forum via Andrew Thompson, Deputy Associate Director of Nursing, Surgery and Critical Care or Emma Fitton, Associate Chief Nurse, Corporate.



Click on the image to enlarge

Visit the [Hive Improvement Centre](#) for QI information, guidance, tools, support, and training on improvement.

#ImprovingTogetherUHMBT

Research & Development - Who's who: Andrew Lancaster

Andrew is the Head of Research and Development at Royal Lancaster Infirmary. He will have worked in the NHS for 25 years this October.

His role entails leading and facilitating a team of 33 colleagues who deliver clinical research studies across the Trust. These studies include testing and safety assurance of many interventions, including new and repurposed medicines, or gathering information about specific health conditions.

“What I like most about my role here at UHMBT R & D is having the ability to influence major improvements in health care on a local, national and international level, while facilitating the growth and progress of the department and the career progression of many talented colleagues.”



To keep up to date with all the exciting news from the UHMBT Research Dept., follow us:
Facebook: @researchUHMBT X: @ResearchUHMBT

One LSC weekly update

[Read the latest One LSC update here](#), which includes information about the One LSC Roadshow.



The National Quarterly Pulse Survey

Have Your Say in the July People Pulse Survey

Our latest People Pulse survey is open until Wednesday, 31 July. Share your thoughts and feelings about your work environment. With over 8,000 Trust colleagues across the bay, it's crucial we listen and respond to your concerns regularly to improve our support.

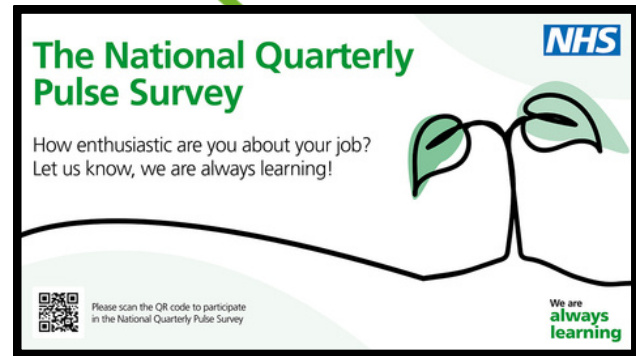
The survey is anonymous, voluntary, takes no more than 5 minutes to complete and is open to all colleagues.

Your feedback helps shape the Trust's priorities. By participating, you help our People and Organisational team focus support and allocate resources effectively.

How to Participate:

- Visit www.nhspeoplepulse.com
- Type 'Morecambe Bay' into the search bar and select UHMBT

Your voice counts, and we want to hear from you. Complete the survey by 31 July and help improve the colleague experience across the Trust.



Andy's Man Club needs help in the Lancaster and Morecambe area

Andy's Man Club is seeking to set up support groups at both Lancaster University and Morecambe Football Club in 2024, and needs support and help from the local community to do so.

Andy's Man Club is a men's suicide prevention charity, offering free-to-attend, peer-to-peer support groups across the United Kingdom and online. The charity works hard to break the stigma surrounding men's mental health and help men through the power of conversation. The charity's motto is: #ITSOKAYTOTALK Read the full story on the intranet [on this link](#).



Events

[HALS Lived Recovery Seminar: Alcoholics Anonymous - Friday 19 July. Click here to see more details](#)

Library and Knowledge Service

Please see the link below for access to the Library and Knowledge Service website and online resources. If you have any queries contact us via e-mail at library@mbht.nhs.uk. [Library and knowledge services :: University Hospitals of Morecambe Bay NHS Foundation Trust \(uhmb.nhs.uk\)](#).

Trust Procedural Document Library

Please see the link below for procedural documents updated in the last 30 days. If you have any queries contact policy.coordinator@mbht.nhs.uk. [Trust Procedural Document Library - Documents Updated in the Last 30 Days](#)

Have you won the Bay Hospitals Charity Lottery this week?

This week's winning numbers are:

Draw date: Friday 12 July

9 0 8 7 0 6

Play the Bay Hospitals Charity Lottery online now!

Visit www.bayhospitalscharity.org/lottery/

and help make a lotto difference across
Morecambe Bay Hospitals.

